

UNIVERSIDADE ESTADUAL DO OESTE DO PARANÁ
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DE RECURSOS NATURAIS – NÍVEL MESTRADO

LAÍS DAYANE WEBER

COMPOSIÇÃO QUÍMICA, ATIVIDADE BACTERIANA E ANTIOXIDANTE DE ÓLEO
ESSENCIAL E DIFERENTES EXTRATOS VEGETAIS DE *Prunus myrtifolia* (L.) Urb.

CASCADEL-PR

Novembro/2013

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Dissertação apresentada ao Programa de Pós-graduação *Stricto Sensu* em Conservação e Manejo de Recursos Naturais – Nível Mestrado, do Centro de Ciências Biológicas e da Saúde, da Universidade Estadual do Oeste do Paraná, como requisito parcial para a obtenção do título de Mestre em Conservação e Manejo de Recursos Naturais.

Área de Concentração: Conservação e Manejo de Recursos Naturais

Orientadora: Fabiana Gisele da Silva Pinto

CASCADEL-PR

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por todo amor e constante incentivo.

"Apesar dos nossos defeitos, precisamos enxergar que somos
pérolas únicas no teatro da vida e entender que não existem pessoas
de sucesso e pessoas fracassadas. O que existe são pessoas que
lutam pelos seus sonhos ou desistem deles." (Augusto Cury)

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RESUMO

A propriedade antimicrobiana das plantas pode ser explicada pela produção de compostos ativos gerados durante o metabolismo secundário como também por compostos voláteis. Atualmente, os conhecimentos desta propriedade têm sido confirmados cientificamente, revelando assim o enorme potencial das plantas no controle de doenças infecciosas, enquanto verifica-se um aumento nos casos de micro-organismos patogênicos resistentes aos antimicrobianos conhecidos. Extratos e óleos essenciais de plantas têm mostrado efeitos sobre desenvolvimento de micro-organismos em inúmeras situações, o que sugere uso prático destes produtos. No presente estudo voltado à pesquisa de plantas como fonte natural e alternativa de substâncias antimicrobianas, determinou-se a composição química do óleo essencial e de diferentes extratos vegetais (aquoso, etanólico, acetato de etila e hexânico) de *Prunus myrtifolia* (L.) Urb. (pessegueiro-bravo), através da CG/MS e triagem fitoquímica respectivamente, bem como seu efeito antimicrobiano contra micro-organismos Gram negativos *Pseudomonas aeruginosa* (ATCC 27853), *Salmonella Typhimurium* (ATCC 14028), *Proteus mirabilis* (ATCC 25933), *Klebsiella pneumoniae* (ATCC 13883) e *Escherichia coli* (ATCC 25922), Gram positivos como, *Enterococcus faecalis* (ATCC 19433), *Staphylococcus epidermidis* (ATCC 12228), *Staphylococcus aureus* (ATCC 25923) e *Bacillus subtilis* (CCCD - B005) e como levedura a *Candida albicans* (ATCC 10231) através da determinação dos valores de Concentração Inibitória Mínima (CIM) e Concentração Bactericida Mínima (CBM) utilizando a técnica de microdiluição em caldo; e por fim buscou-se avaliar a atividade antioxidante do óleo essencial e dos extratos vegetais pelo método de captura de radicais livres DPPH (2,2-difenil-1-picril-hidrazil). A maior classe de compostos voláteis identificados no óleo de *Prunus myrtifolia* foi benzaldeído (97%) seguido de 3-hexen-1-ol (0.07%) e benzoato de benzila (0.09%). De maneira geral através da triagem fitoquímica dos extratos verificou-se a presença de metabolitos secundários como, flavonoides, taninos (etanólico e aquoso), triterpenoides e saponinas (etanólico), que já se mostraram ativas em diferentes estudos descritos na literatura. Em relação ao extrato hexânico apresentou ausência de metabolitos secundários com atividade antimicrobiana. Os resultados apontam o extrato aquoso e etanólicos como os mais efetivos os patógenos testados. Em relação ao óleo, apresentou atividade antimicrobiana frente a todos patógenos avaliados. Em uma terceira etapa do estudo verificou-se atividade antioxidante entre o extrato aquoso, etanólico e acetato de etila; em relação ao óleo essencial e o extrato hexânico não foi detectada atividade antioxidante. Pelos resultados obtidos ficou estabelecida a capacidade antimicrobiana dos produtos vegetais testados, bem como determinou-se a atividade antioxidante dos mesmos. Em segunda etapa da pesquisa realizou-se Avaliou-se o perfil fitoquímico, ação antioxidante e antimicrobiana dos extratos vegetais etanólico e aquoso de seis plantas brasileiras obtidos das folhas secas de *Maytenus aquifolia* Mart. (espinheira-santa), *Plinia cauliflora* (Mart.) O. Berg (jabuticabeira), *Ocotea spixiana* (Nees) Mez. (canela-branca), *Psidium guajava* L. (goiabeira), e *Ricinus communis* L. (mamona) e *Schinus molle* L. (aroeira). A atividade antimicrobiana in vitro dos extratos vegetais foi testada frente a trinta e seis sorotipos de *Salmonella* de origem avícola pelo método de microdiluição em caldo com a determinação da Concentração Inibitória Mínima (CIM) e a Concentração Bactericida Mínima (CBM). A ação antioxidante dos mesmos foi avaliada pelo método de DPPH (2,2-difenil-1-picril-hidrazila). O perfil fitoquímico detectou componentes com potencial

antimicrobiano e antioxidante em todos os extratos, assim como um percentual de captura do DPPH superior a 65%, demonstrando o elevado potencial antioxidante dos extratos testados. Nos testes de microdiluição em caldo, observou-se a atividade antimicrobiana de todos os extratos testados, sendo que em geral os extratos etanólicos foram mais eficazes quando comparados aos aquosos, sendo o extrato etanólico de *P. cauliflora* seguido por *P. guajava* de maior efeito bacteriostático. As CIMs variaram entre 1,56-100 mg.mL⁻¹ e a CBM entre 3,13-100 mg.mL⁻¹. Esses resultados confirmaram o potencial antimicrobiano e antioxidante desses extratos vegetais.

Palavras-chave: Ação antimicrobiana, Plantas nativas, Patógenos, Extrato Vegetal, Óleo Essencial.

ABSTRAT

The antimicrobial property of the plants can be explained by the production of active compounds generated during secondary metabolism as well as volatile compounds. Currently, the knowledge of this property have been confirmed scientifically, thus revealing the enormous potential of the plants in the control of infectious diseases, while there is an increase in cases of pathogenic microorganisms resistant to known antibiotics. Essential oils and extracts of plants have shown effects on growth of micro -organisms in many situations, suggesting practical use thereof. In the present study focused on the research of plants as alternative and natural source of antimicrobial substances, determined the chemical composition of the essential oil and various plant extracts (aqueous, ethanolic, ethyl acetate and hexane) of *Prunus myrtifolia* (L.) Urb. by GC/MS and phytochemical screening respectively, and its antimicrobial effect against microorganisms Gram negative *Pseudomonas aeruginosa* (ATCC 27853), *Salmonella typhimurium* (ATCC 14028), *Proteus mirabilis* (ATCC 25933), *Klebsiella pneumoniae* (ATCC 13883) and *Escherichia coli* (ATCC 25922) as Gram positive *Enterococcus faecalis* (ATCC 19433), *Staphylococcus epidermidis* (ATCC 12228), *Staphylococcus aureus* (ATCC 25923) and *Bacillus subtilis* (CCCD - B005) and yeast such as *Candida albicans* (ATCC 10231) by determining the values of Minimum Inhibitory Concentration (MIC) and Minimum Bactericidal Concentration (MBC) using the microdilution broth; and finally we sought to evaluate the antioxidant activity of essential oil and plant extracts by the capture of free radicals DPPH (2,2-difenil-1-picryl-hidrazil). The largest class of volatile compounds identified in the oil was *Prunus myrtifolia* benzaldehyde (97%) followed by 3-hexen-1-ol (0.07 %) and benzyl benzoate (0.09 %). Generally through the phytochemical screening of the extracts was found the presence of secondary metabolites such as, flavonoids, tannins (ethanolic and aqueous), and triterpenoid saponins (ethanolic), which have proven active in different studies in the literature. Compared to hexane extract showed absence of secondary metabolites with antimicrobial activity. The results indicate the aqueous and ethanolic extract as the most effective of the tested pathogens. Regarding oil, showed antimicrobial activity against all pathogens evaluated. In a third stage of the study it was found antioxidant activity of the aqueous extract, ethanolic and ethyl acetate; in relation to essential oil and hexane extract antioxidant activity was not detected. From the results obtained it was established antimicrobial capacity of plant products tested and determined the antioxidant activity of the same . In the second stage of the research took place evaluated the phytochemical profile , antioxidant and antimicrobial activity of ethanolic and aqueous plant extracts from six Brazilian plants obtained from the dried leaves of *Maytenus aquifolia* Mart., *Plinia cauliflora* (Mart.) O. Berg, *Ocotea spixiana* (Nees) Mez., *Psidium guajava* L., *Ricinus communis* L. and *Schinus molle* L. The in vitro antimicrobial activity of plant extracts was

tested against 36 serotypes of *Salmonella* from poultry products by the broth microdilution method to determine the Minimum Inhibitory Concentration (MIC) and Minimum Bactericidal Concentration (MBC). The antioxidant properties of these was evaluated by DPPH (2,2-diphenyl-1-picryl-hydrazil) method. The phytochemical profile detected components with antimicrobial and antioxidant potential in all extracts , as a percentage capture of DPPH than 65 % , demonstrating the high antioxidant activity of the tested extracts. In microdilution tests, we observed the antimicrobial activity of all tested extracts , and in general the ethanol extracts were more effective when compared to aqueous and ethanol extract of *P. cauliflora* followed by *P. guajava* higher end bacteriostatic . The MIC ranged from 1.56 to 100 mg.mL⁻¹ and MBC of 3.13 to 100 mg.mL⁻¹. These results confirmed the antioxidant and antimicrobial potential of these plant extracts.

Keywords: Antimicrobial Action, Native Plants, Pathogens, Plant Extract, Essential Oil.

CAPÍTULO 1:

Chemical Composition and Antimicrobial and Antioxidant Activity of Essential Oil
and Various Plant Extracts from *Prunus myrtifolia* (L.) Urb

O artigo segue as normas sugeridas
pela revista “African Journal of
Agricultural Research” citada em
Anexos Capítulo 1

Cascavel, 2013

1 **Chemical Composition and Antimicrobial and Antioxidant Activity of Essential Oil and**
2 **Various Plant Extracts from *Prunus myrtifolia* (L.) Urb**

3
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8
9 **ABSTRACT**

10
11 In this study focused on research on plants as a source of alternative and natural antimicrobial
12 substances, the chemical composition of the essential oil from *Prunus myrtifolia* (L.) Urb. was
13 assessed through gas chromatography coupled to mass spectrometry (GC/MS) and
14 phytochemical screening of different extracts (aqueous, ethanolic, ethyl acetate, and hexanic)
15 from the same plant, as well as the antimicrobial effect against the following microorganisms:
16 *Pseudomonas aeruginosa*; *Salmonella* Typhimurium; *Proteus mirabilis*; *Klebsiella*
17 *pneumoni*; *Escherichia coli*; *Enterococcus faecalis*; *Staphylococcus epidermidis*;
18 *Staphylococcus aureus*; *Bacillus subtilis* and *Candida albicans*, through determination of
19 minimum inhibitory concentration (MIC) and minimum bactericidal concentration (MBC)
20 values, using the micro-dilution broth method. Finally, the goal was to assess the antioxidant
21 activity of essential oil and plant extracts using the DPPH free radical method (2,2-diphenyl-
22 1-picrylhydrazyl). The largest class of volatile compounds identified in *P. myrtifolia* oil
23 belongs to aldehydes represented by benzaldehyde compounds. With respect to antimicrobial
24 activity, all extracts and essential oil showed activity against the microorganisms assessed,
25 with exception of hexanic extract. Among the extracts assessed, aqueous and ethanolic
26 extracts were the most effective. Antioxidant activity of aqueous, ethanolic and ethyl acetate

27 extracts was confirmed; however, antioxidant activity of essential oil and hexanic extract was
28 not observed.

29 Keywords: antimicrobial activity, GC/MS, native plants, chemical composition, antioxidant
30 activity, essential oil, plant extracts

31

32

INTRODUCTION

33

34 Brazil has the largest equatorial and humid tropical forest on the planet and, consequently,
35 little explored extensive plant genetic diversity. With respect to the medicinal potential, only
36 approximately 17% of plants have been studied (Pinto et al., 2002). Exploration of these
37 plants is required, because potentially useful compounds can be lost due to the extinction of
38 some species (Patinõ and Cuca, 2011). Due to this diversity, Brazil came to prominence in the
39 search for potential bioactive compounds that can be used for various purposes, such as
40 alternative antimicrobial products for controlling pathogens (Pupo et al., 2007) used in the
41 pharmaceutical and food industries (Cehyan et al., 2012).

42 The family Rosaceae comprises around 100 genera and 3000 species. Concentrated in the
43 northern hemisphere, it is one of the leading families from an economic point of view,
44 showing a few native species in Brazil (Souza and Lorenzi, 2005). Some species have great
45 pharmacological and nutrition potential and are used in popular medicine for the treatment of
46 various diseases and for the maintenance of good health. The genus *Prunus* is composed of
47 approximately 130 species that occur in the northern, southern and southeastern regions of
48 Brazil. Various fruits introduced and consumed in Brazil belong to this genus, such as
49 peaches (*P. persica*), nectarines (*P. persica* var. *nucipersica*), plums (*P. domestica*), almonds
50 (*P. dulcis*), and cherries (*P. avium*, *P. cerasus*) (Souza and Lorenzi, 2005).

51 Regarding Brazilian native species of the genus *Prunus*, the species *Prunus myrtifolia* (L.)
52 Urban deserves attention. For being a species of wide geographic distribution, it is
53 synonymous with *P. sphaerocarpa* Hook and *P. sellowii* Koehne (Souza and Lorenzi, 2005).

54 In recent years, the chemical compositions as well as the antioxidant and antimicrobial
55 properties of plants have gained interest in the search for alternative products. Essential oils
56 can contain from 20 to 60 (or more) diverse compounds and in the most varied concentrations
57 (Bakkali et al., 2008). The analysis requires the application of current analytical methods and
58 adapted instrumentation, which allows assessing the quality of essential oils and ensure the
59 identification of their constituents. Plant extracts are targets of great interest due to the
60 presence of secondary metabolites in their composition, which are substances used against
61 pathogenic microorganisms, insects and herbivorous animals. In addition, they have a varied
62 chemical composition with the presence of terpenoids, alkaloids and coumarins, which often
63 feature antimicrobial activity (Reschke et al., 2007).

64 With the progressive development of synthetic antimicrobial resistance, the biological
65 properties of plant products have been studied in search of alternative products with
66 antimicrobial action (Arya et al., 2010). In this context, essential oils and plant extracts stand
67 out as efficient antimicrobials (Bona et al., 2010).

68 The search for new natural antioxidants has increased and led food, cosmetics and
69 pharmaceutical industries to focus their searches on materials of plant origin. Plant
70 antioxidants are very varied, but the phenolic compounds have been considered responsible
71 for greater antioxidant capacity, being represented by flavonoids and isoflavones, tannins,
72 lignans, and xanthones, among others (Razavi et al., 2008).

73 The goal of this study was to determine the chemical composition of the essential oil and
74 various plant extracts from *P. myrtifolia*, as well as their antimicrobial effect against different
75 microorganisms, such as: *Pseudomonas aeruginosa* (ATCC 27853); *Salmonella*
76 *Typhimurium* (ATCC 14028); *Proteus mirabilis* (ATCC 25933); *Klebsiella pneumoniae*

77 (ATCC 13883); *Escherichia coli* (ATCC 25922); *Enterococcus faecalis* (ATCC 19433);
78 *Staphylococcus epidermidis* (ATCC 12228); *Staphylococcus aureus* (ATCC 25923); *Bacillus*
79 *subtilis* (CCD-04) and *Candida albicans* (ATCC 10231). Finally, we aimed to assess the
80 antioxidant activity of the essential oil and plant extracts.

81

82

MATERIAL AND METHODS

83

84 **Plant material**

85 The leaves of *P. myrtifolia* were collected in the western region of the State of Parana, Brazil
86 (24°57' S - 53°28' W), in January and February 2013. The material was identified and
87 incorporated into the Herbarium of the West of Parana State University (UNOP) under
88 number 25 J. Silva, J. P. B.

89 The leaves collected were dried in an oven with air circulation at 40°C for 48 hours and
90 subsequently ground using a cutting mill with less than 0.42 mm granulometry. The plant
91 material ground was stored protected from the light until its use for the production of extracts.

92 **Obtaining aqueous extract (W)**

93 We added 20 g of the ground plant material to a container with distilled water that was kept in
94 a rotary shaker at 220 x g for 24 hours. Subsequently, the material was filtered in filter paper
95 (Whatman N° 1) and centrifuged at 5000 x g for 15 minutes. The supernatant material was
96 collected and the final concentration was 200 mg/mL. The extract was stored at 4°C until use.

97 **Obtaining of organic extracts**

98 The organic extracts were obtained according to the methodology described by Ceyhan et al.
99 (2012) with modifications. Ethanol (95%), ethyl acetate and hexane were used as organic
100 solvents. Starting with 10 g, the ground plant material was added to 100 mL organic solvent
101 and placed in a rotary shaker at 220 x g for 24 hours. Subsequently, it was filtered in filter
102 paper (Whatman N° 1) and centrifuged at 5000 x g for 15 min. The supernatant material was

103 collected and submitted to roto-evaporation in order to remove the solvent. The extract
104 obtained was diluted at a concentration of 150 mg/mL for ethanolic extracts (ET) and ethyl
105 acetate (EA) and at a concentration of 6 mg/mL for hexanic extract (H) with 10% dimethyl
106 sulfoxide (DMSO), following the proportion of its weight and volume. The extracts obtained
107 were stored at 4°C until use.

108 **Phytochemical screening**

109 The main secondary metabolites were detected in accordance with the methodology
110 developed by Matos, 1997.

111 **Essential oil extraction (EO)**

112 Nearly 70 g of fresh leaves of *P. myrtifolia* in 600 mL distilled water were submitted to
113 standard water steam dragging methodology for three hours using Clevenger-type equipment.
114 The oil was collected directly with no addition of solvent and stored at 4°C.

115 **Chemical composition analysis**

116 The constituents of the essential oil were identified through gas chromatography coupled to
117 mass spectrometry (GC-MS) and the determination of their Kovats retention index (KI).

118 **GC-MS**

119 Analysis of oil from *P. myrtifolia* was carried out using a Thermo-Finnigan GC-MS system,
120 composed of a FOCUS GC gas chromatograph (Thermo Electron), coupled to a DSQ II mass
121 spectrometer (Thermo Electron) and a TriPlus AS automatic injector (Thermo Electron).
122 Chromatographic separation was performed with an HP-5ms fused silica capillary column (30
123 m long, 0.25 ID and 0.25 µm film; composition of 5% phenyl-95% dimethylpolysiloxane).
124 The temperature of the injector was 250°C. Samples and patterns of alkanes were injected
125 using the split mode with a split ratio of 1:25. The programming of the temperature used was:
126 50°C maintained for 2 min; temperature rise to 180°C at a ratio of 2°C min⁻¹; followed by an
127 increase to 290°C at a ratio of 5°C min⁻¹. The interface between the GC and MS was
128 maintained at 270°C and the temperature of the ionization source of the mass spectrometer

129 was 250°C. The identification of the components was performed by comparing their retention
130 times with those obtained in the literature (Adams, 2007) for the same compounds analyzed
131 by means of Kovats retention index.

132 **Microorganisms used**

133 To perform the antimicrobial activity test of the essential oil and plant extracts from *P.*
134 *myrtifolia*, we used 5 gram-negative bacteria (*Pseudomonas aeruginosa* ATCC 27853;
135 *Salmonella* Typhimurium ATCC 14028; *Proteus mirabilis* ATCC 25933; *Klebsiella*
136 *pneumoniae* ATCC 13883; and *Escherichia coli* ATCC 25922), 4 gram-positive bacteria
137 (*Enterococcus faecalis* ATCC 19433; *Staphylococcus epidermidis* ATCC 12228;
138 *Staphylococcus aureus* ATCC 25923; and *Bacillus subtilis* CCCD-B005) and *Candida*
139 *albicans* ATCC 1023 as yeast.

140 Microorganisms previously kept at -20°C were recovered in enriched medium (Brain Heart
141 Infusion) and incubated at 36°C for 24 hours. After this period, they were resuspended in
142 0.9% sterile saline solution to obtain the standard inoculum at a concentration of 1×10^8
143 UFC/mL on the MacFarland scale. Subsequently, dilutions were performed in 0.9% sterile
144 saline solution in order to obtain a final inoculum at a concentration of 1×10^5 UFC/mL, with
145 the exception of *C. albicans* that was used at the final concentration of 1×10^6 UFC/mL.

146 **Determination of minimum inhibitory concentration (MIC)**

147 *Essential oil*

148 The MIC of the essential oil was determined using the broth microdilution method. We used
149 96-well plates, according to the CLSI document M31-A317 with modifications. We added
150 200 µl of EO from *P. myrtifolia*, at a concentration of 7000 µg/mL with Mueller-Hinton broth
151 (MH) for bacteria and RPMI for yeast in the first well and, after homogenization, successive
152 dilutions were held, obtaining final concentrations from 7000 to 13.67 µg/mL. Aliquots (10
153 µl) of microorganisms' dilution were distributed in each well containing the EO in its final
154 dilutions. The plates were incubated at 36°C for 24 hours. After turbidity was observed, each

155 well received an aliquot of 10 μ l of 0.5% triphenyl tetrazolium chloride (TTC). After three
156 more hours of incubation at 36°C, the MIC was defined as the lowest concentration of oil in
157 μ g/mL able to prevent microbial growth (Sartoratto et al., 2004).

158 ***Plant extracts***

159 The MIC of extracts was determined using the broth microdilution method proposed by Ayres
160 et al. (2008) with modifications. Aliquots (10 μ l) of dilution were distributed in 96-well
161 microtitre plates, containing 150 μ l of MH broth (double concentration) for bacteria and
162 RPMI for yeast, with the previous addition of extracts. The extracts were diluted in
163 concentrations between 100 and 0.04 mg/mL (W), between 75 and 0.035 mg/mL (ET and
164 EA), and between 3 and 0.0012 mg/mL (H). The plates were incubated at 36°C for 24 hours.
165 After turbidity was observed, we followed the same assessment standards used for the
166 essential oil.

167 **Determination of the Minimum Bactericidal Concentration (MBC)**

168 The MBC was determined based on the methodology described by Santurio et al. (2007).
169 From the wells in which there was no visible bacterial growth in the MIC test, prior to the
170 addition of TTC, we withdrew an aliquot of 10 μ L and inoculated it on the Mueller-Hinton
171 agar surface. The plates were incubated for 24 hours at 36°C and, after this procedure, the
172 MBC was defined as the lowest concentration of the extract/oil able to cause the death of the
173 inoculum. The tests of MIC and MBC were carried out in triplicate.

174 Distilled water, ethanol and ethyl acetate were used as negative control; gentamicin was used
175 as positive control for bacteria; and nystatin was used for *C. albicans* (Table 1). Synthetic
176 antimicrobials were tested at concentrations of 100 to 0.78 mg/mL.

177 **Antioxidant activity**

178 The measurement of the activity of free radicals scavenging (2,2-diphenyl-1-picrylhydrazyl,
179 DPPH) was assessed as described by Scherer and Godoy (2009) and Rufino et al. (2007) with
180 modifications. For the analysis, 0.1 mL of each dilution of samples or patterns were placed in

181 test tubes containing 3.9 mL DPPH radical (0.2 mM) diluted with methanol and homogenized
182 in a test tube agitator. For the negative control, we used 0.1 mL control solution (methyl
183 alcohol, acetone and water) with 3.9 mL DPPH radical, which were homogenized. We used
184 the commercial synthetic antioxidant butylated hydroxytoluene (BHT) following the same
185 procedure used for the negative control. Methyl alcohol was used as whitening agent in order
186 to calibrate the spectrophotometer (UV mini-1240, Shimadzu Co., Japan). The mixtures were
187 incubated in the absence of light at room temperature until measurement. Subsequently, the
188 absorbance at 515 nm was measured using a spectrophotometer and monitored every 30
189 minutes until stabilization. The tests were carried out in triplicate.

190 The DPPH index was calculated using the antioxidant activity equation (%) = $[(Abs0 - Abs1) / Abs0] \times 100$, where Abs0 is the absorbance of the whitening agent and Abs1 the absorbance
191 of the sample.
192

193 The concentrations of the samples (extracts and EO) responsible for 50% decrease in the
194 initial activity of DPPH free radical (IC_{50}) were calculated through linear regression of the
195 antioxidant activity.

196 **Statistical analysis**

197 The data obtained by calculating the DPPH index and IC_{50} were analyzed through Tukey test
198 at 5% significance using the Sisvar software (Ferreira, 2007).

199

200

RESULTS AND DISCUSSION

201

202 The tests conducted for phytochemical screening (Table 2) showed that the aqueous extract
203 had only the classes tannins and flavonoids. The ethanolic extract showed the greatest number
204 of classes of substances: tannins; saponins; flavonoids; and terpenes. The extract with ethyl
205 acetate solvent only showed flavonoids and the hexanic extract did not show positive results
206 for the classes of substances tested.

207 It is known that the chemical constitution of Rosaceae includes especially tannins (Okuda et
208 al., 1992), flavonoids (Harbone, 1998), triterpenes, and steroids (Wallaart, 1980). The data
209 obtained in our research agree with studies of these authors, except for the class of steroids,
210 which was not found in any of the extracts tested.

211 Three compounds were found in the volatile composition of essential oil from *P. myrtifolia*,
212 and the largest class of compounds identified belonged to aldehydes, represented by
213 benzaldehyde, which constituted approximately 97% of the total area of the chromatogram
214 peaks. It was followed by lower percentages of alcohol classes (3-hexen-1-ol) and esters
215 (benzyl benzoate), with 0.07 and 0.09% total peak area, respectively (Table 3). These data
216 agree with those found by Ibarra-Alvarado et al. (2009), when they identified the volatile
217 compounds of oil from *P. Serotina*, they also detected benzaldehyde as majoritary compound.
218 It is known that benzaldehyde is one of the main components responsible for the characteristic
219 odor of essential oils (Kerdogan-Orhan and Kartal, 2011) and it is related to various biological
220 activities, such as antimicrobial and antifungal (Fujii et al., 2005).

221 The results summarized in Table 4 indicate that all extracts and the essential oil tested showed
222 antimicrobial activity against the microorganisms assessed, with exception of the hexanic
223 extract that showed no activity.

224 The essential oil had MIC values ranging from 3500 to 1750 $\mu\text{g/mL}$ over the microorganisms
225 tested. For the majority of microorganisms, the MBC was 7000 $\mu\text{g/mL}$, and 3500 $\mu\text{g/mL}$ only
226 for *P. aeruginosa* and *S. Typhimurium*. The activity found in the oil can be due to the
227 presence of benzaldehyde in its composition. This compound is environmentally safe when
228 used as an antimicrobial, considering its wide spectrum of inhibitory effect. It is also used as a
229 bactericide and fungicide. Benzaldehyde activity has similarities to the antimicrobial activity
230 of phenols, because it interacts with the surface of the cell and leads to cell death by
231 disintegration of the cell membrane and release of intracellular components (Alamri et al.,
232 2012).

233 Aqueous, ethanolic and ethyl acetate extracts had MIC values ranging from 0.04 to 150
234 mg/mL, comparable with standard antimicrobials, which ranged from 3.125 to 6.25 mg/mL.
235 Thus, the extracts were as potent antimicrobials inhibiting the growth of microorganisms'
236 strains as synthetic antimicrobials. With respect to gram-positive microorganisms, the same
237 extracts had smaller MIC (0.04 to 4.69 mg/mL) compared with gentamicin (6.25 mg/mL).
238 Regarding ethanolic extracts, *C. albicans* also had lower MIC value (4.69 mg/mL) compared
239 to nystatin (6.25 mg/mL). When the different plant extracts (aqueous, ethanolic and ethyl
240 acetate), were assessed regarding the gram-negative microorganisms, they had MIC ranging
241 from 9.38 to 150 mg/mL, which were higher concentrations when compared to gentamicin
242 concentrations (3.125 to 6.25 mg/mL). The same ratio found in the MIC was observed with
243 respect to MBC, with values ranging from 0.09 to 150 mg/mL.

244 A growing number of mechanisms with inhibitory action-such as the secondary metabolites-
245 have been assigned to active compounds present in plant extracts. Thus, the antimicrobial
246 activity observed in aqueous, ethanolic and ethyl acetate extracts can be related to the
247 presence of flavonoids (W, ET, and EA), tannins (ET and W), triterpenoids (ET), and
248 saponins (ET) (Table 2), which have already proved active in different studies described in
249 the literature (Recio et al., 1989).

250 It is known that the presence of flavonoids is related to most antimicrobial activities of
251 extracts, including antibacterial (Gibbons, 2008) and antifungal potential (Cao et al., 2008). In
252 this study, we observed greater activity against gram-positive bacteria. This fact can result
253 from the presence of flavonoids, agreeing with the results found by Taleb-Contini et al.
254 (2003).

255 The compounds commonly related to antimicrobial activity, such as flavonoids, tannins,
256 saponins, and triterpenes, generally act in the microorganism's membrane or cell wall.
257 Flavonoids act in the bacterial cell through complexes between proteins and the cell wall
258 causing its breakage (Taguri et al., 2004). Tannins act in microorganisms by preventing their

259 growth through the inhibition of nutrients transport to the cell caused by the formation of
260 complexes between the organism and the cell wall (McSweeney et al., 2001). The action
261 mechanism of triterpenes in microorganisms is related to the breakage of lipophilic
262 compounds of microbial membranes (Bagamboula et al., 2004). Lastly, with respect to the
263 saponins, they act actively in the membrane sterols (Sparg et al., 2004).

264 The difference between the activity found in the extracts can be attributed to the fact that the
265 components extracted from aromatic plants with antimicrobial activity have greater solubility
266 in solvents like ethanol, compared to hexane, for example (Cowan, 1999). Similarly, the
267 results obtained agree with those found by Rojas et al. (2006) in which the ethanolic extract
268 has antimicrobial activity in comparison with hexane extract, confirming the fact that the
269 latter did not have activity at the concentration tested.

270 In general, aqueous and ethanolic extracts demonstrated inhibitory activity regarding all
271 strains tested in smaller concentrations when compared to ethyl acetate extract, agreeing with
272 Yiğit et al. (2009), who reported antimicrobial activity for ethanolic and aqueous extracts
273 from *P. armeniaca* against gram-negative and gram-positive bacteria and yeast as *C. albicans*.
274 With respect to antioxidant activity, it should be noted that the IC_{50} values are inversely
275 related to the percentage of DPPH sequestration, since the higher the rate of sequestration, the
276 lower IC_{50} , establishing a relationship between the values (Table 5).

277 The results of the antioxidant activity, expressed as IC_{50} , showed no significant difference
278 between the synthetic antioxidant (BHT) and aqueous, ethanolic and ethyl acetate extracts;
279 thus, they can be considered excellent antioxidants. On the other hand, there was significant
280 difference ($p < 0.5$) when compared to BHT, essential oil and hexanic extract, and no
281 antioxidant activity was detected in these compounds. The same correlation can be observed
282 in relation to the DPPH sequestration percentage. It is worth mentioning that the IC_{50}
283 determines the minimum sample amount needed to reduce the DPPH free radical absorbance

284 by 50%. However, the analysis of antioxidant activity expressed in percentages can
285 underestimate the real potential of the samples.

286 According to Gao et al. (1999) phenolic compounds such as flavonoids, triterpenes and
287 tannins are excellent antioxidants. These compounds were found in the phytochemical
288 screening of the extracts tested (Table 2). Ethno-pharmacological data have been reported in
289 studies conducted on the genus *Prunus* regarding the relationship of antioxidant activity and
290 the presence of flavonoids (Nakatani et al., 2000). The values obtained for the DPPH
291 sequestration index-which are similar to those obtained for BHT, aqueous and ethanolic
292 extracts-agree with the data found by Yiğit et al. (2009).

293 The non-detection of antioxidant activity with respect to the essential oil may be due to the
294 presence of its majoritary compound, i.e., benzaldehyde, which features moderate to low
295 antioxidant activity (Thanh and Hoai, 2012).

296 The genus *Prunus* has economic importance for the food and phytopharmaceutical industries.
297 The literature reports more than 100 patents involving different *Prunus* species in their
298 formulation for multiple purposes: skin whitening (Pieroni et al., 2004); sunscreens and anti-
299 aging skin care (Sachdeva and Katyal, 2011); essential oils used in the chemical industry
300 (Bachheti et al., 2012); livestock food (Khanal and Subba, 2001); antimalarial treatment
301 (Muñoz et al., 2000); asthma treatment (Karani et al., 2013); and cardiovascular disease
302 prevention (Negishi et al., 2007).

303 The increased growth of antimicrobial-resistant microorganisms commonly used is one of the
304 most serious threats to the successful treatment of microbial diseases. Thus, the search for
305 products that replace synthetic antimicrobials, such as essential oils and plant extracts, is
306 increasing primarily because they are associated with the treatment of infectious diseases
307 (Bharathi et al., 2010). Therefore, testing new natural compounds with antimicrobial action is
308 of great value.

309 Within this context, it is worth mentioning the importance of phytochemical studies, since
310 they confirm the biological activities found. It is also worth noting the importance of
311 preliminary studies to determine the activity of these compounds so that they can serve as the
312 basis for subsequent studies in order to isolate different compounds with antimicrobial
313 activity. The antioxidant activity has to be determined, since the compound has to be both
314 antimicrobial and antioxidant.

315 In conclusion, the presence of flavonoids and terpenoids, among other metabolites, was
316 detected in aqueous, ethanolic and ethyl acetate extracts. With respect to the essential oil,
317 benzaldehyde was found as the majoritary compound. Regarding antimicrobial activity,
318 microorganisms proved susceptible to aqueous, ethanolic and ethyl acetate extracts, and
319 essential oil, demonstrating the antimicrobial potential of *P. myrtifolia*. With respect to
320 antioxidant activity, the ethanolic, aqueous and ethyl acetate extracts had significant values
321 comparable to those of synthetic antioxidant.

322

323

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324

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461 **Table 1.** Minimum inhibitory concentrations (MIC) and minimum bactericidal concentrations
 462 (MBC) of distilled water, organic solvents and reference antibiotics on pathogenic
 463 microorganisms.

Microorganisms	MIC/MBC (mg/mL)				
	Distilled water	Ethanol	Ethyl acetate	Gentamycin	Nystatin
<i>P. aeruginosa</i> ATCC 27853	Na	Na	Na	6,25/6,25	Nt
<i>S. Typhimurium</i> ATCC 14028	Na	Na	Na	3,125/6,25	Nt
<i>P. mirabilis</i> ATCC 25933	Na	Na	Na	6,25/6,25	Nt
<i>K. pneumoniae</i> ATCC 13883	Na	Na	Na	6,25/6,25	Nt
<i>E. coli</i> ATCC 25922	Na	Na	Na	6,25/6,25	Nt
<i>E. faecalis</i> ATCC 19433	Na	Na	Na	3,125/6,25	Nt
<i>S. epidermidis</i> ATCC 12228	Na	Na	Na	6,25/6,25	Nt
<i>S. aureus</i> ATCC 25923	Na	Na	Na	6,25/6,25	Nt
<i>B. subtilis</i> CCD-04	Na	Na	Na	6,25/6,25	Nt
<i>C. albicans</i> ATCC 10231	Na	Na	Na	Nt	6,25/6,25

* Na: No activity (100<); Nt: Not tested

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472 **Table 2.** Classes of secondary metabolites identified in different extracts from *Prunus*
 473 *myrtifolia*.

Classes of metabolites	EXTRACTS			
	W	ET	EA	H
Tannins	+	+	-	-
Alkaloids	-	-	-	-
Coumarins	-	-	-	-
Saponins	-	+	-	-
Anthocyanins	-	-	-	-
Anthocyanidins	-	-	-	-
Flavonoids	+	+	+	-
Triterpenoids	-	+	-	-
Steroids	-	-	-	-

474 *- = absent; + = present; W = aqueous extract; ET = ethanolic extract; EA = ethyl acetate
 475 extract; H = hexane extract.

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477 **Table 3.** Volatile composition of *Prunus myrtifolia* through GC-MS

RT	Compound name	KI	Area (%)
5,74	3-Hexen-1-ol	852	0,07
10,22	Benzaldehyde	964	96,96
57,22	Benzyl benzoate	1759	0,09

478 * RT: Retention time; KI: Kováts retention index calculate.

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483 **Table 4.** Minimum inhibitory concentrations (MIC) and minimum bactericidal concentrations
 484 (MBC) of essential oil and different extracts of *Prunus myrtifolia* on pathogenic
 485 microorganisms.

Microorganisms	MIC/MBC			
	EO	W	ET	EA
	($\mu\text{g/mL}$)	(mg/mL)	(mg/mL)	(mg/mL)
<i>P. aeruginosa</i> ATCC 27853	3500/3500	12,5/12,5	9,38/18,75	37,5/75
<i>S. Typhimurium</i> ATCC 14028	1750/3500	12,5/25	18,75/37,5	150/150
<i>P. mirabilis</i> ATCC 25933	3500/7000	12,5/12,5	18,75/18,75	37,5/75
<i>K. pneumoniae</i> ATCC 13883	3500/7000	12,5/12,5	18,75/37,5	37,5/37,5
<i>E. coli</i> ATCC 25922	1750/7000	12,5/25	9,38/37,5	37,5/75
<i>E. faecalis</i> ATCC 19433	1750/7000	12,5/25	9,38/18,75	9,38/18,75
<i>S. epidermidis</i> ATCC 12228	3500/7000	1,56/1,56	1,18/2,35	4,69/9,38
<i>S. aureus</i> ATCC 25923	3500/7000	0,04/0,09	0,07/0,15	2,34/4,68
<i>B. subtilis</i> CCD-04	3500/7000	3,13/6,25	4,69/4,69	4,69/9,38
<i>C. albicans</i> ATCC 10231	3500/7000	6,25/6,25	4,69/9,37	9,38/9,38

* EO: essential oil; W: Aquous extract; ET: Ethanolic extract; EA: Ethyl acetate extract.

Hexane extract – No activity.

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494 **Table 5.** DPPH average and standard deviation (% sequestration) and IC₅₀ values of essential
 495 oil and different extracts from *Prunus myrtifolia* in the different concentrations tested.

Extracts/Oil	Antioxidant activity (%)	IC ₅₀ (mg/mL)
BHT	95.85±0.07 ^a	11.52±0.96 ^a
W	91.27±0.67 ^a	20.12±0.05 ^a
ET	94.12±0.64 ^a	15.43±0.01 ^a
EA	78.49±0.98 ^a	14.58±0.28 ^a
H	2.81±0.039 ^b	186.26±0.01 ^b
EO	8.69±0.97 ^b	175.17±0.99 ^b

496 *Standard error followed by the same letter in the column do not differ through Tukey test
 497 (p<0.05); EO = Essential oil; W = Aqueous extract; ET = Ethanolic extract; EA = Ethyl
 498 acetate extract; H = Hexane extract.

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CAPÍTULO 2:

Composição química, atividade antioxidante e antimicrobiana de extratos vegetais de seis espécies vegetais frente a sorotipos de *Salmonella* de origem aviária.

O artigo segue as normas sugeridas pela revista “Revista Brasileira de Plantas Mediciniais” citada em Anexos Capítulo 2

Cascavel, 2013

Composição química, atividade antioxidante e antimicrobiana de extratos vegetais de seis espécies vegetais frente a sorotipos de *Salmonella* de origem aviária.

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RESUMO

Avaliou-se o perfil fitoquímico, ação antioxidante e antimicrobiana dos extratos vegetais etanólico e aquoso de seis plantas brasileiras obtidos das folhas secas de *Maytenus aquifolia* Mart. (espinheira-santa), *Plinia cauliflora* (Mart.) O. Berg (jabuticabeira), *Ocotea spixiana* (Nees) Mez. (canela-branca), *Psidium guajava* L. (goiabeira), e *Ricinus communis* L. (mamona) e *Schinus molle* L. (aroeira). A atividade antimicrobiana *in vitro* dos extratos vegetais foi testada frente a trinta e seis sorotipos de *Salmonella* de origem avícola pelo método de microdiluição em caldo com a determinação da Concentração Inibitória Mínima (CIM) e a Concentração Bactericida Mínima (CBM). A ação antioxidante dos mesmos foi avaliada pelo método de DPPH (2,2-difenil-1-picril-hidrazila). O perfil fitoquímico detectou componentes com potencial antimicrobiano e antioxidante em todos os extratos, assim como um percentual de captura do DPPH superior a 65%, demonstrando o elevado potencial antioxidante dos extratos testados. Nos testes de microdiluição em caldo, observou-se a atividade antimicrobiana de todos os extratos testados, sendo que em geral os extratos etanólicos foram mais eficazes quando comparados aos aquosos, sendo o extrato etanólico de *P. cauliflora* seguido por *P. guajava* de maior efeito bacteriostático. As CIMs variaram entre 1,56-100 mg.mL⁻¹ e a CBM entre 3,13-100 mg.mL⁻¹. Esses resultados confirmaram o potencial antimicrobiano e antioxidante desses extratos vegetais.

Palavras-chave: Microdiluição, bactericida, bacteriostático, DPPH.

ABSTRACT: Antimicrobial activity of extracts from plants native to Brazil control of *Salmonella* as avian origin. It was evaluated the phytochemical profile, antioxidant and antimicrobial activity of ethanolic and aqueous plant extracts from six Brazilian plants obtained

73 from the dried leaves of *Maytenus aquifolia* Mart., *Plinia cauliflora* (Mart.) O. Berg, *Ocotea*
74 *spixiana* (Nees) Mez., *Psidium guajava* L., *Ricinus communis* L. and *Schinus molle* L.. The in
75 vitro antimicrobial activity of plant extracts was tested against thirty-six serotypes of *Salmonella*
76 from poultry products by the broth microdilution method to determine the Minimum Inhibitory
77 Concentration (MIC) and Minimum Bactericidal Concentration (MBC). The antioxidant properties
78 of these was evaluated by DPPH (2,2- diphenyl-1-picryl-hidrazila) method. The phytochemical
79 profile detected components with antimicrobial and antioxidant potential in all extracts , as a
80 percentage capture of DPPH than 65% , demonstrating the high antioxidant activity of the
81 tested extracts. In microdilution tests, we observed the antimicrobial activity of all tested
82 extracts, and in general the ethanol extracts were more effective when compared to aqueous
83 and ethanol extract of *P. cauliflora* followed by *P. guajava* higher end bacteriostatic. The MIC
84 ranged from 1.56 to 100 mg.mL⁻¹ and MBC of 3.13 to 100 mg.mL⁻¹. These results confirmed the
85 antioxidant and antimicrobial potential of these plant extracts.

86 Key Word: Antimicrobial, MIC, MBC, DPPH.

88 INTRODUÇÃO

89 O gênero *Salmonella* é constituído por patógenos de importancia internacional, de difícil
90 controle e comumente encontrada na cadeia avícola e conseqüentemente na carne de frango,
91 podendo causar surtos de intoxicação alimentar em humanos e prejuízos econômicos no setor
92 (SHINOHARA et al., 2008).

93 Fatores que contribuem para a patogenicidade de *Salmonella* spp. são seu grande
94 número de sorotipos, a capacidade de adaptação a vários hospedeiros e a predisposição de
95 adquirir e transmitir alelos de resistência à antimicrobianos (EUROPEAN FOOD SAFETY
96 AUTHORITY, 2008a) sendo este último em destaque, uma devido ao uso intensivo de agentes
97 antimicrobianos são mais frequentes o surgimento de cepas multiresistentes (EUROPEAN
98 FOOD SAFETY AUTHORITY, 2008b).

99 O uso de antimicrobianos como promotores de crescimento em frangos foi abolina pela
100 união européia, por isso, além da substituição desses produtos se dar pela tentativa de impedir
101 o surgimento de micro-organismos resistentes, os países exportadores também precisam se
102 adequar as leis de mercado, fazendo-se necessária a busca por prontos alternativos ao uso
103 dos antimicrobianos sintéticos (PcMulin, 2004).

104 Com isso, a utilização de produtos naturais como potencial agente antimicrobiano chama
105 a atenção das indústrias na busca de novos compostos que não agridam o meio ambiente
106 (MESA-ARANGO et al., 2009). Neste contexto, os extratos vegetais vêm ganhando espaço nas
107 pesquisas para o controle de diferentes micro-organismos patogênicos e, por isso, tem-se
108 buscado novas plantas, a fim de que os extratos sejam considerados como um produto

sanitário alternativo, seguro e saudável quando comparado aos antimicrobianos sintéticos (LOVATTO et al., 2012). Contudo, grande parte das pesquisas realizadas mencionam testes de extratos frente aos micro-organismos referência, sendo necessário o estabelecimento de parâmetros mais precisos quanto ao real potencial antimicrobiano de extratos em diferentes sorotipos de *Salmonella*, uma vez que se tem relatado diversos sorotipos como responsáveis por casos e surtos de salmonelose humana no Brasil e no exterior, muitos deles envolvendo alimentos de origem avícola (KOTTWITZ et al. 2008).

No intuito de investigar plantas nativas do Brasil com potencial antioxidante e antimicrobiano, o presente estudo realizou o rastreamento fitoquímico de metabolitos secundários e potencial antioxidante de extratos vegetais etanólicos e aquosos obtidos das folhas de *Maytenus aquifolia* Mart. (espinheira-santa), *Plinia cauliflora* (Mart.) O. Berg (jabuticabeira), *Ocotea spixiana* (Nees) Mez. (canela-branca), *Psidium guajava* L. (goiabeira), e *Ricinus communis* L. (mamona) e *Schinus molle* L. (aroeira) bem como sua atividade antimicrobiana frente a diferentes sorotipos de *Salmonella* de origem avícola.

MATERIAL E MÉTODOS

Plantas utilizadas

As folhas de *Maytenus aquifolia* Mart. (espinheira-santa) (Celastraceae), *Plinia cauliflora* (Mart.) O. Berg (jabuticabeira) (Myrtaceae), *Ocotea spixiana* (Nees) Mez. (canela-branca) (Lauraceae), *Psidium guajava* L. (goiabeira) (Myrtaceae), *Ricinus communis* L. (mamona) (Euphorbiaceae) e *Schinus molle* L. (aroeira) (Anarcadiaceae) foram coletadas no período da manhã na região Oeste do Paraná, Brasil de janeiro a maio de 2012. O material foi identificado pela Prof^a Dr^a Livia Godinho Temponi e incorporado no Herbário da Universidade Estadual do Oeste do Paraná (UNOP), sob o número de voucher 6899, 6882, 6882, 6882, 6882 e 6882, respectivamente.

Preparo dos extratos

Os extratos aquosos e etanólicos foram obtidos segundo a metodologia de Bona et al. (2012). As folhas coletadas foram secas a 40 °C e moídas em moinho de facas. Para a realização dos extratos, adicionou-se ao material vegetal triturado álcool etílico P.A. ou água destilada estéril na proporção de 2:10 (p/v) para maceração por 24 h em agitador rotativo a 23 °C. Para o extrato etanólico, a concentração realizou-se em evaporador rotativo a 40 °C, diluído com água destilada estéril na concentração de 200 mg.mL⁻¹ e ambos filtrados em papel de filtro. Para ambos os extratos, uma última filtração a vácuo foi realizada utilizando uma membrana filtrante com porosidade de 0,45mm. As soluções foram armazenadas à 4 °C.

145 Rastreamento fitoquímica

146 Os principais metabólitos secundários foram detectados de acordo com metodologia
147 desenvolvida por Matos (1997). Dessa forma, utilizou-se o teste de fenóis e taninos,
148 antocianinas, antocianididas e flavonoides, flavonóis, flavanonas, favanonois e xantonas,
149 catequinas, esteróis e triterpenóis, saponinas e alcaloides.

150 Atividade antioxidante

151 A medição da atividade de sequestro de radicais livres DPPH (2,2-difenil-1-picril-hidrazil)
152 foi avaliada como descrito por Scherer e Godoy (2009). Para a análise, 0,1 mL de cada
153 amostra ou padrões foram adicionados em tubos de ensaio que continham 3,9 mL do radical
154 DPPH (0,2 mM). Para o controle negativo foi utilizado 0,1 mL de solução controle (álcool
155 metílico, acetona e água), como padrão utilizou-se o antioxidante sintético comercial BHT (butil
156 hidroxil tolueno) e como branco foi utilizado álcool metílico, a fim de calibrar o espectrofotômetro
157 (UV mini-1240, Shimadzu Co.). As misturas foram incubadas na ausência de luz à temperatura
158 ambiente até medição, utilizando-se um espectrofotômetro a 515 nm até a estabilização dos
159 valores. Após, os dados foram analisados calculando-se o índice DPPH e EC50 e os
160 analisando pelo teste de Tukey, utilizando-se o programa Sisvar (Ferreira, 2007).

161 Micro-organismos

162 Cento e dezoito amostras de *Salmonella* provenientes de frango de corte de diferentes
163 aviários da região Oeste do Paraná foram obtidas em um Laboratório de Sanidade Avícola no
164 Paraná, credenciado pelo Ministério da Agricultura, Pecuária e Abastecimento (MAPA), durante
165 o período de 2006 a 2010. A sorotipagem foi realizada pelo Instituto Adolfo Lutz, São Paulo,
166 Brasil. As amostras coletadas estavam distribuídas em trinta e seis sorotipos, e um
167 representante de cada sorotipo foi selecionado aleatoriamente para avaliar a suscetibilidade
168 aos extratos vegetais. Como cepa referência, utilizou-se a *Salmonella* Typhimurium ATCC
169 14028 (American Type Culture Collection).

170 Teste de microdiluição em caldo

171 As suspensões bacterianas foram diluídas a fim de se obter um inóculo na concentração
172 de 1×10^5 UFC.mL⁻¹. A Concentração inibitória mínima (CIM) dos extratos foi determinada pela
173 técnica da microdiluição em caldo proposta por Ayres et al. (2008). Alíquotas (15 µL) da
174 diluição foram distribuídas em placas de 96 poços de microtitulação contendo 150 µL de caldo
175 Mueller Hinton (MH) (concentração dupla), com a adição anterior dos extratos. Os extratos
176 foram diluídos em concentrações entre 0,04 e 100 mg.mL⁻¹. As placas foram incubadas a 36 °C
177 por 24 h. Após avaliação visual dos resultados, cada poço recebeu uma alíquota de 10 µL de
178 cloreto trifênil de tetrazólio (CTT) a 0,5%, re-incubaram por 3h a 36 °C. A CIM foi definida como
179 a menor concentração do extrato em mg.mL⁻¹ capaz de impedir o crescimento microbiano

(SARTORATTO et al., 2004). A partir dos poços onde não houve crescimento bacteriano visível no teste da CIM, anterior a adição de CTT, foi retirada uma alíquota de 10 µL e inoculada na superfície do ágar MH. As placas foram incubadas por 24h a 36 °C e após foi definida a Concentração bactericida mínima (CBM) como a menor concentração do extrato capaz de causar a morte do inóculo (Santútio et al., 2007). Os ensaios de CIM e CBM foram realizados em triplicata.

RESULTADOS E DISCUSSÃO

O presente estudo demonstrou que os extratos etanólicos e aquosos das folhas das espécies avaliadas apresentavam metabólitos secundários (Tabela 1) em sua maioria com potencial antimicrobiano reportado. Segundo Pinho et al. (2012) embora as folhas apresentem menor concentração de agentes antimicrobianos, a elaboração de extratos através delas apresenta como vantagem promover uma prática sustentável à sobrevivência da planta. Sendo assim, observou-se por meio do rastreamento fitoquímico a presença das mesmas classes de metabólitos secundários para todos os extratos das plantas, sendo eles: taninos, flavonoides e triterpenoides, com exceção dos extratos de *P. cauliflora* e *P. guajava* que apresentaram também as cumarinas e *O. spixiana* e *M. aquifolia* que apresentam alcalóides além dos metabólitos citados anteriormente (Tabela 1), compostos estes que apresentam atividade antimicrobiana relatada.

TABELA 1. Resultados da triagem fitoquímica realizada com os extratos etanólicos (Et) e aquosos (Aq) de *Plinia cauliflora* (Pc), *Schinus molle* (Sc), *Ricinus communis* (Rc), *Psidium guajava* (Pg); *Ocotea spixiana* (Os) e *Maytenus aquifolium* (Ma).

Classes de metabólitos	EXTRATOS											
	Pc		Sm		Rc		Pg		Os		Ma	
	Et	Aq	Et	Aq	Et	Aq	Et	Aq	Et	Aq	Et	Aq
Taninos	+	+	+	+	+	+	+	+	+	+	+	+
Alcaloides	-	-	-	-	-	-	-	-	+	-	+	+
Cumarinas	+	+	-	-	-	-	+	+	-	-	-	-
Saponinas	-	-	-	-	-	-	-	-	-	-	-	-
Antocianinas	-	-	-	-	-	-	-	-	-	-	-	-
Antocianidinas	-	-	-	-	-	-	-	-	-	-	-	-
Flavonoides	+	+	+	+	+	+	+	+	+	+	+	+
Triterpenoides	+	+	+	+	+	+	+	+	+	+	+	+
Esteroides	-	-	-	-	-	-	-	-	-	-	-	-

+ = presente; -= ausente.

Quanto ao potencial antioxidante (Tabela 2), todos os extratos apresentaram percentual de sequestro superior a 65%, sendo que os extratos etanólico de *M. aquifolia* (93,30%), *P. guajava* (93,46%) e aquoso de *O. spixiana* (93,60%) foram os melhores, seguido do extrato aquoso de *M. aquifolia* (92,04%) e etanólico de *P. cauliflora* (92,54%), e, embora estes extratos

tenham apresentado altos valores de sequestro de radicais livres, os valores foram significativamente diferentes do BHT (antioxidante sintético). Quanto aos valores de IC₅₀, a relação estatística entre os dados permaneceu a mesma, uma vez que o % de sequestro e o IC₅₀ são inversamente proporcionais, ou seja, quanto maior o valor de % de sequestro menor o IC₅₀. Segundo Gao et al., (1999), os compostos fenólicos, como flavonoides, triterpenos e taninos são excelentes antioxidantes, compostos esses que foram encontrados na triagem fitoquímica dos extratos testados (NAKATANI et al., 2000). A variação da resposta da atividade antioxidante pode ser devido à concentração de metabólitos presente em cada extrato.

TABELA 2. Atividade antioxidante (expresso pela % de sequestro e IC₅₀) dos extratos vegetais etanolicos e aquosos de *Plinia cauliflora*, *Schinus molle*, *Ricinus communis*, *Psidium guajava*, *Ocotea spixiana* e *Maytenus aquifolia*.

Extratos	% de sequestro	IC50
BHT	95,84 ± 0,14 ^a	9,24 ± 2,79 ^a
<i>P. cauliflora</i> EE	92,54 ± 0,14 ^c	15,18 ± 2,79 ^b
<i>P. cauliflora</i> EA	79,27 ± 0,14 ^f	40,36 ± 2,79 ^{cd}
<i>S. molle</i> EE	84,28 ± 0,14 ^e	40,96 ± 2,79 ^c
<i>S. molle</i> EA	79,37 ± 0,14 ^d	42,05 ± 2,79 ^c
<i>R. communis</i> EE	79,74 ± 0,14 ^f	40,26 ± 2,79 ^c
<i>R. communis</i> EA	67,03 ± 0,14 ^h	63,36 ± 2,79 ^e
<i>P. guajava</i> EE	93,46 ± 0,14 ^b	13,72 ± 2,79 ^b
<i>P. guajava</i> EA	89,28 ± 0,14 ^d	21,57 ± 2,79 ^b
<i>O. spixiana</i> EE	70,79 ± 0,14 ^g	56,30 ± 2,79 ^{de}
<i>O. spixiana</i> EA	93,30 ± 0,14 ^b	14,02 ± 2,79 ^b
<i>M. aquifolia</i> EE	93,60 ± 0,14 ^b	13,45 ± 2,79 ^b
<i>M. aquifolia</i> EA	92,04 ± 0,14 ^c	16,39 ± 2,79 ^b

BHT: antioxidante sintético. Média ± erro padrão seguido pela mesma letra na coluna não diferem entre si pelo teste de Tukey p<0,05.

O teste de microdiluição em caldo indicou a atividade antimicrobiana dos extratos vegetais etanolicos e aquosos (Tabela 3 e 4). Os extratos etanólicos testados (*M. aquifolia*, *P. cauliflora*, *O. spixiana*, *P. guajava*, *R. communis* e *S. molle*) apresentaram CIM variando de 1,56 a 100 mg.mL⁻¹ frente a todos os sorotipos testados, e CBM variando de 3,13 a 100 mg.mL⁻¹. Entretanto, não foram detectados valores de CBM relacionados ao extrato etanólico *S. molle* frente a todos os sorotipos testados e para os extratos etanolicos de *R. communis*, *O. spixiana* e *P. cauliflora* mais de 50% dos sorotipos não apresentaram valores CBM nas concentrações testadas (Tabela 2). Em relação aos extratos aquosos observou-se valores de CIM variando de 12,5 a 100 mg.mL⁻¹ frente a todos os sorotipos testados, exceto para os extratos *R. communis* e *O. spixiana* no qual não apresentaram atividade antimicrobiana nas concentrações testadas frente aos diferentes sorotipos. O extrato aquoso *P. cauliflora* apresentou valores de CBM

232 variando de 12,5 a 50 mg.mL⁻¹, contudo, os extratos *S. molle* e *M. aquifolia* não apresentaram
 233 valores CBM frente a todos os sorotipos testados e o extrato aquoso *P. guajava* apresentou
 234 valores de CBM para mais de 50% dos sorotipos testados.

TABELA 3. Concentração inibitória mínima (CIM) e Concentração bactericida mínima (CBM) de extratos vegetais etanólicos frente à sorotipos de *Salmonella*, isolados de aviários no Oeste do Paraná.

SOROTIPOS	EXTRATO ETANÓLICO CIM/CBM (mg.mL ⁻¹)					
	Pc	Sm	Rc	Pg	Os	Ma
Morehead	3,13/6,25	50/>LD	12,5/100	6,25/12,5	25/50	12,5/100
Lexington	3,13/6,25	100/>LD	25/>LD	6,25/12,5	25/>LD	12,5/100
Give	1,56/6,25	100/>LD	25/>LD	6,25/12,5	25/100	12,5/100
Panamá	3,13/6,25	50/>LD	25/>LD	6,25/12,5	25/100	12,5/100
Typhimurium	1,56/3,13	100/>LD	25/>LD	6,25/12,5	25/>LD	12,5/100
Rissen	3,13/6,25	100/>LD	50/>LD	6,25/12,5	25/50	12,5/100
Albany	3,13/6,25	100/>LD	100/100	3,13/3,13	25/50	12,5/100
Gallinarum	1,56/6,25	100/>LD	100/100	6,25/6,25	25/>LD	12,5/100
Cerro	3,13/6,25	100/>LD	12,5/100	6,25/6,25	25/>LD	12,5/100
Infantis	3,13/3,13	100/>LD	12,5/50	6,25/12,5	25/>LD	12,5/100
Schwarzengrund	3,13/6,25	100/>LD	12,5/100	6,25/6,25	25/>LD	12,5/>LD
Worthington	3,13/6,25	100/>LD	12,5/100	3,13/12,5	25/>LD	12,5/>LD
Saintpaul	3,13/6,25	100/>LD	12,5/100	3,13/12,5	25/>LD	12,5/100
Braenderup	3,13/6,25	100/>LD	12,5/100	3,13/12,5	25/>LD	12,5/100
Montevideo	3,13/6,25	100/>LD	12,5/100	3,13/12,5	25/>LD	12,5/100
Mbandaka	3,13/6,25	100/>LD	12,5/100	3,13/6,25	25/>LD	12,5/>LD
Ohio	1,56/3,13	100/>LD	25/25	3,13/12,5	25/50	12,5/>LD
Agona	1,56/3,13	100/>LD	25/25	6,25/12,5	25/50	12,5/>LD
Senftenberg	1,56/6,25	100/>LD	25/>LD	6,25/12,5	50/100	12,5/>LD
Corvallis	1,56/3,13	100/>LD	25/>LD	3,13/6,25	25/>LD	6,25/12,5
Hadar	1,56/3,13	100/>LD	50/>LD	3,13/6,25	25/>LD	12,5/>LD
Grumpensis	1,56/3,13	100/>LD	25/>LD	3,13/6,25	25/>LD	12,5/>LD
Gafsa	1,56/6,25	100/>LD	25/>LD	3,13/12,5	25/>LD	12,5/>LD
Orion	1,56/3,13	100/>LD	25/>LD	3,13/6,25	25/>LD	12,5/>LD
Tennessee	3,13/6,25	100/>LD	25/100	6,25/25	25/50	12,5/>LD
Cubana	1,56/3,13	100/>LD	25/>LD	6,25/6,12	25/>LD	25/>LD
Kentucky	1,56/3,13	100/>LD	12,5/>LD	6,25/12,5	25/50	25/>LD
Bareilly	3,13/6,25	100/>LD	25/>LD	3,13/12,5	25/50	25/>LD
Livingstone	3,13/6,25	100/>LD	25/>LD	6,25/12,5	25/50	25/>LD
Minnesota	3,13/6,25	100/>LD	12,5/100	6,25/12,5	25/50	12,5/>LD
Branderburg	3,13/6,25	100/>LD	12,5/100	6,25/12,5	25/50	12,5/>LD
Enteritidis	3,13/6,25	100/>LD	12,5/25	6,25/12,5	25/>LD	12,5/>LD
Newport	3,13/6,25	100/>LD	12,5/>LD	6,25/12,5	25/>LD	12,5/>LD
Entérica	3,13/6,25	100/>LD	12,5/>LD	6,25/12,5	25/50	12,5/>LD
Derby	1,56/3,13	100/>LD	12,5/>LD	6,25/12,5	25/50	12,5/>LD
Heidelberg	3,13/3,13	100/>LD	12,5/>LD	6,25/12,5	2550	12,5/>LD
Typhimurium ATCC	3,13/6,25	100/>LD	12,5/>LD	6,25/12,5	25/100	12,5/>LD

235 AMP: Ampicilina; CEF: Cefalotina; GEN: Gentamicina; NAL: Ácido Nalidixico; TET: Tetraciclina;
 236 >LD: Maior que o limite de detecção; Pc: *Plinia cauliflora*; Sm: *Schinus molle*; Rc: *Ricinus*
 237 *communis*; Pg: *Psidium guajava*; Os: *Ocotea spixiana*; Ma: *Maytenus aquifolium*.

TABELA 4. Concentração inibitória mínima (CIM) e Concentração bactericida mínima (CBM) de extratos vegetais aquosos frente à sorotipos de *Salmonella*, isolados de aviários no Oeste do Paraná.

SOROTIPOS	EXTRATO AQUOSO CIM/CBM (mg.mL ⁻¹)			
	Pc	Sm	Pg	Ma
Morehead	12,5/12,5	100/>LD	50/50	50/>LD
Lexington	25/25	100/>LD	100/>LD	50/>LD
Give	12,5/50	100/>LD	100/>LD	50/>LD
Panamá	25/50	100/>LD	100/>LD	100/>LD
Typhimurium	25/25	100/>LD	100/>LD	50/>LD
Rissen	25/50	100/>LD	100/>LD	50/>LD
Albany	12,5/12,5	100/>LD	50/50	50/>LD
Gallinarum	50/50	100/>LD	50/100	50/>LD
Cerro	12,5/12,5	100/>LD	100/100	50/>LD
Infantis	25/25	100/>LD	100/>LD	100/>LD
Schwarzengrund	25/25	100/>LD	100/>LD	100/>LD
Worthington	25/50	100/>LD	100/100	100/>LD
Saintpaul	25/25	100/>LD	100/100	100/>LD
Braenderup	25/25	100/>LD	100/>LD	100/>LD
Montevideo	12,5/25	100/>LD	100/>LD	100/>LD
Mbandaka	25/25	100/>LD	100/>LD	50/>LD
Ohio	25/25	100/>LD	100/100	100/>LD
Agona	25/50	100/>LD	100/>LD	50/>LD
Senftenberg	25/50	100/>LD	100/>LD	50/>LD
Corvallis	12,5/12,5	100/>LD	100/100	100/>LD
Hadar	25/25	100/>LD	100/>LD	50/>LD
Grumpensis	12,5/25	100/>LD	100/100	50/>LD
Gafsa	50/50	100/>LD	100/100	50/>LD
Orion	50/50	100/>LD	100/100	50/>LD
Tennessee	12,5/25	100/>LD	100/>LD	50/>LD
Cubana	25/25	100/>LD	100/100	50/>LD
Kentucky	12,5/12,5	100/>LD	100/100	50/>LD
Bareilly	25/50	100/>LD	100/>LD	50/>LD
Livingstone	25/25	100/>LD	100/>LD	50/>LD
Minnesota	12,5/25	100/>LD	100/>LD	50/>LD
Branderburg	25/50	100/>LD	100/100	50/>LD
Enteritidis	25/50	100/>LD	50/100	50/>LD
Newport	25/25	100/>LD	100/100	50/>LD
Entérica	25/25	100/>LD	50/100	100/>LD
Derby	12,5/25	100/>LD	100/100	100/>LD
Heidelberg	25/25	100/>LD	50/100	50/>LD
Typhimurium ATCC	12,5/25	100/>LD	50/100	50/>LD

238 >LD: Maior que o limite de detecção; Pc: *Plinia cauliflora*; Sm: *Schinus molle*; Pg: *Psidium*
 239 *guajava*; Ma: *Maytenus aquifolium*. *Ocotea spixiana* e *Ricinus communis* não apresentaram
 240 atividade antimicrobiana.

241

242 Quanto à atividade antimicrobiana dos extratos vegetais da presente pesquisa, um
 243 crescente número de mecanismos de ação inibitória tem sido atribuído a compostos ativos

244 presentes nos produtos naturais. Nas bactérias, a atividade antimicrobiana dos taninos se dá
245 por meio da formação de complexos entre os mesmos e a parede celular, inibindo o transporte
246 de nutrientes e conseqüentemente retardando o crescimento do micro-organismo
247 (PcSWEENEY et al., 2001). Já os flavonoides e terpenóides possuem atividade decorrente dos
248 efeitos prejudiciais à parede celular bacteriana e conseqüentemente destruição do micro-
249 organismo (TURINA et al., 2006). A atividade antimicrobiana das cumarinas pode ser atribuída
250 ao fato do anel de cumarina levar à inibição da síntese do ácido nucleico bacteriano
251 (ROSSELLI et al., 2007). Por fim, alguns alcaloides inibem a ação de bactérias gram-negativas
252 causando lise celular e mudanças morfológicas (SAWER et al., 2005), justificando dessa forma
253 a atividade antimicrobiana dos extratos vegetais do presente estudo.

254 O potencial antimicrobiano de extratos vegetais de *P. cauliflora* já foram reportados por
255 outros pesquisadores (CARVALHO et al., 2009) assim como para *P. guajava* (VARGAS-
256 ALVAREZ et al., 2006), ambas espécies pertencentes a família Myrtaceae, podendo ser
257 atribuída a atividade antimicrobiana dos extratos desses indivíduos devido a presença de
258 taninos, substância essa amplamente presente na família (LOGUERCIO et al., 2005). O
259 mesmo foi observado que no controle de 20 sorotipos de *Salmonella* os extratos que melhor
260 agiram no controle dos micro-organismos eram espécies da família Myrtaceae (Voss-Rech et
261 al., 2011).

262 Embora não tenham sido encontrados na literatura trabalhos que explorem a atividade
263 antimicrobiana de *M. aquifolium*, Estevam et al. (2009) reportaram a atividade antimicrobiana
264 do gênero Maytenus frente a bactérias Gram-negativas e Oliveira et al. (2009) afirmaram que o
265 gênero Maytenus possui propriedades fitoquímicas como a presença de terpenoides, taninos,
266 alcaloides e flavonoides, corroborando com os resultados.

267 Não foram encontradas pesquisas sobre as propriedades farmacológicas dos extratos
268 aquosos ou etanólicos de *S. molle*. Porém, Carvalho et al. (2013) relataram que os compostos
269 marjoritários na família Anarcadiaceae são os terpenoides e flavonoides. Além destes
270 compostos, a triagem fitoquímica da presente pesquisa constatou a presença de taninos
271 (Tabela 1).

272 A atividade inibitória de *R. communis* pode estar relacionada aos seus constituintes
273 como ricina e flavonoides (HENRIQUES et al., 2002) além da presença de taninos e
274 triterpenoides (Tabela 1). Contudo, um dos problemas associados à utilização do extrato de
275 mamona refere-se a presença da ricina, uma vez que esta é venenosa a humanos e insetos
276 (LER, et al, 2006), sugerindo-se então o isolamento de compostos ou detoxicação do extrato
277 antes do seu uso.

278 Não foram encontrados na literatura estudos fitoquímicos de extratos de *O. spixiana*,
279 entretanto, Zanin & Lordello (2007) reportaram a presença de compostos alcaloides em

280 cinquenta e quatro espécies do gênero *Ocotea*, podendo estar relacionado a atividade
281 antimicrobiana apresentada por esta espécie.

282 Dentre os extratos avaliados, o maior efeito bacteriostático foi obtido para o extrato
283 etanólico de *P. cauliflora* seguido por *P. guajava*. Comparando o perfil fitoquímico dessas
284 espécies com as demais, observa-se que foram as únicas que possuem em sua composição
285 cumarinas. A elevada atividade antimicrobiana das cumarinas é devido a sua característica
286 lipofílica e estrutura molecular planar, que contribuem na penetração da mesma na membrana
287 celular bacteriana ou parede celular (Kayser e Kolodzie, 1999).

288 De maneira geral, os extratos etanólicos apresentaram melhor atividade inibitória
289 quando comparados aos extratos aquosos. Devido à diferença de polaridade, a extração
290 aquosa e etanólica podem conferir a extração de quantidades diferentes dos metabólitos,
291 sendo a água capaz de extrair em sua maioria compostos como antocianinas, amidos, taninos,
292 saponinas, terpenoides, polipeptídeos e lecitinas, já o álcool, por sua vez, é responsável pela
293 extração além de taninos e terpenóides também de polifenóis, poliacetilenos, esteróis,
294 alcaloides e os flavonoides (COWAN, 1999). Isto explica o fato de que em uma mesma planta,
295 diferentes extratos apresentarem resultados distintos. Além disso, a composição dos extratos
296 pode também variar de acordo com as condições ambientais, estações do ano em que foram
297 coletadas, bem como, às diferentes técnicas empregadas para avaliação da atividade, por não
298 haver uma padronização internacional para avaliação de extratos vegetais (ALVES et al.,
299 2008). Desta forma, é notória a necessidade da padronização de técnicas para avaliar a
300 atividade de extratos vegetais com o intuito de corroborar e assegurar os resultados
301 encontrados.

302 A suscetibilidade microbiana aos extratos vegetais testados no presente estudo variou
303 dependendo do sorotipo, conforme descrito anteriormente por Voss-Rech et al., (2004), que
304 testaram a suscetibilidade de *Salmonella* spp. frente a diferentes extratos vegetais. A
305 explicação pode ser devido às pressões seletivas que os sorotipos podem sofrer de acordo
306 com a utilização de diferentes antimicrobianos, desenvolvendo resistências (WHO, 2000).

307 As propriedades antimicrobianas e antioxidantes de extratos vegetais tem despertado
308 interesse pela perspectiva de constituírem uma alternativa para as exigências dos
309 consumidores quanto à utilização de aditivos naturais em diferentes produtos (TASSOU et al.,
310 2000), destacando-se nesse sentido os frangos, por ser um dos alimentos base da
311 alimentação. Sendo assim, os resultados obtidos comprovam que em sua maioria os extratos
312 etanólicos e aquosos das diferentes espécies brasileiras testadas apresentam atividade
313 antimicrobiana e antioxidante, demonstrando assim o potencial uso no desenvolvimento de
314 produtos de origem natural. O uso de folhas permite a obtenção de matéria-prima sem o corte

315 da planta fazendo com que o cultivo e uso da espécie seja viável, sem a necessidade de
316 explorar populações nativas que se encontram ameaçadas.

318 CONCLUSÃO

319 Os extratos etanólicos e aquosos das folhas das espécies avaliadas apresentaram em
320 sua maioria as mesmas classes de metabólitos secundários para todas as plantas, sendo eles,
321 taninos, flavonoides e triterpenoides, com exceção dos extratos de *P. cauliflora* e *P. guajava*
322 que apresentaram as cumarinas e *O. spixiana* e *M. aquifolia* que apresentam alcalóides além
323 dos metabólitos citados anteriormente. Em relação a atividade antioxidante os extratos
324 etanólico de *M. aquifolia*, *P. guajava* e aquoso de *O. spixiana* foram os melhores, seguido do
325 extrato aquoso de *M. aquifolia* e etanólico de *P. cauliflora*. Os extratos testados apresentaram
326 atividade inibitória em diferentes concentrações sobre os sorotipos de *Salmonella* variando de
327 acordo com o solvente extrator e o sorotipo testado, sendo o extrato etanólico de *P. cauliflora*
328 seguido por *P. guajava* de maior efeito bacteriostático.

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ANEXOS

Capítulo 1: Chemical Composition and Antimicrobial and Antioxidant Activity of Essential Oil and Various Plant Extracts from *Prunus myrtifolia* (L.) Urb

- Organizado de acordo com a Revista "African Journal of Agricultural Research".

Capítulo 2: Composição química, atividade antioxidante e antimicrobiana de extratos vegetais de seis espécies vegetais frente a sorotipos de *Salmonella* de origem aviária.

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Alanara N, Brannas E (1996). Dominance-feeding behavior in Arctic charr and Rainbow trout: the effect of stocking density. *J. Fish. Biol.* 48:242-254.

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