

UNIVERSIDADE ESTADUAL DO OESTE DO PARANÁ – CAMPUS DE CASCAVEL
CENTRO DE CIÊNCIAS BIOLÓGICAS E DA SAÚDE
PROGRAMA DE PÓS-GRADUAÇÃO EM BIOCÊNCIAS E SAÚDE - NÍVEL
MESTRADO

PÂMELA BURATTI

**AVALIAÇÃO FUNCIONAL E MORFOLÓGICA DO MÚSCULO
ESTRIADO ESQUELÉTICO E JUNÇÕES NEUROMUSCULARES EM
RATOS SUBMETIDOS A UM MODELO DE PARALISIA CEREBRAL**

CASCAVEL-PR

Maio/2017

PÂMELA BURATTI

**AVALIAÇÃO FUNCIONAL E MORFOLÓGICA DO MÚSCULO
ESTRIADO ESQUELÉTICO E JUNÇÕES NEUROMUSCULARES EM
RATOS SUBMETIDOS A UM MODELO DE PARALISIA CEREBRAL**

Dissertação apresentada ao Programa de Pós-graduação em Biociências e Saúde – Nível Mestrado, do Centro de Ciências Biológicas e da Saúde, da Universidade Estadual do Oeste do Paraná, como requisito parcial para a obtenção do título de Mestre em Biociências e Saúde.

Área de concentração: Fatores que influenciam a morfofisiologia orgânica.

ORIENTADOR: Prof^a. Dr^a. Marcia Miranda Torrejais.

CASCADEL-PR

Maio/2017

Dados Internacionais de Catalogação-na-Publicação (CIP)
(Sistema de Bibliotecas – UNIOESTE – Campus Cascavel)

B978a Buratti, Pâmela.
Avaliação funcional e morfológica do músculo estriado esquelético e junções neuromusculares em ratos submetidos a um modelo de paralisia cerebral / Pâmela Buratti. --- Cascavel: UNIOESTE, 2017.
89 f.:il.

Orientadora: Prof.^a Dr.^a Marcia Miranda Torrejais

Dissertação (Mestrado) – Universidade Estadual do Oeste do Paraná, Campus de Cascavel, 2017.
Programa de Pós-Graduação em Biociências e Saúde, Centro de Ciências Biológicas e da Saúde

Inclui Bibliografia

1. Lipopolissacarídeo. 2. Anóxia perinatal. 3. Restrição sensório-motora. 4. Morfologia. 5. Morfometria. I. Rizzotto, Maria Lucia Frizon. II. Universidade Estadual do Oeste do Paraná. III. Título.

CDD 20.ed. 612.7

Bibliotecária responsável Rosângela A. A. Silva – CRB 9ª/1810

FOLHA DE APROVAÇÃO

PÂMELA BURATTI

AVALIAÇÃO FUNCIONAL E MORFOLÓGICA DO MÚSCULO ESTRIADO ESQUELÉTICO E JUNÇÕES NEUROMUSCULARES EM RATOS SUBMETIDOS A UM MODELO DE PARALISIA CEREBRAL

Esta dissertação foi julgada adequada para obtenção do título de Mestre em Biociências e Saúde e aprovada em sua forma final pelo Orientador e pela Banca Examinadora.

Orientador: Prof^a. Dr^a. Marcia Miranda Torrejais
UNIOESTE

Prof^a. Dr^a. Rose Meire Costa Brancalhão
UNIOESTE

Prof^a. Dr^a. Talita Gianello Gnoato Zotz
UFPR

CASCAVEL-PR
(Maio/2017)

Dedico este trabalho aos meus pais,
Zilmar e Sidinéia, pelo apoio e incentivo.

AGRADECIMENTOS

Agradeço a Deus por possibilitar que apesar de todas as dificuldades eu conseguisse chegar até aqui e por ter colocado pessoas tão especiais em meu caminho.

Aos meus pais, Zilmar e Sidinéia, que mesmo distantes fisicamente continuaram presentes me apoiando em todos os momentos, sempre acreditando na minha capacidade, com palavras que me fortaleceram e incentivaram a dar o melhor de mim. A minhas irmãs, Jéssica e Emanuely, pelo incentivo, sempre me pondo pra cima e comemorando comigo cada etapa vencida. Ao meu namorado, Alexsandro, pelo companheirismo, compreensão, incentivo e por estar sempre presente.

Um agradecimento especial para minha orientadora, Prof^a. Marcia que me orienta desde a graduação, despertou meu interesse por esta área de pesquisa, abriu as portas do laboratório e permitiu que eu permanecesse no LABEM até o presente momento. Sempre disposta a ajudar, aconselhando e transmitindo seu conhecimento. Sem dúvidas é um exemplo profissional para mim, que levarei para a vida toda.

Aos professores do Mestrado de Biociências e Saúde, por toda a contribuição no trabalho, seja nas bancas ou tirando dúvidas relacionadas à pesquisa. Agradeço a Prof^a. Lígia, que supervisionou e auxiliou nas etapas experimentais.

Agradeço ao pessoal do Centro de Microscopia Eletrônica da Unesp, e ao Gelson, técnico do Laboratório de Morfologia, que me ajudaram durante o período em que estive realizando análises em Botucatu. Ao José Carlos, técnico do laboratório de Anatomia, sempre muito prestativo, auxiliando no que fosse preciso.

A Caroline, veterana do mestrado, colega de laboratório e de experimento, que me ensinou parte dos procedimentos experimentais e das técnicas, se tornou uma grande amiga, dividiu comigo momentos de incertezas e sempre muito animada fez com que as dificuldades se tornassem mais leves. A Camila, que desde a sua entrada no mestrado tem participado comigo das atividades do laboratório, além de ter se tornado uma amiga muito querida. Aos demais colegas de laboratório, Adriana, Wellington, Bruno e Suellen, pela troca de

conhecimento e amizade neste período. Aos meus amigos Matheus, Ana Caroline, Ariadne, Mylena e Gustavo, com quem passei boa parte destes dois anos, seja dividindo as atividades de laboratório ou momentos de descontração. Todos foram importantes para o desenvolvimento deste trabalho, mesmo que indiretamente.

RESUMO GERAL

A paralisia cerebral (PC) corresponde a uma desordem motora, ocasionada por lesão não progressiva no cérebro imaturo, por conseguinte, acarreta alterações no tônus muscular, movimento e postura. Este estudo objetivou investigar as características morfofuncionais do músculo plantar em um modelo animal de PC. Na obtenção das ninhadas, ratos *Wistar* adultos foram utilizados para o pareamento (11 fêmeas e 06 machos) e as fêmeas prenhas foram agrupadas em: ratas injetadas intraperitonealmente com veículo (100 µL de solução salina estéril); e ratas injetadas intraperitonealmente com lipopolissacarídeo (LPS; 200 µg/kg de LPS em 100 µL de solução salina estéril), a cada 12 horas, a partir do 17º dia gestacional até o final da gestação (21º dia gestacional). Os filhotes machos foram separados em: Grupo controle (GC, $n= 8$), filhotes de mães injetadas com solução salina durante a gestação; e Grupo PC (GPC, $n = 8$), filhotes de mães injetadas com LPS na gestação, submetidos à anóxia perinatal e restrição sensório-motora. Para a anóxia perinatal, os filhotes foram colocados em uma câmara fechada, parcialmente imersa em água a $37^{\circ}\text{C}\pm 1$, com fluxo de 9 L/min de nitrogênio (100%) durante 20 minutos no dia do nascimento (dia pós-natal 0, P0). Do 1º ao 30º dia pós-natal (P1 até P30), os animais do GPC foram submetidos à restrição sensório-motora durante 16 horas/dia. E, aos 29 e 45 dias de vida, os animais foram avaliados no teste de campo aberto, coletados os dados de tempo de deslocamento, cruzamento, frequências de erguidas (*rearing*) e de autolimpeza (*grooming*). No 48º dia pós-natal, os animais foram pesados e foi realizada a coleta, além das mensurações do peso e do comprimento muscular. As fibras musculares foram avaliadas em secções histológicas submetidas às técnicas de Hematoxilina-Eosina (HE), reação da NADH-TR (Nicotinamida Adenina Dinucleotídeo – Tetrazolium Redutase) e microscopia eletrônica de transmissão. O colágeno intramuscular foi estudado com a coloração de Tricrômico de Masson e as junções neuromusculares (JNMs) foram averiguadas pela reação Esterase Inespecífica. Os dados foram avaliados estatisticamente com o teste paramétrico *t de Student* e teste não paramétrico *Mann-Whitney*, de acordo com o teste de normalidade *Kolmogorov-Smirnov*. Verificou-se que, quando comparado ao GC, o GPC apresentou: redução significativa no tempo de deslocamento, no número de cruzamentos e no *rearing* aos 29 dias de idade; no tempo de deslocamento e no *rearing* aos 45 dias de idade; nos parâmetros corporais (peso corporal, peso e comprimento do músculo sóleo); nas relações núcleo/fibra e capilar/fibra; aumento na porcentagem de colágeno; redução da área de secção transversal das fibras musculares tipo I; aumento na contagem de fibras do tipo I; no número de desorganização miofibrilar, da linha Z e dissolução da linha Z; e redução na área, diâmetros maior e menor das JNMs. Conclui-se, portanto, que o modelo de PC utilizado alterou as características morfológicas do músculo estriado esquelético e causou déficits na atividade locomotora dos animais, comprovado pelos resultados da avaliação em campo aberto.

Palavras-chave: lipopolissacarídeo; anóxia perinatal; restrição sensório-motora; morfologia; morfometria.

GENERAL ABSTRACT

FUNCTIONAL AND MORPHOLOGICAL EVALUATION OF SKELETAL MUSCLE AND NEUROMUSCULAR JUNCTIONS IN RATS SUBMITTED TO A MODEL OF CEREBRAL PALSY

Cerebral palsy (CP) corresponds to a motor disorder, caused by non-progressive injury in the immature brain, resulting in changes in muscle tone, movement and posture. This study aimed to investigate the morphofunctional characteristics of the plantar muscle in an animal model of CP. To obtain the litters were used for paired adult *Wistar* rats (11 females and 06 males). The pregnant females were separated in: rats injected intraperitoneally with vehicle (100 μ L of sterile saline) and rats injected intraperitoneally with lipopolysaccharide (LPS; 200 μ g / kg LPS in 100 μ L sterile saline). The injections were performed every 12 hours, from the 17th gestational day until the end of gestation (21st gestational Day). The male offspring were separated in: Control group (CG, $n = 8$) - pups of rats injected with saline solution during pregnancy, and CP group (CPG, $n = 8$) - pups of rats injected with LPS during pregnancy, submitted to perinatal anoxia and sensorimotor restriction. For perinatal anoxia, the pups were placed in a closed chamber, partially immersed in water at $37\text{ }^{\circ}\text{C} \pm 1$, with a flow of 9 L/min of nitrogen (100%) for 20 minutes on the day of birth (postnatal day 0, P0). From the 1st to the 30th postnatal day (P1 to P30), the CPG animals were submitted to sensorimotor restriction for 16 hours/day. At 29 and 45 days of age, the animals were evaluated in the open-field test, being collected time of displacement, crossing, rearing and grooming frequency. At the 48th postnatal day the animals were weighed and the collection, measurement of weight and muscle length were performed. The muscle fibers were evaluated in histological sections submitted to Hematoxylin-Eosin (HE), NADH-TR reaction (Nicotinamide Adenine Dinucleotide - Tetrazolium Redutase) and transmission electron microscopy; intramuscular collagen was studied with Masson's trichrome staining; and the neuromuscular junctions (NMJs) ascertained by the Nonspecific Esterase reaction. The data were statistically evaluated using the parametric Student t-test and the non-parametric Mann-Whitney test, according to the Kolmogorov-Smirnov normality test. It was verified that when compared to CG the CPG presented: reduction in time of displacement, number of crosses and rearing at 29 days of age; in the time of displacement and rearing at 45 days of age; of body parameters (body weight, weight and length soleus muscle); of the nuclei/fiber and capillary/fiber relations; increased percentage of collagen; reduction of cross-sectional area of muscle fibers type I; increased counts of fibers type I; in the number of myofibrillar disorganization, of the Z line and dissolution of the Z line; and reduction in area, larger and smaller diameters of NMJs. It is concluded that the PC model used altered the morphological characteristics of the skeletal striated muscle, causing deficits in the locomotor activity of the animals, as evidenced by the results of the evaluation in the open field.

Keywords: lipopolysaccharide; perinatal anoxia; sensorimotor restriction; morphology; morphometry.

SUMÁRIO

INTRODUÇÃO GERAL	13
REVISÃO GERAL DE LITERATURA	16
Paralisia cerebral	16
Músculo estriado esquelético.....	18
Efeitos da PC no tecido muscular	22
Modelos experimentais de PC	23
REFERÊNCIAS	27
ARTIGO CIENTÍFICO	36
ABSTRACT	37
1. INTRODUCTION	39
2. MATERIAL AND METHODS	40
2.1. Animals and experimental induction of CP	40
2.2. Evaluation of motor activity in the open-field test.....	41
2.3. Collection of the plantaris muscle.....	42
2.4. Study of muscle fibers and intramuscular collagen	42
2.4.1. <i>Histological study</i>	43
2.4.2. <i>Histoenzymological and morphometric study</i>	43
2.5. Ultrastructural study of muscle fibers	44
2.6. Histochemical and morphometric study of NMJs.....	44
2.7. Image analysis	45
2.8. Statistical analysis.....	45
3. RESULTS	45
3.1. Motor activity	45
3.2. Macroscopic parameters.....	46
3.3. Morphology and morphometry of muscle fibers and intramuscular collagen	46
3.4. Morphology and morphometry of NMJs	47
4. DISCUSSION	48
5. CONCLUSION	53
ACKNOWLEDGEMENTS	53
REFERENCES	54
ANEXO A: Certificado do Comitê de Ética	71
ANEXO B: Normas da revista científica – MICRON	72

LISTA DE ILUSTRAÇÕES

DISSERTAÇÃO

- Figura 1** - Fotomicrografia da estrutura do músculo estriado esquelético. Secção transversal. HE. Fibras multinucleadas com núcleos em posição periférica (seta fina) e endomísio (seta espessa). Fonte: autor. 19
- Figura 2** - Ultraestrutura da fibra muscular estriada esquelética. Miofibrilas organizadas em sarcômeros (S) com bandas A, I e linha Z (seta). Fonte: autor..... 19
- Figura 3** - Estrutura de uma junção neuromuscular e seus principais constituintes. Adaptado de Martyn, Fagerlund e Eriksson (2009). 22

ARTIGO CIENTÍFICO

- Figure 1.** Photomicrographs of cross-sections of the plantaris muscle obtained from 48-day-old *Wistar* rats. **A and B:** Muscle fibers (star), peripheral nuclei (thick arrow) and capillaries (thin arrow) in the control (CG) and cerebral palsy group (CPG), respectively. HE. **C and D:** Perimysium (arrow) in CG and CPG, respectively. Masson's trichrome. **E:** Capillary-to-fiber ratio in CG and CPG. F: Percentage of intramuscular collagen in CG and CPG. Values are expressed as the mean \pm standard deviation. * $p < 0.05$; ** $p < 0.01$ (*Student t-test*). 67
- Figure 2.** Photomicrographs of cross-sections of the plantaris muscle obtained from 48-day-old *Wistar* rats and submitted to the NADH-TR reaction. **A and B:** Type I, IIA and IIB muscle fibers in the control (CG) and cerebral palsy group (CPG), respectively. **C and D:** Comparison of area and number of the different muscle fiber types between animals of CG and CPG. Values are expressed as the mean \pm standard deviation. * $p < 0.05$ (*Student t-test*) 68
- Figure 3.** Electromicrographs of longitudinal sections of the plantaris muscle obtained from 48-day-old *Wistar* rats. **A:** Preserved muscle fiber showing the organized sarcomere (S), A-band (A), I-band (I), Z-line (thick arrow), and M-line (thin arrow) in the control group (CG). **B:** Muscle fiber showing a disorganized Z-line (thin arrow), disorganized M-line (dotted arrow), myofibrillar disorganization (brace), and Z-line dissolution (thick arrow) in the cerebral palsy group (CPG). **C, D and E:**

Comparison of Z-line disorganization, myofibrillar disorganization and Z-line dissolution between CG and CPG. Values are expressed as the mean \pm standard deviation. *p < 0.05; **p < 0.01 (*Student t-test*)69

Figure 4. Photomicrographs of longitudinal sections of neuromuscular junctions (NMJs) in the plantaris muscle obtained from 48-day-old *Wistar* rats and submitted to the nonspecific esterase reaction. **A and B:** Observe the morphological characteristics of the NMJs in the control (CG) and cerebral palsy group (CPG), respectively. **C, D and E:** Comparison of area and largest and smallest diameters of NMJs between animals of CG and CPG. Values are expressed as the mean \pm standard deviation. *p < 0.05; **p < 0.01 (*Student t-test*)70

LISTA DE TABELAS

ARTIGO CIENTÍFICO

Table 1. Mobility time, number of crossings and rearing and grooming frequency of control animals and animals with cerebral palsy at 29 and 45 days of age	65
Table 2. Macroscopic and microscopic parameters of control rats and rats with cerebral palsy at 48 days of age.....	66

LISTA DE ABREVIATURAS

PC	Paralisia cerebral
LPS	Lipopolissacarídeo
JNMs	Junções neuromusculares
HIV	Vírus da Imunodeficiência Humana
LPV	Leucomalácia periventricular
HE	Hematoxilina-Eosina
mATPase	ATPase miofibrilar
ACh	Acetilcolina
IL-1β	Interleucina 1 β
TNF-α	Fator de necrose tumoral- α
G	Dia gestacional
P	Dia pós-natal
GC	Grupo controle
GPC	Grupo paralisia cerebral
NADH-TR	Nicotinamida Adenina Dinucleotídeo Tetrazolium Redutase

INTRODUÇÃO GERAL

A paralisia cerebral (PC), conhecida também pelo termo encefalopatia crônica não progressiva da infância, é um grupo de desordens motoras, ocasionadas por lesão não progressiva durante o desenvolvimento neurológico (COLVER; FAIRHURST; PHAROAH, 2014; ROSENBAUM *et al.*, 2007). Esse distúrbio acarreta alterações do tônus muscular, movimento e postura e pode estar associado à epilepsia, transtorno do desenvolvimento intelectual, transtornos sensoriais, cognitivos, de comunicação, percepção e comportamento (BAX *et al.*, 2005; GOMES; ARAÚJO; MACIEL, 2014; LIMA *et al.*, 2014; MIURA; PETEAN, 2012). Embora a PC seja considerada lesão cerebral não progressiva, as alterações motoras ocasionadas por ela podem se agravar com o passar do tempo e permanecerão longo da vida útil do indivíduo (BAX *et al.*, 2005; GRAHAM; SELBER, 2003).

Crianças portadoras de PC enfrentam uma série de problemas nas atividades diárias, que vão além dos problemas físicos, como a interação com os colegas e no ambiente escolar, pois muitas instituições não estão preparadas com suporte adequado (LIMA *et al.*, 2014). Há também implicações para os familiares e em especial a mãe, já que as necessidades físicas e emocionais exigem esforço, dedicação e tempo de seus cuidadores, as quais podem trazer também desgastes financeiro, emocional e social (GUYARD *et al.*, 2011; MIURA; PETEAN, 2012; SÁ; RABINOVICH, 2006; WIJESINGUE; FONSEKA; HEWAGE, 2013).

É uma das desordens motoras mais comuns (SOUZA *et al.*, 2013). No Brasil não existem estudos atuais a respeito de incidência de PC (MIURA; PETEAN, 2012; ROTTA, 2002). No entanto, em países subdesenvolvidos, o número de casos

pode atingir sete em cada 1.000 nascidos vivos (BRASIL, 2013; PIOVESANA *et al.*, 2002; ROCHA; AFONSO; MORAIS, 2008).

Devido ao impacto do distúrbio, modelos animais têm sido realizados a fim de que se reproduzam as características observadas em pacientes com PC, visando ao melhor entendimento sobre o tema. Para isso, insultos como infecção maternal, anóxia perinatal, e restrição sensório-motora foram utilizados. Na indução da infecção pré-natal, o lipopolissacarídeo (LPS), constituinte estrutural da maioria das bactérias gram-negativas, tem sido empregado (DAMMANN; DURUM; LEVITON, 2001; STIGGER *et al.*, 2011). Contudo, observou-se que ele sozinho não reproduz as alterações motoras observadas em pacientes com PC (POGGI *et al.*, 2005). Outros insultos utilizados são a anóxia perinatal, caracterizada pela diminuição de trocas gasosas (MACLENNAN, 1999; VAN HANDEL *et al.*, 2007) e também a restrição sensório-motora, empregada a fim de se mimetizar o desuso observado em pacientes com PC (STRATA *et al.*, 2004). A associação da anóxia perinatal e restrição sensório-motora ocasiona alterações histológicas no córtex S1, o que pode contribuir para déficits sensório-motores (MARCUSOZZO *et al.*, 2010). Quando utilizados em conjunto, o LPS, a anóxia perinatal e a restrição sensório-motora causam déficits de equilíbrio e coordenação além de alterações na morfologia dos músculos sóleo e tibial anterior, redução na área de secção transversal das fibras musculares, aumento do comprimento e diminuição da densidade do sarcômero (STIGGER *et al.*, 2011).

O conhecimento das alterações que ocorrem na musculatura é essencial para a compreensão do comprometimento da capacidade funcional dos pacientes com PC (DIAS *et al.*, 2013). No entanto, estudos que avaliem a ultraestrutura das fibras musculares e as junções neuromusculares (JNMs) em modelos animais de PC ainda não foram realizados. Desta forma, questiona-se sobre as implicações da associação da exposição pré-natal ao LPS, anóxia perinatal e restrição sensório-motora sobre a musculatura estriada esquelética em ratos. Com base na literatura consultada, hipotetiza-se que tais insultos associados podem ocasionar alterações nas características morfofuncionais musculares e nas JNMs, com comprometimento da funcionalidade.

Os fatores relacionados às lesões provocadas por essa associação ainda não foram completamente esclarecidos, então acredita-se que uma melhor compreensão das adaptações musculares e das JNMs possa contribuir para a

melhoria dos tratamentos e até mesmo para o desenvolvimento de estratégias terapêuticas relacionadas a pacientes com PC. Com isso, este trabalho objetivou analisar os efeitos de um modelo animal de PC nas fibras musculares, JNMs no músculo estriado esquelético e na funcionalidade de rato.

REVISÃO GERAL DE LITERATURA

Paralisia cerebral

A PC, também denominada de encefalopatia crônica não progressiva da infância, está entre as principais causas de deficiências motoras infantis (SOUZA *et al.*, 2013). É conceituada como um grupo de desordens permanentes do desenvolvimento e da postura que causam limitação de atividade, atribuídas a distúrbios não progressivos que ocorrem no encéfalo em desenvolvimento (BAX *et al.*, 2005; LIMA *et al.*, 2014; ROSENBAUM *et al.*, 2007).

Apesar do desenvolvimento tecnológico e do aumento da assistência materno-infantil nas últimas décadas, a incidência manteve-se entre dois e três a cada 1.000 nascidos vivos (PIN; ELMASRY; LEWIS, 2013; ROCHA; AFONSO; MORAIS, 2008; SOUZA *et al.*, 2013; VICENTE, 2014). Em países subdesenvolvidos, como o Brasil, a incidência é maior e pode estar presente em sete a cada 1.000 nascidos vivos (PIOVESANA *et al.*, 2002). Sua elevada frequência no País é decorrente dos poucos cuidados com as gestantes e com os recém-nascidos (BONOMO *et al.*, 2007; BRASIL, 2013; SOUZA *et al.*, 2013). Além disso, apenas 20% das crianças recebem atendimento especializado (CACCIA-BAVA, 2001).

Existem muitos fatores de risco associados ao desenvolvimento de PC, os quais podem ocorrer nos períodos pré, peri e pós-natal. A maioria das ocorrências é resultante de interferências no desenvolvimento do cérebro ainda no útero materno, período pré-natal, quando cerca de 70 a 80% dos casos são adquiridos (COLVER; FAIRHURST; PHAROAH, 2014; HIMMELMANN; UVEBRANT, 2014; JOHNSTON; HOON, 2006; KRIGGER, 2006). Complicações intraparto como asfixia, infecções e traumas envolvem de 10 a 20% dos fatores de risco pré-

natais (JOHNSTON; HOON, 2006). Dentre as infecções, destacam-se toxoplasmose, citomegalovírus, herpes, rubéola, sífilis e Vírus da Imunodeficiência Humana (HIV) (ROTTA, 2002; DODGE, 2008; HIMMELMANN; UVEBRANT, 2014). No período perinatal, a ocorrência de PC é menor e representa cerca de 6% dos casos, quando nascimento com menos de 32 semanas de gestação, peso menor que 2.500 gramas, retardo no crescimento intrauterino, hemorragia intracraniana e trauma podem causar PC (JONES; MORGAN; SHELTON, 2007; KRIGGER, 2006). Já no pós-natal, a PC pode ser consequente de meningite bacteriana, encefalite viral, traumatismos e hiperbilirrubinemia, com estimativa de 10 a 20% dos casos nesse período (DODGE, 2008; KRIGGER, 2006).

Dentre os fatores que levam ao acometimento deste distúrbio podem-se citar a leucomalácia periventricular (LPV), hemorragia intraventricular e lesão no córtex cerebral, núcleos da base, cerebelo e tálamo (FOLKERTH, 2005; JONES; MORGAN; SHELTON, 2007). A lesão mais comum é a LPV, caracterizada pela lesão da substância branca presente ao redor dos ventrículos. Está presente em até 75% dos casos e resulta da vulnerabilidade dos oligodendrócitos imaturos durante o desenvolvimento cerebral, entre 24 e 32 semanas de gestação (VOLPE *et al.*, 2011; ZHU; JIANG, 2006). Acredita-se que a asfixia perinatal seja o principal fator patogênico para o desenvolvimento da LPV, devido à sensibilidade das células precursoras de oligodendrócitos à isquemia (VOLPE *et al.*, 2011). Além disso, respostas inflamatórias maternas também podem estar relacionadas a danos encefálicos, devido à ativação de células do sistema imunológico que atravessam a barreira hematoencefálica causando danos de forma direta ou ativando células como a microglia e os astrócitos (DAMMANN; DURUM; LEVITON, 2001).

Sabendo-se da complexidade da PC, classificações padronizadas são essenciais para a investigação e estudo desta síndrome (COLVER; FAIRHURST; PHAROAH, 2014). A distribuição do comprometimento motor pode ser classificada como espástica, discinética (distônica e coreoatetóide) ou atáxica (BAX *et al.*, 2005). O tipo espástico pode ainda ser dividido em hemiplegia, diplegia e quadriplegia, de acordo com o envolvimento topográfico (KOMAN; SMITH; SHILT, 2004). A hemiplegia acomete um lado dos membros superiores e inferiores, enquanto a diplegia é a mais comum e atinge os membros inferiores com leve envolvimento dos membros superiores, e a quadriplegia gera consequências de mesma gravidade nos membros superiores e inferiores (OLIVEIRA *et al.*, 2013).

Pacientes espásticos apresentam aumento dos reflexos profundos do tendão muscular, tremores, hipertonía e fraqueza. O indivíduo com PC discinética possui movimentos atípicos das mãos, pés, membros superiores e/ou inferiores, os quais são acentuados durante o estresse e ausentes durante o sono. Já a forma atáxica afeta o equilíbrio e a coordenação (BRASIL, 2013; KRIGGER, 2006). As manifestações clínicas da PC podem estar relacionadas à região lesionada do sistema nervoso central. Desta forma, problemas neurológicos podem ou não estar presentes e incluem convulsões, dificuldades visuais, auditivas e na fala, deficiência sensorial dos membros superiores, transtorno do desenvolvimento intelectual, hidrocefalia, disfunção autonômica, problemas alimentares, respiratórios e dificuldade na aprendizagem (ABPC, 2014; KOMAN; SMITH; SHILT, 2004). Contudo, o sintoma comum entre os indivíduos com PC é o distúrbio motor (ABPC, 2014).

Músculo estriado esquelético

O músculo estriado esquelético é formado por células denominadas de fibras musculares, que apresentam formas alongada e cilíndrica, e também são multinucleadas, cujos núcleos se localizam na periferia celular (DAL PAI-SILVA; CARVALHO, 2007) (Figura 1). A ultraestrutura das fibras musculares mostra que são compostas por proteínas contráteis e elásticas que realizam contração e se organizam para gerar um padrão de bandas claras e escuras alternadas, as estriações transversais, e formar os sarcômeros (SILVERTHORN, 2010).

As faixas escuras são conhecidas como bandas A e as faixas claras como bandas I. Na banda A, pode-se observar uma fina faixa mais clara, enquanto a banda H é composta por filamentos espessos. Na região central da banda H, observa-se a banda M, formada por um arranjo de proteínas que unem os filamentos espessos. A banda I, constituída por filamentos finos, é dividida por uma linha escura, o disco Z. A região da miofibrila localizada entre dois discos Z forma um sarcômero (Figura 2). Os sarcômeros se unem para formar as miofibrilas, que se organizam em feixes, os fascículos musculares (DAL PAI-SILVA; CARVALHO, 2007; MATHEWSON; LIEBER, 2015; SILVERTHORN, 2010).

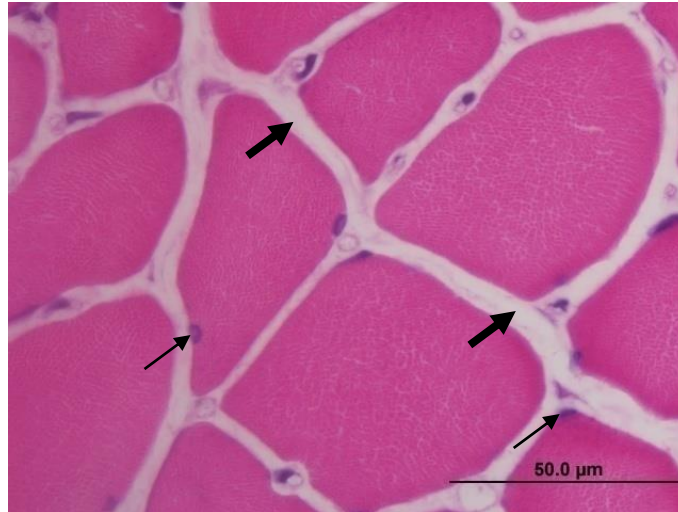


Figura 1 - Fotomicrografia da estrutura do músculo estriado esquelético. Secção transversal. Hematoxilina-Eosina (HE). Fibras multinucleadas com núcleos em posição periférica (seta fina) e endomísio (seta espessa).Fonte: autor.

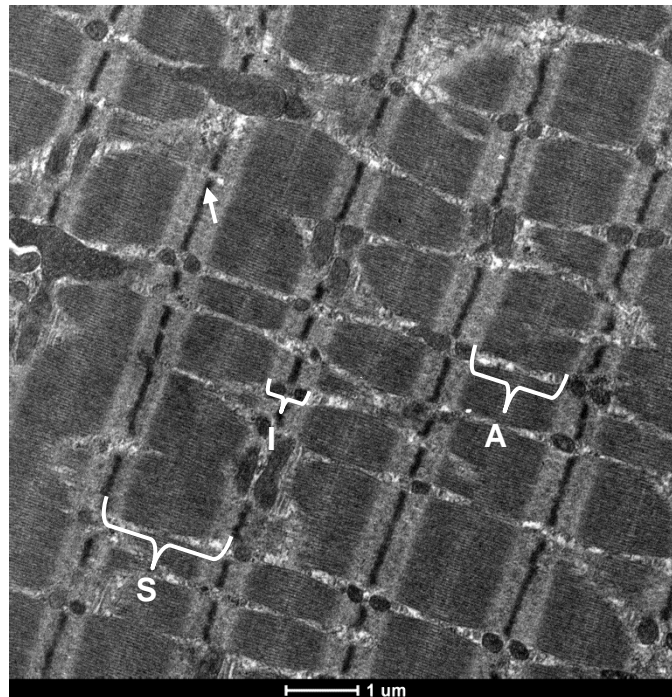


Figura 2 - Ultraestrutura da fibra muscular estriada esquelética. Miofibrilas organizadas em sarcômeros (S) com bandas A, I e linha Z (seta). Fonte: autor.

A musculatura esquelética é constituída por diferentes tipos de fibras que apresentam características morfológicas e funcionais distintas (MINAMOTO, 2005). Diferentes terminologias foram adotadas para classificar as fibras musculares como resultado de uma grande variedade de procedimentos (MINAMOTO, 2005). Dentre elas, a classificação mais utilizada foi proposta com base na atividade da enzima ATPase miofibrilar (mATPase) em meio de incubação em pH 9.4, precedido de pré-incubação em meio ácido (pH 4.3 - 4.6) e alcalino (pH 10.4 - 10.6) (BROOKE;

KAISER, 1970). As fibras musculares foram classificadas em tipos I, IIA e IIB. As fibras tipo I reagem fortemente com pré-incubação ácida e são de contração lenta; as fibras tipo IIB reagem fortemente com pré-incubação alcalina e são de contração rápida. As fibras tipo IIA respondem de forma variada à reação pela mATPase. Geralmente, a reação é moderada após pré-incubação em pH alcalino, e fraca após pré-incubação em pH ácido (BROOKE; KAISER, 1970).

Os músculos são constituídos por diferentes tipos de fibras e podem apresentar predomínio de um tipo específico. O músculo plantar é considerado um músculo de contração rápida (FULLER *et al.*, 2006), composto predominantemente por fibras tipo II (TERENA *et al.*, 2017). Desempenha função como coadjuvante nos movimentos fásicos rápidos e rítmicos de flexão plantar durante a marcha (CORNACHIONE, 2011). Em situações normais, o músculo plantar não é tonicamente ativo na manutenção da postura, porém é o extensor primário do tornozelo de ratos na corrida (JASMIN; GARDINER, 1987).

O tecido conjuntivo presente nos músculos está organizado no epimísio, perimísio e endomísio. O músculo é envolto externamente pelo epimísio, internamente em torno dos feixes de fibras encontra-se o perimísio, enquanto cada fibra muscular é circundada pelo endomísio (Figura 1) (DAL PAI-SILVA; CARVALHO, 2007; GAO *et al.*, 2008; JÄRVINEN *et al.*, 2002; JUNQUEIRA; CARNEIRO, 2013). A composição e disposição destas estruturas são importantes para a função muscular e podem sofrer alterações quando ocorrem desordens musculares (MATHEWSON; LIEBER, 2015).

A atividade muscular é controlada por estímulos provenientes do sistema nervoso e participando do mecanismo de controle encontram-se as JNMs, que são regiões sinápticas localizadas entre neurônios motores e fibras musculares esqueléticas (BLOCH-GALLEGO, 2015; WU; XIONG; MEI, 2010). Estas estruturas são responsáveis pela transmissão dos impulsos nervosos (FAGERLUND; ERIKSSON, 2009; SANES; LICHTMAN, 1999; WU; XIONG; MEI, 2010).

Os impulsos nervosos chegam até a fibra muscular por meio de um neurônio motor, o qual possui o corpo celular no corno anterior da medula espinal e se prolonga para a periferia por um axônio mielinizado, de forma que se ramifica e entra em contato com várias células musculares para formar uma unidade motora. O terminal nervoso não possui bainha de mielina como o restante do axônio, mas é coberto pelas células de Schwann (MARTYN; FAGERLUND; ERIKSSON, 2009). O

terminal nervoso é separado da superfície do músculo por uma fenda sináptica (MARTYN; FAGERLUND; ERIKSSON, 2009; NETO *et al.*, 2015). Quando o impulso nervoso atinge o terminal sináptico ocorre a liberação de neurotransmissores tais como a acetilcolina (ACh), das vesículas para a fenda sináptica. Quando a ACh atinge a membrana pós-sináptica localizada na superfície da fibra muscular se inicia um potencial de ação, levando ao estímulo ou à inibição da contração muscular (MARTYN; FAGERLUND; ERIKSSON, 2009; WALTON, 1988).

Basicamente a JNM é formada por um terminal axônico contendo ACh; células de Schwann e seus prolongamentos citoplasmáticos que envolvem o terminal axonal (exceto na membrana pré-sináptica); uma fenda, contendo a enzima acetilcolinesterase e revestida por lâmina basal, chamada goteira sináptica primária; uma membrana pós-sináptica, correspondente a uma região especializada da membrana sarcoplasmática, que contém receptores para ACh e, por fim, um sarcoplasma juncional, que suporta estrutural e metabolicamente a região pós-sináptica (FAGERLUND; ERIKSSON, 2009; OGATA, 1988; SCHIAFFINO; REGGIANE, 2011) (Figura 3). A forma e o tamanho do terminal axônico, assim como a complexidade das membranas pré e pós-sinápticas, variam de acordo com os diferentes tipos de fibras musculares (OGATA, 1988).

Para que ocorra a transmissão de forma adequada, as JNMs apresentam adaptações que variam conforme o tipo de fibra a que estão associadas (SCHIAFFINO; REGGIANE, 2011). As fibras musculares tipo I possuem JNMs com dimensões pequenas, forma arredondada ou ligeiramente elíptica, ramificação axonal grosseira com botões terminais dilatados, goteira sináptica rasa e dobras juncionais pouco profundas e simples. As fibras musculares tipo IIB apresentam JNMs com dimensões maiores, forma elíptica, terminais axônicos finos, longos, ramificados e com botões terminais delicados, goteira sináptica profunda e dobras juncionais profundas e complexas. As fibras musculares tipo IIA exibem JNMs com morfologia característica, evidenciando aspectos estruturais que ficam entre aqueles apresentados pelas fibras tipos I e IIB (OGATA, 1988).

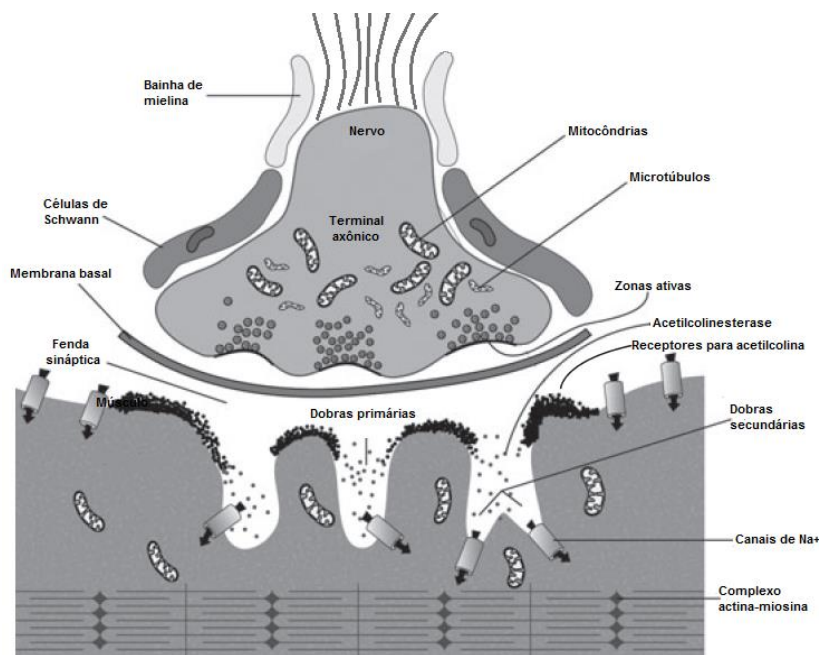


Figura 3 - Estrutura de uma junção neuromuscular e seus principais constituintes. Adaptado de Martyn, Fagerlund e Eriksson (2009).

Efeitos da PC no tecido muscular

Inicialmente, a lesão associada à PC ocorre no cérebro em desenvolvimento, no entanto, os sintomas são comumente tratados em nível muscular (MATHEWSON; LIEBER, 2015). A musculatura torna-se comprometida em pacientes espásticos, o que ocasiona redução da mobilidade (BOOTH; CORTINA-BORJA; THEOLOGIS, 2001). Com base nestas informações, estudos foram realizados com o objetivo de investigar os diferentes tipos de alterações que ocorrem na estrutura do músculo espástico em humanos. Essas alterações podem ocorrer tanto em nível macroscópico quanto microscópico (DIAS *et al.*, 2013).

Avaliações macroscópicas mostraram que músculos de pacientes com PC espástica apresentam redução do volume, da espessura e de comprimento (FRY; GOUGH; SHORTLAND, 2004; MALAIYA *et al.*, 2007; MOHAGHEGHI *et al.*, 2007; MOREAU; TEEFEY; DAMIANO, 2009). Conseqüentemente, indivíduos com PC possuem déficit mecânico que gera fraqueza na musculatura e pode ocasionar perda do controle motor e falta de equilíbrio (DIAS *et al.*, 2013; GRAHAM; SELBER, 2003). Além disso, observou-se a redução de 37% da área em secção transversa do músculo gastrocnêmio medial (BARBER; BARRETT; LICHTWARK, 2011). Resultados semelhantes a esse foram encontrados em outro estudo, quando foram avaliados os músculos reto femoral e vasto lateral de pacientes com PC, os quais

sugerem que as alterações observadas podem acarretar em diminuição da capacidade para geração de força, velocidade e amplitude de movimento (MOREAU; TEEFEY; DAMIANO, 2009).

Foi observado aumento na densidade de colágeno tipo I de acordo com a gravidade em relação à análise microscópica, com o objetivo de avaliar o papel que o tecido conjuntivo muscular desempenha na PC. Assim, quanto mais grave é o estado do distúrbio, maior é o acúmulo de colágeno no músculo (BOOTH; CORTINA-BORJA; THEOLOGIS, 2001; SMITH *et al.*, 2011). A quantidade de tecido conjuntivo é importante para seu desenvolvimento, reparação após lesão e na manutenção da fisiologia do organismo, portanto, quando presente em grande quantidade, pode trazer consequências. Desta forma, acredita-se que o excesso de colágeno pode estar envolvido no aumento da rigidez muscular observada na espasticidade e consequentemente relacionado à fibrose muscular em indivíduos com PC (BOOTH; CORTINA-BORJA; THEOLOGIS, 2001; SMITH *et al.*, 2011).

As características das fibras musculares também podem ser afetadas em pacientes com PC e apresentar aumento da área das fibras e do espaço entre fibras, assim como formato arredondado (BOOTH; CORTINA-BORJA; THEOLOGIS, 2001; MARBINI *et al.*, 2002). Ao se analisar a predominância dos diferentes tipos de fibra muscular, estudos verificaram predominância das fibras tipo I e deficiência das fibras tipo II (ITO *et al.*, 1996; MARBINI *et al.*, 2002; ROSE *et al.*, 1994). Foi também detectada variação no diâmetro da fibra muscular, especialmente nas fibras tipo I, em pacientes idosos com PC espástica. Estes achados podem estar relacionados com a gravidade e duração do estado espástico (ITO *et al.*, 1996).

Além das alterações nas fibras musculares, a organização das JNMs também pode se alterar na PC. Verificou-se em microscopia eletrônica de transmissão que houve redução das mitocôndrias pré-sinápticas, modificação na conformação das dobras pós-sinápticas e alteração na localização da acetilcolinesterase e laminina $\beta 2$, componentes da lâmina basal essenciais para organização e eficácia da neurotransmissão das JNMs, em crianças com escoliose e PC espástica (ROBINSON *et al.*, 2013).

Modelos experimentais de PC

Modelos animais têm sido utilizados na tentativa de que se reproduzam as características observadas em pacientes com PC. Para isso, levam-se em

consideração os fatores pré e pós-natais, responsáveis pelo desenvolvimento da síndrome.

O LPS, quando presente no organismo, se liga a receptores do tipo Toll e ativa o sistema imunológico ocasionando uma resposta adaptativa imune a partir da produção de citocinas inflamatórias como Interleucina 1 β (IL-1 β) e o Fator de Necrose Tumoral α (TNF- α) (KOPP; MEDZHITOV, 1999). A produção dessas citocinas pode ocasionar apoptose de oligodendrócitos, causar danos à substância branca encefálica devido à inflamação e a degeneração da mielina (DAMMANN; DURUM; LEVITON, 2001; KOPP; MEDZHITOV, 1999). Modelos animais usando infecção por LPS mostraram que, apesar de suas consequências sobre o sistema nervoso, não são geradas alterações no desenvolvimento motor, comumente observadas na PC (POGGI *et al.*, 2005; ROBERSON *et al.*, 2006; STIGGER *et al.*, 2013). No entanto, o LPS afeta a atividade e coordenação motora com o aumento dos níveis de IL-1 β e TNF- α associada a um elevado índice na fabricação de radicais livres, que ocasiona uma mielinização deficiente (STIGGER *et al.*, 2013; SVEDIN *et al.*, 2005).

Assim como o LPS a anóxia perinatal também é utilizada em estudos que envolvem a PC. A indução de hipóxi-isquemia no período embrionário leva à redução de peso e ao atraso no desenvolvimento fisiológico (ZHURAVIN; DUBROVSKAYA; TUMANOVA, 2004). Não foram observadas alterações na marcha, no peso nem na histologia do músculo quando foram avaliadas as consequências desse insulto sozinho (MARCUSOZZO *et al.*, 2008). No entanto, observou-se que a expressão de IL-1 no córtex cerebral pode aumentar, mas as medidas oxidativas não são alteradas e também induzir a um leve impacto no desenvolvimento motor (STIGGER *et al.*, 2013). Alterações motoras foram encontradas em outro estudo, ocasionadas pela atrofia cerebral, porém, a qualidade motora melhorou ao longo do período experimental. Além disso, verificou-se a redução do peso nos animais do grupo experimental (LUBICS *et al.*, 2005).

Quando os testes funcionais foram avaliados, verificou-se a redução do cruzamento e do comprimento médio da passada, sugerindo-se que insultos hipóxi-isquêmicos pré-natal induzem a um déficit funcional que persiste nos animais afetados (ROBINSON *et al.*, 2005). Injeções de LPS (a partir do 17^o dia gestacional até o final da gestação, que compreende o 21^o dia gestacional) associadas à anóxia perinatal (induzida pela ligação da artéria carótida comum direita no 1^o dia pós-natal)

ocasionaram alterações comportamentais e motoras mais intensas no grupo em que foram associados os dois insultos (GIRARD *et al.*, 2009). Quando LPS e anóxia perinatal foram combinados, houve ainda maior deficiência no desenvolvimento e coordenação motora (STIGGER *et al.*, 2013).

A anóxia perinatal quando associada à restrição sensório-motora pós-natal provoca redução do peso e alteração na marcha, que compreende redução no comprimento da passada e maior ângulo de pé, além de alterações na histologia do músculo sóleo como atrofia muscular. No grupo submetido à restrição sensório-motora com posterior treinamento locomotor, verificou-se melhora nestes fatores (MARCUIZZO *et al.*, 2008). A restrição sensório-motora pós-natal, associada ou não à anóxia perinatal, pode reduzir a taxa de crescimento corporal, aumentar o tônus muscular, ocasionar comportamento do andar anormal, atrofia das fibras musculares, degeneração articular e desorganização do córtex motor primário (STRATA *et al.*, 2004). A longo prazo, a combinação de asfixia perinatal com desuso dos membros pélvicos ocasiona atrofia das fibras musculares, alterações da matriz extracelular no músculo e degeneração articular, bem como a desorganização do córtex somatossensorial primário. Tal desorganização é maior quando são associados o desuso e a asfixia perinatal (COQ *et al.*, 2008).

Stigger *et al.*(2011) avaliaram as consequências da exposição pré-natal ao LPS, anóxia perinatal e restrição sensório-motora de forma isolada e também as possíveis combinações entre elas. E demonstraram que ratos expostos ao LPS, à anóxia perinatal e à restrição sensório-motora isoladamente ou combinados apresentaram redução do equilíbrio e coordenação no teste de Rotarod. Os animais submetidos à restrição sensório-motora (imobilização dos membros pélvicos) tiveram alterações motoras mais graves. A análise do músculo sóleo mostrou redução na área da seção transversal das fibras musculares, aumento do comprimento do sarcômero e diminuição na densidade do sarcômero no grupo restrito. Foi observada também redução na área de secção transversal das fibras no músculo tibial anterior quando os três insultos foram associados. Além disso, redução no número de fibras tipo I e aumento das fibras tipos II nos músculos sóleo e tibial anterior nos grupos com restrição sensório-motora. Com isso, sugeriu-se que os insultos isolados ou combinados possuem efeitos e diferentes gravidades sobre a atividade motora e as características musculares (STIGGER *et al.*, 2011).

Verifica-se que a combinação mais eficaz para o estudo desta desordem é a associação da infecção materna pelo LPS, anóxia perinatal e restrição sensório-motora com base na literatura consultada e nos modelos experimentais envolvendo PC. Como as características da musculatura estriada esquelética ainda não foram bem estabelecidas neste modelo, a abordagem mais completa das alterações musculares é relevante para futuras pesquisas relacionadas à PC.

REFERÊNCIAS

- ABPC - ASSOCIAÇÃO BRASILEIRA DE PARALISIA CEREBRAL: Saiba Mais – Paralisia Cerebral: Perguntas e Respostas. Disponível em: <<http://www.paralisiacerebral.org.br/saibamais05.php>>. Acesso em: 28 de agosto de 2015.
- BARBER, L.; BARRETT, R.; LICHTWARK, G. Passive muscle mechanical properties of the medial gastrocnemius in young adults with spastic cerebral palsy. **Journal of Biomechanics**, v. 44, p. 2496-2500, 2011.
- BAX, M.; GOLDSTEIN, M.; ROSENBAUM, P; LEVITON, A.; PANETH, N.; DAN, B.; JACOBSSON, B.; DAMIANO, D. Proposed definition and classification of cerebral palsy, April 2005. **Developmental Medicine and Child Neurology**, v. 47, p. 571-576, 2005.
- BLOCH-GALLEGO, E. Mechanisms controlling neuromuscular junction stability. **Cellular and Molecular Life Sciences**, v. 72, p. 1029-1043, 2015.
- BONOMO, L.M.M.; CASTRO, V.C.; FERREIRA, D.M.; MIYAMOTO, S.T. Hidroterapia na aquisição da funcionalidade de crianças com Paralisia Cerebral. **Revista Neurociências**, v. 15, p. 125-130, 2007.
- BOOTH, C.M.; CORTINA-BORJA, M.J.F.; THEOLOGIS, T.N. Collagen accumulation in muscles of children with cerebral palsy and correlation with severity of spasticity. **Developmental Medicine and Child Neurology**, v. 43, p. 314-320, 2001.
- BRASIL. Ministério da Saúde. **Diretrizes de atenção à pessoa com paralisia cerebral**. Secretaria da Atenção à Saúde – Departamento de Ações Programáticas Estratégicas, Brasília – 2013. Disponível em: http://bvsms.saude.gov.br/bvs/publicacoes/diretrizes_atencao_paralisia_cerebral.pdf. Acesso em: 25 de julho de 2015.
- BROOKE, M.H.; KAISER, K.K. Three “myosin adenosine triphosphatase” systems: the nature of their pH lability and sulfhydryl dependence. **The Journal of Histochemistry and Cytochemistry**, v. 18, p. 670-672, 1970.
- CACCIA-BAVA, M.C.G.G. **A história das famílias de crianças e adolescentes com paralisia cerebral: a dor que não sai no jornal**. 2001. 189 f. Tese

(Doutorado) – Escola de Enfermagem de Ribeirão Preto, Universidade de São Paulo, Ribeirão Preto, 2001.

COLVER, A.; FAIRHURST, C.; PHAROAH, P.O. Cerebral palsy. **Lancet**, v. 383, p. 1240-1249, 2014.

COQ, J.O; STRATA, F.; RUSSIER, M.; SAFADI, F. F.; MERZENICH, M. M.; BYL, N.N.; BARBE, M. F. Impact of neonatal asphyxia and hind limb immobilization on musculoskeletal tissues and S1 map organization: Implications for cerebral palsy. **Experimental Neurology**, v. 210, p. 95-108, 2008.

CORNACHIONE, A.S. **Efeitos da aplicação de diferentes protocolos de reabilitação em músculos esqueléticos de ratas submetidas previamente à imobilização do membro posterior direito**. 2011. Tese. Faculdade de Medicina de Ribeirão Preto da Universidade de São Paulo – Ribeirão Preto, 2011.

DAL-PAI-SILVA, M.; CAVALHO, R.F. Mecanismos celulares e moleculares que controlam o desenvolvimento e o crescimento muscular. **Revista Brasileira de Zootecnia**, v. 36, p. 21-31, 2007.

DAMMANN, O.; DURUM, S.; LEVITON, A. Do white cells matter in white matter damage? **Trends in Neurosciences**, v. 24, p. 320-324, 2001.

DIAS, C.P.; ONZI, E.S.; GOULART, N.B.A.; VAZ, M.A. Adaptações morfológicas musculares na espasticidade: revisão de literatura. **Scientia Médica**, v. 23, p. 102-107, 2013.

DODGE, N.N. Cerebral Palsy: Medical Aspects. **Pediatric Clinics of North America**, v. 55, p. 1189-1207, 2008.

FAGERLUND, M.J.; ERIKSSON, L.I. Current concepts in neuromuscular transmission. **British Journal of Anaesthesia**, v. 103, p. 108-114, 2009.

FOLKERTH, R.D. Neuropathologic substrate os cerebral palsy. **Journal of Child Neurology**, v. 20, p. 940-949, 2005.

FRY, N.R.; GOUGH, M.; SHORTLAND, A.P. Three-dimensional realization of muscle morphology and architecture using ultrasound. **Gait and Posture**, v. 20, p. 177-182, 2004.

FULLER, P.M.; BALDWIN, K.M.; FULLER, C.A. Parallel and divergent adaptations of rat soleus and plantaris to chronic exercise and hypergravity. **American journal of physiology. Regulatory, integrative and comparative physiology**, v. 290, p. R442-R448, 2006.

GAO, Y.; WAAS, A.M.; JOHN, A.F.; KOSTROMINOVA, T.Y.; WINEMAN, A.S. Micromechanical modeling of the epimysium of the skeletal muscles. **Journal of Biomechanics**, v. 41, p. 1-10, 2008.

GIRARD, S.; KADHIM, H.; BEAUDET, N.; SARRET, P.; SÉBIRE, G. Developmental motor deficits induced by combined fetal exposure to lipopolysaccharide and early neonatal hypoxia/ischemia: a novel animal model for cerebral palsy in very premature infants. **Neuroscience**, v. 158, p. 673-682, 2009.

GOMES, C.R.A.; ARAÚJO, I.F.; MACIEL, S.C. Evaluating gross motor function of cerebral palsy patients using the GMFM pre and post lower extremity orthopedic surgery. **Revista Acta Fisiátrica**, v. 21, p. 16-20, 2014.

GRAHAM, H.K.; SELBER, P. Review article: Musculoskeletal aspects of cerebral palsy. **The Journal of Bone and Joint Surgery**, v. 85-B, p.157-166, 2003.

GUYARD, A.; FAUCONNIER, J.; MERMET, M.A., CANS, C. Impact on parents of cerebral palsy in children: a literature review. **Archives de Pédiatrie** v. 18, p. 204-214, 2011.

HIMMELMANN, K.; UVEBRANT, P. The panorama of cerebral palsy in Sweden. XI. Changing patterns in the birth-year period 2003–2006. **Acta Paediatrica**, v. 103, p. 618-624, 2014.

ITO, J.; ARAKI, A.; TANAKA, H.; TASAKI, T.; CHO, K.; YAMAZAKI, R. Muscle histopathology in spastic cerebral palsy. **Brain and Development**, v. 18, p. 299-303, 1996.

JÄRVINEN, T.A.H.; JÓZSA, L.; KANNUS, P.; JÄRVINEN, T.L.N.; JÄRVINEN, M. Organization and distribution of intramuscular connective tissue in normal and immobilized skeletal muscles. **Journal of Muscle Research and Cell Motility**, v. 23, p. 245-254, 2002.

JASMIN, B.J.; GARDINER, P.F. Patterns of EMG activity of rat plantaris muscle during swimming and other locomotor activities. **Journal applied of physiology**, v. 63, p. 713-718, 1987.

JOHNSTON, M.V.; HOON, J.A.H. Cerebral Palsy – Review Article. **Neuromolecular Medicine**, v. 8, p. 435-450, 2006.

JONES, M.W.; MORGAN, E.; SHELTON, J.E.; THOROGOOD, C. Cerebral palsy: Introduction and diagnosis (part I). **Journal of Pediatric Health Care**, v. 21, p. 146-152, 2007.

JONES, M.W.; MORGAN, E.; SHELTON, J.E. Cerebral palsy: Introduction and diagnosis (part I). **Journal of Pediatric Health Care**, v. 21, p. 146-152, 2007.

JUNQUEIRA, L.C.; CARNEIRO, J. **Histologia Básica**. 12. ed. Rio de Janeiro: Guanabara Koogan, 2013. 538p.

KOMAN, L.A.; SMITH, B.P.; SHILT, J.S. Cerebral palsy. **Lancet**, v. 363, p. 1619-1631, 2004.

KOPP, E.B.; MEDZHITOV, R. The Toll-receptor family and control of innate immunity. **Current Opinion in Immunology**, v. 11, p. 13-18, 1999.

KRIGGER, K.W. Cerebral Palsy: An Overview. **American Family Physician**, v. 73, p. 91-100, 2006.

LIMA, R.C.; FURLAN, J.B.; SANTOS, S.R.G.; BARREROS, R.; ADÃO, E.E.; CARVALHO, R.L. Os avanços da tecnologia assistiva para pessoas com paralisia cerebral no Brasil: revisão de literatura. **Revista da Universidade Vale do Rio Verde**, v. 12, p. 841-851, 2014

LUBICS, A.; REGLŐDI, D.; TAMÁS, A.; KISS, P.; SZALAI, M.; SZALONTAY, L.; LENGVÁRI, I. Neurological reflexes and early motor behavior in rats subjected to neonatal hypoxic–ischemic injury. **Behavioural Brain Research**, v. 157, p. 157-165, 2005.

MACLENNAN, A. A template for defining a causal relation between acute intrapartum events and cerebral palsy: international consensus statement. **British Medical Journal**, v. 319, p. 1054-1059, 1999.

MALAIYA, R.; MCNEE, A.E.; FRY, N.R.; EVE, L.C.; GOUGH, M.; SHORTLAND, A.P. The morphology of the medial gastrocnemius in typically developing children and children with spastic hemiplegic cerebral palsy. **Journal of Electromyography and Kinesiology**, v. 17, p. 657-663, 2007.

MARBINI, A.; FERRARI, A.; CIONI, G.; BELLANOVA, M.F.; FUSCO, C.; GEMIGNANI, F. Immunohistochemical study of muscle biopsy in children with cerebral palsy. **Brain and Development**, v. 24, p. 63-66, 2002.

MARCUZZO, S.; DUTRA, M.F.; STIGGER, F.; NASCIMENTO, P.S.; ILHA, J.; KALIL-GASPAR, P.I.; ACHAVAL, M. Beneficial effects of treadmill training in a cerebral palsy-like rodent model: Walking pattern and soleus quantitative histology. **Brain Research**, v. 1222, p. 129-140, 2008.

MARCUZZO, S.; DUTRA, M.F.; STIGGER, F.; NASCIMENTO, P. S.; ILHA, J.; KALIL-GASPAR, P. I.; ACHAVAL, M. Different effects of anoxia and hind-limb immobilization on sensorimotor development and cell numbers in the somatosensory cortex in rats. **Brain and Development**, v. 32, p. 323-331, 2010.

MARTYN, J.A.J.; FAGERLUND, M.J.; ERIKSSON, L.I. Basic principles of neuromuscular transmission. **Anaesthesia**, v. 64, p. 1-9, 2009.

MATHEWSON, M.A.; LIEBER, R.L. Pathophysiology of muscle contractures in cerebral palsy. **Physical Medicine and Rehabilitation Clinics of North America**, v. 26, p. 57-67, 2015.

MINAMOTO, V.B. Classificação e adaptações das fibras musculares: uma revisão. **Fisioterapia e Pesquisa**, v. 12, p. 50-55, 2005.

MIURA, R.T.; PETEAN, E.B.L. Paralisia cerebral grave: o impacto na qualidade de vida de mães cuidadoras. **Advances in Health Psychology**, v. 20, p. 7-12, 2012.

MOHAGUEGUI, A.A.; KHAN, T.; MEADOWS, T.H.; GIANNIKAS, K.; BALZPOULOS, V.; MAGANARIS, C.N. Differences in gastrocnemius muscles architecture between the paretic and non-paretic legs in children with hemiplegic cerebral palsy. **Clinical Biomechanics**, v. 22, p. 718-724, 2007.

MOREAU, N.G.; TEEFEY, S.A.; DAMIANO, D.L. In vivo muscle architecture and size of the rectus femoris and vastus lateralis in children and adolescents with cerebral palsy. **Developmental Medicine and Child Neurology**, v. 51, p. 800-806, 2009.

NETO, W.K.; CIENA, A.P.; ANARUMA, C.A.; SOUZA, R.R.; GAMA, E.F. Effects of exercise on neuromuscular junction components across age: systematic review of animal experimental studies, **BioMed Central**, v. 8, p. 1-15, 2015.

OGATA, T. Structure of motor endplates in the different fiber types of vertebrate skeletal muscles. **Archives of Histology and Cytology**, v. 51, p. 385-424, 1988.

OLIVEIRA, L.B.; DANTAS, A.C.L.M.; PAIVA, J.C.; LEITE, L.P.; FERREIRA, P.H.L.; ABREU, T.M.A. Recursos fisioterapêuticos na paralisia cerebral pediátrica. **Revista Científica da Escola da Saúde**, v. 2, p. 25-37, 2013.

PIN, T.W.; ELMASRY, J.; LEWIS, J. Efficacy of botulinum toxin A in children with cerebral palsy in Gross Motor Function Classification System levels IV and V: a systematic review. **Developmental Medicine and Child Neurology**, v. 55, p. 304-313, 2013.

PIOVESANA A.M.S.G.; VAL FILHO, J.A.C.; LIMA, C.L.; FONSECA, M.S.; MURER, A.P. Encefalopatia crônica (paralisia cerebral): etiologia, classificação e tratamento clínico. In: Fonseca LF, Pianetti G, Xavier CG, editores. *Compêndio de neurologia infantil*. Rio de Janeiro: Medsi; 2002. p. 825-838.

POGGI, S.H.; PARK, L.; TOSO, L.; ABEBE, D.; ROBERSON, R.; WOODARD, J.E.; SPONG, C.Y. No phenotype associated with established lipopolysaccharide model for cerebral palsy. **American Journal of Obstetrics and Gynecology**, v. 192, p. 727-733, 2005.

ROBERSON, R.; WOODARD, J.E.; TOSO, L.; ABEBE, D.; POGGI, S.H.; SPONG, C.Y. Postnatal inflammatory rat model for cerebral palsy: tão different from humans. **American Journal of Obstetrics and Gynecology**, v. 195, p. 1038-1044, 2006.

ROBINSON, K.G; MENDONÇA, J.L; MILITAR, J.L.; THEROUX, M.C.; DABNEY, K.W.; SHAH, S.A.; MILLER, F.; AKINS, R.E. Disruption of Basal Lamina Components in Neuromotor Synapses of Children with Spastic Quadriplegic Cerebral Palsy. **Plos One**, v. 8, p. 2-16, 2013.

ROBINSON, S.; PETELENZ, K.; LI, Q.; COHEN, M.L.; DECHANT, A.; TABRIZI, N.; BUCEK, M.; LUST, D.; MILLER, R.H. Developmental changes induced by graded prenatal systemic hypoxic-ischemic insults in rats. **Neurobiology of Disease**, v. 18, p. 568-581, 2005.

ROCHA, A.P.; AFONSO, D.R.V.; MORAIS, R.L.S. Relação entre desempenho funcional de crianças com paralisia cerebral e qualidade de vida relacionada à saúde de seus cuidadores. **Fisioterapia e Pesquisa**, v. 15, p. 292-297, 2008.

ROSE, J.; HASKELL, W.L.; GAMBLE, J.G.; HAMILTON, R.L.; BROWN, D.A.; RINSKY, L. Muscle pathology and clinical measures of disability in children with cerebral palsy. **Journal of Orthopaedic Research**, v. 12, p. 758-768, 1994.

ROSENBAUM, P.; PANETH, N.; LEVITON, A.; GOLDSTEIN, M.; BAX, M.; DAMIANO, D.; DAN, B.; JACOBSSON, B. A report: the definition and classification of cerebral palsy April 2006. **Developmental Medicine and Child Neurology**, v. 109, p. 8-14, 2007.

ROTTA, N.T. Paralisia cerebral, novas perspectivas terapêuticas. **Jornal de Pediatria**, v. 78, p. S48-S54, 2002.

SÁ, S.M.P.; RABINOVICH, E.P. Compreendendo a família da criança com deficiência física. **Journal of Human Growth and Development**, v. 16, p. 68-84, 2006.

SANES, J.R.; LICHTMAN, J.W. Development of the vertebrate neuromuscular junction. **Annual Review of Neuroscience**, v. 22, p. 389-442, 1999.

SCHIAFFINO, S.; REGGIANE, C. Fiber types in mammalian skeletal muscles. **Physiological reviews**, v. 91, p. 1447-1531, 2011.

SILVERTHORN, D.U. **Fisiologia Humana: Uma Abordagem Integrada**. 5ªed. Porto Alegre: Artmed, 2010. 957p.

SMITH, L.R.; LEE, K.S.; WARD, S.R.; CHAMBERS, H.G.; LIEBER, R.L. Hamstring contractures in children with spastic cerebral palsy result from a stiffer extracellular matrix and increased *in vivo* sarcomere length. **The Journal of Physiology**, v. 589, p. 2625-2639, 2011.

SOUZA, M.F.; OLIVEIRA, R.G.; BOTARO, C.A.; AGOSTINHO, L.A.; PAIVA-OLIVEIRA, E.L. Desempenho funcional em crianças com paralisia cerebral. **Revista Científica da Faminas**, v. 9, p. 35-46, 2013.

STIGGER, F., FELIZZOLA, A.L., KRONBAUER, G.A., COUTO, G.K., ACHAVAL, M., MARCUZZO, S. Effects of fetal exposure to lipopolysaccharide, perinatal anoxia and sensorimotor restriction on motor skills and musculoskeletal tissue: implications for an animal model of cerebral palsy. **Experimental Neurology**, v. 228, p. 183-91, 2011.

STIGGER, F.; LOVATEL, G.; MARQUES, M.; BERTOLI, K.; MOYSÉS, F.; ELSNER, V.; SIQUEIRA, I.R.; ACHAVAL, M.; MARCUZZO, S. Inflammatory response and oxidative stress in developing rat brain and its consequences on motor behavior following maternal administration of LPS and perinatal anoxia. **International Journal of Developmental Neuroscience**, v. 31, p. 820-827, 2013.

STRATA, F.; COQ, J.O.; BYL, N.; MERZENICH, M.M. Effects of sensorimotor restriction and anoxia on gait and motor cortex organization: implications for a rodent model of cerebral palsy. **Neuroscience**, v. 129, p. 141-156, 2004.

SVEDIN, P.; KJELLMER, I.; WELIN, A.K.; BLAD, S.; MALLARD, C. Maturation effects of lipopolysaccharide on white-matter injury in fetal sheep. **Journal of Child Neurology**, v. 20, p.960-964, 2005.

TERENA, S.M.L.; FERNANDES, K.P.S.; BUSSADORI, S.K.; DEANA, A.S.; MESQUITA-FERRARI, R.A. Systematic Review of the synergist muscle ablation model for compensatory hypertrophy. **Revista da Associação Médica Brasileira**, v. 63, p. 164-172, 2017.

VAN HANDEL, M.; SWAAB, H.; VRIES, L.S.; JONGMANS, J. Long-term cognitive and behavioral consequences of neonatal encephalopathy following perinatal asphyxia: a review. **European Journal of Pediatrics**, v. 166, p. 645-654, 2007.

VICENTE, A.V. **Utilização da técnica de Kachesov como tratamento alternativo para crianças portadoras de paralisia cerebral: estudo de caso clínico**. 2014. Dissertação. Escola Superior de Tecnologia da Saúde de Lisboa/Instituto Politécnico de Lisboa – Lisboa, 2014.

VOLPE, J.J.; KINNEY, H.C.; JENSEN, F.E.; ROSENBERG, P.A. Reprint of “The developing oligodendrocyte: key cellular target in brain injury in the premature infant”. **International Journal of Developmental Neuroscience**, v. 29, p. 565-582, 2011.

WALTON, W.J.N. The anatomy and physiology of the motor unit. *In: Disorders of voluntary muscle*. 5. ed. Edinburgh: Churchill Livingstone, 1988.

WIJESINGUE, C.J.; FONSEKA, P.; HEWAGE, C.G. The development and validation of an instrument to assess caregiver burden in cerebral palsy: Caregiver difficulties scale. **The Ceylon Medical Journal**, v. 58, p. 162-167, 2013.

WU, H.; XIONG, W.C.; MEI, L. To build a synapse: signaling pathways in neuromuscular junction assembly. **Development**, v. 137, p. 1017-1033, 2010.

ZHU, L.H.; JIANG, L. Advancement of periventricular leukomalacia in the premature infant. **Zhonghua Er Ke Za Zhi**, v. 44, p. 192-196, 2006.

ZHURAVIN, I.A.; DUBROVSKAYA, N.M.; TUMANOVA, N.L. Postnatal Physiological Developmental of Rats after Acute Prenatal Hypoxia. **Neuroscience and Behavioral Physiology**, v. 34, p. 809-816, 2004.

ARTIGO CIENTÍFICO

**MORPHOFUNCTIONAL CHARACTERISTICS OF SKELETAL
MUSCLE IN RATS WITH CEREBRAL PALSY**

Morphofunctional characteristics of skeletal muscle in rats with cerebral palsy

Pâmela Buratti^{a,*}, Caroline Covatti^a, Lígia Aline Centenaro^b, Rose Meire Costa Brancalhão^a,

Marcia Miranda Torrejais^a

^a Programa de Pós-Graduação em Biociências e Saúde, UNIOESTE, Cascavel, Paraná, Brazil.

^b Centro de Ciências Médicas e Farmacêuticas, UNIOESTE, Cascavel, Paraná, Brazil.

*Corresponding author:

Residential Address: Rua Rio da Paz, 492, apto 3, Bairro Nova Cidade, Cascavel, PR, Brasil

Institutional Address: Rua Universitária, 1619, Jardim Universitário, Cascavel, PR, Brasil

Mobile phone number: (+55) 45 - 98818-7275

Institutional telephone number: (+55) 45 - 3220 - 3194

Email: pamela_buratti@hotmail.com

Abbreviations: CP –cerebral palsy; LPS – lipopolysaccharide; P – postnatal day; CG – control group; CPG – cerebral palsy group; HE – hematoxylin-eosin; NADH-TR – nicotinamide adenine dinucleotide-tetrazolium reductase.

Financial support: This study was supported by Coordenação de Aperfeiçoamento de Pessoal de Nível Superior (CAPES), Brazil.

Conflicts of interest: none.

ABSTRACT

Knowledge of the adaptations that occur in skeletal muscle is important for the understanding of the functional deficits found in cerebral palsy (CP). Therefore, the objective of this study was to investigate the morphofunctional characteristics of striated muscle in an animal model of CP. For induction of CP, pregnant *Wistar* rats were injected intraperitoneally with saline or lipopolysaccharide (LPS) over the last 5 days of pregnancy (gestational days 17 to 21). The control group ($n = 8$) consisted of male pups born to females injected with saline. The CP group ($n = 8$) consisted of male pups born to females injected with LPS, which were submitted to perinatal anoxia (day of birth, postnatal day 0 - P0) and sensorimotor restriction (P1 to P30). The open-field test was undertaken on P29 and P45. On P48, the animals were weighed and the plantaris muscle was collected and its weight and length were measured. Muscle fiber morphology was analyzed by light microscopy after staining with hematoxylin-eosin and NADH-TR and by transmission electron microscopy. Intramuscular collagen was evaluated by staining with Masson's trichrome and neuromuscular junctions by the nonspecific esterase reaction. The parametric Student *t*-test and nonparametric Mann-Whitney test were used for statistical analysis. In the CP group, reductions were observed in mobility time, number of crossings and rearing frequency, as well as in body weight, muscle weight and length, and nucleus-to-fiber and capillary-to-fiber ratios. In addition, there was an increase in collagen percentage; a reduction in the area and an increase in the number of type I muscle fibers; an increase in myofibrillar disorganization and Z-line disorganization and dissolution, and a reduction in the area and largest and smallest diameters of neuromuscular junctions. In conclusion, the animal model of CP produced morphofunctional alterations in striated muscle, causing motor deficits as demonstrated by the results of the open-field test.

Keywords: lipopolysaccharide; perinatal anoxia; sensorimotor restriction; ultrastructure; neuromuscular junction

1. INTRODUCTION

Cerebral palsy (CP) describes a group of permanent disorders affecting movement and posture, which are attributed to nonprogressive disturbances that occur in the developing fetal or infant brain (Rosenbaum et al., 2007). The estimated incidence of CP in developed countries is 2 to 3 per 1,000 live births (Pin et al., 2013; Souza et al., 2013). However, in underdeveloped or developing countries, this incidence can reach 7 per 1,000 live births (Piovesana et al., 2002). The high incidence of CP observed in Brazil might be related to inadequate prenatal and neonatal care (Brasil, 2013).

The pathophysiology of CP is not fully understood, but might be related to events that occur during neural development triggered by pre-, peri- or postnatal factors (Agarwal and Verma, 2012). The main prenatal factor in the etiology of CP are infections (Jacobsson and Hagberg, 2004; Dodge, 2008). Preterm birth and intrapartum asphyxia increase the risk of developing CP during the perinatal period (Jacobsson and Hagberg, 2004). Postnatal causes include infections, traumas, and anoxic injury (Dodge, 2008; Hugues et al., 2012). Considering these risk factors, experimental models have been proposed to standardize a protocol of CP using insults of prenatal exposure to lipopolysaccharide (LPS; the structural component of most Gram-negative bacteria), perinatal anoxia, and sensorimotor restriction (Strata et al., 2004; Marcuzzo et al., 2008; Stigger et al., 2011a). These insults alone or in combination exert different effects and severity on motor activity and muscle characteristics. Their combination appears to better represent the alterations observed in humans (Stigger et al., 2011a).

Patients with CP exhibit a series of disorders of movement, posture and coordination that can vary according to type, severity and etiology (McCullough et al., 2013). In this respect, knowledge of the changes that occur in skeletal muscle is essential to understand the impairment of functional capacity in patients with CP (Dias et al., 2013). Therefore, the objective of the present study was to investigate the morphofunctional characteristics of striated muscle in an animal model of CP.

2. MATERIAL AND METHODS

2.1. Animals and experimental induction of CP

All animal procedures of this study were approved by the Ethics Committee on Animal Use of Unioeste (Approval No. 24/16; Appendix A). Litters were obtained using 3-month-old *Wistar* rats (11 females and 6 males). These animals were housed in polycarbonate boxes (27 x 26 x 31 cm) covered with shavings and kept under controlled conditions of temperature ($20 \pm 2^\circ\text{C}$) and light (12-h light/dark cycle), with water and standard chow available *ad libitum*.

First, the females were submitted to colpocytological examination for the verification of estrous cycle. When in the receptive phase (proestrus), the females were transferred to individual cages (19 x 11 x 10 cm) with one male for mating. Once pregnancy was confirmed by colpocytological examination, the pregnant females were injected intraperitoneally with sterile saline (100 μL) or LPS (200 $\mu\text{g}/\text{kg}$ in 100 μL sterile saline). These injections were administered at intervals of 12 h from day 17 to day 21 of gestation (end of pregnancy) (Stigger et al., 2011a).

On the day of birth (postnatal day 0, P0), the litters were standardized. Male pups derived from at least four litters were divided into two groups: control group (CG, $n = 8$)

consisting of pups born to females injected with saline during pregnancy; CP group (CPG, $n = 8$) consisting of pups born to females injected with LPS during pregnancy and submitted to perinatal anoxia and sensorimotor restriction.

Perinatal anoxia was induced on P0 by placing pups of CPG in a closed chamber partially immersed in water at $37 \pm 1^\circ\text{C}$, under a nitrogen (100%) flow of 9 L/min for 20 min. Next, the pups were rapidly removed, kept under normal atmospheric conditions, and observed until return to their normal breathing pattern (Stigger et al., 2011a). Pups of CG were submitted to a similar procedure and maintained for the same period of time in the chamber, which remained open and with normal flow of atmospheric air.

From P1 to P30, animals of CPG were submitted to sensorimotor restriction for 16 hours/day. The pelvic limbs of the animals were bound together with microporous adhesive tape and the hip, knee and ankle were held in an extended position with a properly positioned epoxy mold adjusted to the size of the animal. This type of restriction permits the animal to perform limited movements of the hip and slight ankle movements become possible over time (Strata et al., 2004). This intervention appears to be well tolerated by pups and does not restrict miction, defecation, suckling or other maternal care (Marcuzzo et al., 2008). The pelvic limbs of CG animals were manipulated for approximately 2 min, a period similar to that necessary to place the immobilization device in CPG (Strata et al., 2004).

2.2. Evaluation of motor activity in the open-field test

Locomotor activity was evaluated on P29 and P45 using the open-field test. The test uses a box (40 x 100 x 100 cm) whose floor is subdivided into 12 squares (33.3 x 25 cm). The behavior of the animals was filmed by positioning a video camera (height of 150 cm) in such a way that it would encompass the whole field. The animals were first placed in the northeast corner of the box and filmed for 5 min. The recordings were used to collect the following

data: number of crossings (number of squares crossed by the animal during the test); rearing frequency (number of times the animal stands only on its pelvic limbs, keeping its thoracic limbs elevated), and grooming frequency (raising the thoracic limbs to the nose) (Stigger et al., 2013).

2.3. Collection of the plantaris muscle

At 48 days of age, the animals were weighed on an analytical scale (Shimadzu UX620H, São Paulo, Brazil) and anesthetized by intraperitoneal injection of ketamine hydrochloride (50 mg/kg; Cristália, Brazil) and xylazine hydrochloride (10 mg/kg; Cristália, Brazil). For collection of the plantaris muscle, the skin of the pelvic limbs was elevated and the gastrocnemius and soleus muscles were removed for exposure and bilateral dissection of the plantaris muscle. The length (mm) of the right muscle antimere (muscle belly) was then measured with a digital caliper (Digimess[®], São Paulo, Brazil) and the specimen was weighed on an analytical scale (Shimadzu UX620H, São Paulo, Brazil). The right and left muscle antimeres were cut transversely into smaller fragments with a stainless-steel blade for histological and histoenzymological analysis of muscle fibers and histochemical study of neuromuscular junctions (NMJs).

2.4. Study of muscle fibers and intramuscular collagen

For the study of muscle fibers and intramuscular collagen, the right antimere of the plantaris muscle was removed and kept at room temperature for 30-40 min (Khan, 1977). After this period, the material was covered with neutral talc for tissue preservation (Moline and Glenner, 1964), frozen in liquid nitrogen for 2 min, transferred to cryotubes, and stored in a biofreezer at -80°C for subsequent processing. The muscle segments thus frozen were transferred to a cryostat chamber (LUPETEC CM 2850 Cryostat Microtome) at -20°C and

maintained for 30 min for temperature stabilization. Next, the ends of these segments were glued to a metal support with Jung Tissue Freezing Medium (Leica, Germany). The muscle specimens were cut into 7- μ m semi-serial sections (in which the five sections in between were discarded) and submitted to the staining technique and enzymatic reaction described below.

2.4.1. Histological study

Cross-sections of the plantaris muscle were stained with hematoxylin-eosin (HE) (Junqueira and Junqueira, 1983). These HE-stained slides were used for the quantification of nuclei, muscle fibers and capillary-to-fiber ratio in 10 microscopic fields (40X objective) per animal. The number of nuclei and muscle fibers was used to determine the nucleus-to-fiber ratio. To obtain the capillary-to-fiber ratio, muscle fibers covering the upper right margins were included in the count, while those found in the lower left margins were excluded from the analysis in order to minimize errors, since capillaries present in the microscopic fields belonged to the vascularization of all fibers, including those that were not complete in the image. Quantification was performed individually by two trained evaluators and the mean of the two values was used for analysis (Fernandes et al., 2012).

The presence of collagen in connective tissue was also evaluated. Cross-sections of the plantaris muscle were stained with Masson's trichrome (Bancroft and Stevens, 1990) and the percentage of intramuscular collagen was obtained by analyzing three microscopic images per animal (20X objective).

2.4.2. Histoenzymological and morphometric study

Cross-sections of the muscle were also submitted to the nicotinamide adenine dinucleotide-tetrazolium reductase (NADH-TR) reaction as described by Pearse (1972) and modified by Dubowitz and Brooke (1973). The material obtained was used for the analysis of

oxidative and glycolytic metabolism of the three types of muscle fibers. Morphometric analysis of approximately 200 muscle fibers was performed by measuring their respective areas in cross-sections of the plantaris muscle. The three types of muscle fibers were also quantified. Three microscopic fields per animal were randomly chosen (20X objective).

2.5. Ultrastructural study of muscle fibers

For the ultrastructural study of muscle fibers, the left antimer of the plantaris muscle was removed and fixed in Karnovsky fixative (Karnovsky, 1965). The specimens were cut into approximately 1-mm wide longitudinal fragments for processing. These fragments were washed in 0.1 M phosphate buffer, pH 7.3 (15 min), and postfixed in 1% osmium tetroxide in the same buffer (2 hours). The specimens were then washed in distilled water (3 times of 5 min each), incubated in 0.5% uranyl acetate in aqueous solution (2 hours), dehydrated in an increasing acetone series, and immersed in a mixture of resin and 100% acetone (12 hours) for subsequent embedding in resin. Fields showing the largest amount of adequate material for analysis were selected in semi-thin sections (0.5 μm thick), and ultrathin (90 nm thick) sections were then obtained with an ultramicrotome (Ultracut UCT, Leica[®], Germany). The ultrathin sections were stained with a saturated solution of uranyl acetate (20 min) and lead citrate (10 min) for subsequent analysis.

2.6. Histochemical and morphometric study of NMJs

For analysis of NMJs, a fragment of the left antimer of the plantaris muscle was removed and fixed in Karnovsky fixative (Karnovsky, 1965). This fragment was cut longitudinally into several slices with a stainless-steel blade and the sections obtained were submitted to the nonspecific esterase reaction (Lehrer and Ornstein, 1959). For morphometry,

the area and largest and smallest diameters of 100 NMJs were measured in microscopic images (20X objective).

2.7. Image analysis

The morphology and morphometry of muscle fibers and NMJs were analyzed in images captured with an Olympus Bx60[®] microscope equipped with an Olympus DP71 camera (Tokyo, Japan) using the DP Controller 3.2.1 276 software. This material was analyzed using the Image Pro Plus 6.0[®] program (Media Cybernetics, Maryland, USA). For ultrastructural analysis, the material was examined and photographed under a transmission electron microscope (CM100, Philips[®], The Netherlands).

2.8. Statistical analysis

The data were analyzed with the GraphPad Prism[®] program (La Jolla, USA), considering the results of the Kolmogorov-Smirnov test of normality. Normally distributed data were analyzed by the Student *t*-test, while the Mann-Whitney test was used for nonparametric analysis. A *p* value < 0.05 was considered significant.

3. RESULTS

3.1. Motor activity

Evaluation of the locomotor parameters showed reductions of 23% in mobility time (*p* = 0.0012), of 42% in the number of crossings (*p* = 0.0003), and of 57% in rearing frequency (*p* = 0.0008) in CPG animals at 29 days of age when compared to CG. At 45 days, animals of CPG exhibited a reduction of 32% in mobility time (*p* = 0.0344) and of 41% in rearing

frequency ($p = 0.0310$) compared to CG. The other parameters evaluated at 29 and 45 days of age were similar in the two groups studied (Table 1).

3.2. Macroscopic parameters

Macroscopic inspection was performed on the day of euthanasia, at 48 days of age. There was a body weight reduction of 18% in CPG animals compared to CG ($p = 0.0009$). With respect to muscle characteristics, a reduction in the weight (50%; $p = 0.0009$) and length (24%; $p = 0.0007$) of the plantaris muscle was observed in CPG when compared to CG. Muscle weight in relation to body weight was reduced by 36% in CPG animals ($p = 0.009$), demonstrating a significant loss of muscle tissue (Table 2).

3.3. Morphology and morphometry of muscle fibers and intramuscular collagen

The general architecture of skeletal muscle fibers was preserved. These fibers had a polygonal shape, were multinucleated with peripheral nuclei, and were organized into fascicles. Blood capillaries were found interspersed among muscle fibers in the connective tissue (Figure 1A and 1B).

There was no significant difference in the area of muscle fibers stained with HE between the groups studied ($p = 0.073$). Analysis of fiber count showed a reduction of 29% in CPG compared to CG ($p = 0.023$). No significant difference in the number of peripheral nuclei was found between the two groups ($p = 0.178$). The nucleus-to-fiber ratio was reduced by 33% in CPG compared to CG ($p = 0.002$) (Table 2). Evaluation of the capillary-to-fiber ratio showed a 36% reduction in CPG compared to CG ($p = 0.002$) (Figure 1E).

Collagen was predominant in the perimysium that surrounds the muscle fiber bundles (Figure 1C and 1D). There was an increase of 27% in the percentage of intramuscular collagen in CPG compared to CG ($p = 0.038$) (Figure 1F).

The muscle fibers were classified as proposed by Brooke and Kaiser (1970). The NADH-TR reaction demonstrated the presence of type I (small diameter and intense oxidative activity), IIA (intermediate diameter and moderate oxidative activity), and IIB (large diameter and weak oxidative activity) fibers in the two groups studied (Figure 2A and 2B). The mean area of type I fibers was reduced by 20% in CPG compared to CG ($p = 0.024$), while no significant difference was observed for type IIA ($p = 0.292$) or IIB fibers ($p = 0.732$) (Figure 2C). With respect to muscle fiber count, the number of type I fibers was 35% higher in CPG compared to CG ($p = 0.034$), while type IIA or IIB fiber count did not differ between groups (Figure 2D).

Ultrastructural analysis by transmission electron microscopy showed a well-defined morphology of the muscle fibers in CG, which were organized in sarcomeres following the striated pattern of light and dark bands (I and A bands, respectively) (Figure 3A). Ultrastructural alterations characterized by disorganization of the myofibrillar pattern and Z- and M-line were observed in CPG (Figure 3B). Statistical analysis revealed a significant increase in Z-line disorganization (333.3%; $p = 0.034$; Figure 3C), myofibrillar disorganization (142.8%; $p = 0.0026$; Figure 3D), and Z-line dissolution (184.2%; $p = 0.0011$; Figure 3E) in CPG when compared to CG.

3.4. Morphology and morphometry of NMJs

The NMJs had an oval, round and elliptical shape in CG and CPG (Figure 4A and 4B). Morphometric analysis revealed a reduction in the area (25%; $p = 0.004$) and in the largest (11%; $p = 0.048$) and smallest diameter (11%; $p = 0.031$) of NMJs in CPG compared to CG (Figure 4C, 4D and 4E).

4. DISCUSSION

The use of animal models for the investigation of human diseases is only relevant if cellular responses occur in both the human and the animal organism (Feather-Schussler and Ferguson, 2016). Regarding CP, no well-established experimental model exists for the study of encephalopathy. Stigger et al. (2011a) proposed that the combination of prenatal exposure to LPS, perinatal anoxia and sensorimotor restriction is more effective in reproducing the characteristics observed in patients with CP. However, studies evaluating in detail the striated muscle in this experimental model are sparse. The present study provides additional results regarding the effects of the model proposed by Stigger et al. (2011a) on the motor function and morphology of muscle fibers and NMJs of the plantaris muscle.

The evolution of locomotor parameters was evaluated in the open-field test at 29 and 45 days of age. The results showed a reduction in mobility time, number of crossings and rearing frequency at 29 days of age in CPG animals compared to CG. With the removal of sensorimotor restriction at 30 days of age, the mobility time and rearing frequency continued to be altered in CPG at 45 days of age. Reduced activity in the open-field test has been reported by other authors in models of hypoxia-ischemia (Schuch et al., 2016) and CP (Girard et al., 2009; Silva et al., 2016). These alterations might be due to a decrease in exploratory activity or an increase in anxiety (Lubics et al., 2005; Carletti et al., 2012). Furthermore, studies have shown that prematurity and hypoxic events affect the striatum (Jamon, 2006; Durán-Carabali et al., 2017), which is responsible for the initiation and control of movement (Piek et al., 2008). Thus, we believe that the present results are related to damage to the striated body that leads to the motor deficits observed.

The evaluation of body parameters showed a reduction in body weight and in the weight and length of the plantaris muscle in CPG compared to CG. Other studies also

demonstrated a weight reduction in animals with CP (Marcuzzo et al., 2010; Silva et al., 2016). This finding could be attributed to muscle atrophy or lower bone density caused by sensorimotor restriction (Marcuzzo et al., 2010). The ratio between body weight and muscle weight showed marked impairment of muscle weight when compared to the total body weight of CPG animals. Reduced muscle weight and length are common features observed in patients with CP that can cause mechanical deficits, resulting in muscle weakness, loss of motor control and lack of balance (Graham and Selber, 2003; Dias et al., 2013). These changes are suggested to be due to the limitation of movement caused by immobilization, compromising muscle development (Marques et al., 2014) that occurs between the 4th and 6th postnatal week in rats (Dayanidhi and Lieber, 2014).

The remodeling capacity of skeletal muscle permits its adaptation according to functional demands (Mathewson and Lieber, 2015; Baehr et al., 2016). In the present study, a reduction was observed in the number of nuclei and, consequently, in the nucleus-to-fiber ratio in CPG. According to the myonuclear domain hypothesis, each nucleus is responsible for a specific amount of sarcoplasm and for the necessary protein synthesis in the respective domain (Mitchell and Pavlath, 2004). The myonuclear domain is not fixed and varies according to muscle fiber type, being inversely related to the oxidative capacity of the muscle fiber (Van Der Meer et al., 2011). Because of their high oxidative activity, type I muscle fibers have a smaller myonuclear domain than type IIA and IIB fibers (Jaspers et al., 2006). In this respect, the number of nuclei per fiber is related to cell volume and muscle fiber atrophy is therefore associated with the loss of nuclei (Van Der Meer et al., 2011; Delhaas et al., 2013). The reduction in cell volume requires less protein turnover and consequently a smaller number of nuclei for production of the necessary protein volume (Van Wessel et al., 2010). Thus, the reduction in the nucleus-to-fiber ratio found might be related to the atrophy of type I muscle fibers observed in this study.

Since the number of capillaries is directly proportional to muscle mass (Kano et al., 2000), reduced capillarity may be associated with the reduction in type I muscle fiber area observed in this study. Decreased muscle activity and immobilization reduce the capillary network and consequent oxygen supply (Pontén and Stal, 2007). This affects muscle metabolism, increasing fatigability due to impaired supply of energy substrates and oxygen, factors that are important for maintaining essential metabolic characteristics of the muscle (Degens and Always, 2006; Schiaffino and Reggiane, 2011). Another factor is the accumulation of connective tissue, which was also found in the present study, impairing intramuscular blood circulation by increasing the connective tissue barrier between the capillary and muscle fiber (Järvinen et al., 2002).

Connective tissue is important for providing mechanical support to muscles (Gagliano et al., 2013). Its composition and arrangement interfere with muscle function and are altered in the presence of muscle disorders (Mathewson and Lieber, 2015). Immobilization causes an increase in intramuscular connective tissue that results in the loss of extensibility and movement limitation (Järvinen et al., 2002; Pucciarelli et al., 2016). An increase in intramuscular collagen has been observed in patients with CP, which is associated with the installation of stiffness observed in disused muscles (Booth et al., 2001; Smith et al., 2011). In this study, a higher percentage of collagen in connective tissue was found in CPG. Since the same was observed by other authors who combined perinatal anoxia and sensorimotor restriction in an experimental model of CP (Coq et al., 2008), we believe that these insults were responsible for the increase in collagen percentage.

Studies using the same model of CP as employed here have shown muscle fiber atrophy in soleus (Marques et al., 2014) and tibialis anterior muscle (Stigger et al., 2011a). Muscle atrophy is a feature seen in patients with CP (Marbini et al., 2002) and type I fibers are more susceptible to the alterations resulting from inactivity in these patients (Walden et

al., 2012; Wang and Pessin, 2013). In the present study, a reduction in the cross-sectional area of type I fibers was observed in CPG, in agreement with the literature, while no changes were found for type IIA or IIB fibers. This result may be explained by the metabolism of each muscle fiber type. Type I fibers require high protein turnover and therefore depend on a higher rate of protein synthesis and degradation than type IIA and IIB fibers (Appel, 1990). Given this knowledge and since muscle vascularization is impaired in this model, we believe that the metabolic substrates are not sufficient to maintain protein synthesis in CPG animals. Since type I fibers are dependent on a higher protein supply, it is suggested that they are more affected, with the observation of significant differences compared to type IIA and IIB fibers that were able to maintain their metabolism. Thus, muscle fiber atrophy is an adaptive response to reduce metabolic demands in order to protect cell viability and the contractile function of the muscle (Clanton and Klawitter, 2001). In addition, muscle fiber atrophy has been associated with fiber adaptation to motor disabilities caused by brain injury and loss of sarcomeres (Mohaguegui et al., 2007). There was also an increase in the number of type I fibers, which is associated with a reduction in fiber area, resulting in a larger number of fibers per microscopic field analyzed.

The ultrastructure of muscle fibers is little studied in CP. To our knowledge, this is the first study to evaluate skeletal muscle ultrastructure in an animal model of CP. The changes observed, including Z-line disorganization, myofibrillar disorganization and Z-line dissolution, were focal, corroborating the results obtained for patients with CP. In humans, Marbini et al. (2002) demonstrated various degrees of myofibrillar disorganization or disorientation, with focal loss of the striated pattern which was always accompanied by changes in the Z-line. The Z-line provides transverse support to the sarcomere, ensuring transmission of contraction force in the myofibril (Schiaffino and Reggiane, 2011). Desmin filaments are linked to the Z-line through crystallin and plectin, forming a network among

myofibrils in the sarcoplasm and the sarcolemma which protects against the mechanical stress during muscle contraction (Clark et al., 2002). It is important to note that the contractile apparatus is bound to the basement membrane through association with the Z-line and M-line. The contractile force is thus transmitted to the basement membrane where it is transmitted laterally to the muscle end (Clark et al., 2002). Taken together, these findings reinforce that the loss of structural organization observed, even if focal, compromises the contractile action of the whole muscle.

The structural integrity of NMJs influences neuromuscular transmission and consequently muscle function (Pratt et al., 2015). In spastic children, transmission electron microscopy analysis showed a reduction in presynaptic mitochondria, modifications in postsynaptic folds, and changes in structures that are essential for the organization and efficiency of neurotransmission in NMJs (Robinson et al., 2013). The interruption of motor activity during development results in modifications in the peripheral nervous system (Marcuzzo et al., 2008), since the mechanical activity applied to the muscle fiber is important for the maturation of innervation (Greensmith et al., 1998). Animals submitted to sensorimotor restriction exhibit a reduced cross-sectional area of motoneurons (Stigger et al., 2011b). The morphology of NMJs adapts to the functional demands of different motor units (Sieck et al., 2012) and depends on the muscle fibers with which they are associated (Schiaffino and Reggiane, 2011). Few studies have investigated the changes that occur in NMJs in animal models of CP. In the present study, reductions were observed in the area and largest and smallest diameters of the NMJs analyzed. We suggest these results to be related to the atrophy of type I muscle fibers discussed above and that sensorimotor restriction was the determinant factor of these changes. Since these structures are affected in patients with CP, this animal model appears to reproduce some of the characteristics observed in studies on humans.

5. CONCLUSION

The animal model of CP that combines prenatal exposure to LPS, perinatal anoxia and sensorimotor restriction caused the accumulation of intramuscular collagen, muscle fiber atrophy, and ultrastructural alterations in muscle fibers and NMJs. These adaptations culminated in motor deficits demonstrated by the open-field test. This model showed the relationships between structural alterations in striated muscle and could be used in animal studies investigating CP, thereby contributing to the development of new therapeutic strategies designed to improve the quality of life of patients with this disorder.

ACKNOWLEDGEMENTS

We thank Universidade Estadual do Oeste do Paraná (Unioeste), Cascavel; Universidade Estadual Paulista “Júlio de Mesquita Filho” (Unesp), Botucatu; and Coordenação de Aperfeiçoamento de Pessoal de Nível Superior for the postgraduate fellowship granted to the first author.

REFERENCES

Agarwal, A., Verma, I., 2012. Cerebral palsy in children: an overview. *J. Clin. Orthop. Trauma.*3, 77-81.

Appel, H.J., 1990. Muscular atrophy following immobilisation. *Sports. Med.* 10, 42-58.

Baehr, L.M., West, D.W.D, Marcotte, G., Marshall, A.G., Sousa, L.G., Baar, K., Bodine, S.C., 2016. Age-related deficits in skeletal muscle recovery following disuse are associated with neuromuscular junction instability and ER stress, not impaired protein synthesis. *Aging.* 8, 127-146.

Bancroft, J.D., Stevens, A., 1990. *Theory and practice of histological techniques.* 3rd ed. Churchill Livingstone: Edinburg.

Booth, C.M., Cortina-Borja, M.J.F., Theologis, T.N., 2001. Collagen accumulation in muscles of children with cerebral palsy and correlation with severity of spasticity. *Dev. Med. Child. Neurol.* 43, 314-320.

Brasil., 2013. Ministério da Saúde. Diretrizes de atenção à pessoa com paralisia cerebral. Secretaria da Atenção à Saúde – Departamento de Ações Programáticas Estratégicas, Brasília

– 2013. Available at:
http://bvsmms.saude.gov.br/bvs/publicacoes/diretrizes_atencao_paralisia_cerebral.pdf.

Brooke, M.H., Kaiser, K.K., 1970. Three “myosin adenosine triphosphatase” systems: the nature of their pH lability and sulfhydryl dependence. *J. Histochem. Cytochem.* 18, 670-672.

Carletti, J.V., Deniz, B.F., Miguel, P.M., Rojas, J.J., Kolling, J., Scherer, E.B., Wyse, A.T.S., Netto, C.A., Pereira, L.O., 2012. Folic acid prevents behavioral impairment and Na⁺, K⁺ - ATPase inhibition caused by neonatal hypoxia-ischemia. *Neurochem. Res.* 37, 1624-1630.

Clanton, T.L., Klawitter, A.P.F., 2001. Physiological and genomic consequences of intermittent hypoxia invited review: adaptive responses of skeletal muscle to intermittent hypoxia: the known and unknown. *J. Appl. Physiol.* 90, 2476-2487.

Clark, K.A., McElhinny, A.S., Beckerle, M.C., Gregorio, C.C., 2002. Striated muscle cytoarchitecture: An intricate web of form and function. *Annu. Rev. Cell. Dev. Biol.* 18, 637-706.

Coq, J.O., Strata, F., Russier, M., Safadi, F.F., Merzenich, M.M., Byl, N.N., Barbe, M.F., 2008. Impact of neonatal asphyxia and hind limb immobilization on musculoskeletal tissues and S1 map organization: Implications for cerebral palsy. *Exp. Neurol.* 210, 95-108.

Dayanidhi, S., Lieber, R.L., 2014. Skeletal muscle satellite cells: Mediators of muscle growth during development and implications for developmental disorders. *Muscle. Nerve.* 50, 723-732.

Degens, H., Always, S.E., 2006. Control of muscle size during disuse, disease, and aging. *Int. J. Sports. Med.* 27, 94-99.

Delhaas, T., Van Der Meer, S.E.T., Schaart, G., Degens, H., Drost, M.R., 2013. Steep increase in myonuclear domain size during infancy. *Anat. Rec.* 296, 192-197.

Dias, C.P., Onzi, E.S., Goulart, N.B.A., Vaz, M.A., 2013. Adaptações morfológicas musculares na espasticidade: revisão de literatura. *Sci. Med.* 23, 102-107.

Dodge, N.N. 2008. Cerebral Palsy: Medical Aspects. *Pediatr. Clin. North. Am.* 55, 1189-1207.

Dubowitz, V., Brooke, M., 1973. *Muscle biopsy: a modern approach*. 1rd ed. London: Saunders.

Durán-Carabali, L.E., Sanches, E.F., Marques, M.R., Aristimunha, D., Pagnussat, A., Netto, C.A., 2017. Longer hypoxia-ischemia periods to neonatal rats causes motor impairments and muscular changes. *Neurosci.* 340, 291-298.

Feather-Schussler, D., Ferguson, T.S., 2016. A battery of motor tests in a neonatal mouse model of cerebral palsy. *J. Vis. Exp.* 117, 1-12.

Fernandes, T., Roque, F.R., Magalhães, F.C., Carmo, E.C., Oliveira, E.M., 2012. O treinamento físico aeróbico corrige a rarefação capilar e as alterações nas proporções dos tipos de fibra muscular esquelética em ratos espontaneamente hipertensos. *Rev. Bras. Med. Esporte.* 18, 267-272.

Gagliano, N., Menon, A., Martinelli, C., Pettinari, L., Panour, A., Milzani, A., Dalle-Donne, I., Portinaro, N.M., 2013. Tendon structure and extracellular matrix components are affected by spasticity in cerebral palsy patients. *Muscles. Ligaments. Tendons. J.* 3, 42-50.

Girard, S., Kadhim, H., Beaudet, N., Sarret, P., Sébire, G., 2009. Developmental motor deficits induced by combined fetal exposure to lipopolysaccharide and early neonatal hypoxia/ischemia: A novel animal model for cerebral palsy in very premature infants. *Neurosci.* 158, 673-682.

Graham, H.K., Selber, P., 2003. Review article: Musculoskeletal aspects of cerebral palsy. *J. Bone. Joint. Surg. Br.* 85-B, 157-166.

Greensmith, L., Harding, D.I., Meyer, M.P., Vrbová, G., 1998. Mechanical activity is necessary for the elimination of polyneuronal innervation of developing rat soleus muscles. *Dev. Brain. Res.* 110, 131-134.

Hugues, C.X., Gardner, R., Pyman, J., Toomey, K., Gargan, M.F., 2012. Orthopaedic assessment and management of cerebral palsy. *Orthop. Trauma.* 26, 280-291.

Jacobsson, B., Hagberg, G., 2004. Antenatal risk factors for cerebral palsy. *Best. Pract. Res. Clin. Obstet. Gynaecol.* 8, 425-436.

Jamon, M., 2006. The early developmental of motor control in neonate rat. *C. R. Palevol.* 5, 657-666.

Järvinen, T.A.H., Józsa, L., Kannus, P., Järvinen, T.L.N., Järvinen, M., 2002. Organization and distribution of intramuscular connective tissue in normal and immobilized skeletal muscles. *J. Muscle. Res. Cell. Motil.* 23, 245-254.

Jaspers, R.T., Feenstra, H.M., Van Beek-Harmsen, B.J., Huijing, P.A., Van Der Laarse, W.J., 2006. Differential effects of muscle fibre length and insulin on muscle-specific mRNA content in isolated mature muscle fibers during long-term culture. *Cell. Tissue. Res.* 326, 795-808.

Junqueira, L.C., Junqueira, L.M.M., 1983. *Técnicas básicas de citologia e histologia*. 1st ed. São Paulo: Santos.

Kano, Y., Shimegi, S., Takahashi, H., Masuda, K., Katsuta, S., 2000. Changes in capillary luminal diameter in rat soleus muscle after hind-limb suspension. *Acta. Physiol. Scand.* 169, 271-276.

Karnovsky, M.J., 1965. A formaldehyde-glutaraldehyde fixative of high osmolality for use in electron microscopy. *J. Cell. Biol.* 27, 1A-149A.

Khan, M.A., 1977. The histoenzymology of striated muscle fibers: an overview. *Cell. Mol. Biol. Incl. Cyto. Enzymol.* 22, 383-393.

Lehrer, G.M., Ornstein, L., 1959. A diazo coupling method for the electron microscopic localization of cholinesterase. *J. Biophys. Biochem. Cytol.* 6, 399-419.

Lubics, A., Reglödi, D., Tamás, A., Kiss, P., Szalai, M., Szalontay, L., Lengvári, I., 2005. Neurological reflexes and early motor behavior in rats subjected to neonatal hypoxic-ischemic injury. *Behav. Brain. Res.* 157, 157-165.

Marbini, A., Ferrari, A., Cioni, G., Bellanova, M.F., Fusco, C., Gemignani, F., 2002. Immunohistochemical study of muscle biopsy in children with cerebral palsy. *Brain. Dev.* 24, 63-66.

Marcuzzo, S., Dutra, M.F., Stigger, F., Nascimento, O.S., Ilha, J., Kalil-Gaspar, P.I., Achaval, M., 2008. Beneficial effects of treadmill training in a cerebral palsy-like rodent model: Walking pattern and soleus quantitative histology. *Brain. Res.* 1222, 129-140.

Marcuzzo, S., Dutra, M.F., Stigger, F., Nascimento, O.S., Ilha, J., Kalil-Gaspar, P.I., Achaval, M., 2010. Different effects of anoxia and hind-limb immobilization on sensorimotor development and cell numbers in the somatosensory cortex in rats. *Brain. Dev.* 32, 323-331.

Marques, M.R., Stigger, F., Segabinazi, E., Augustin, O.A., Barbosa, S., Piazza, F.V., Achaval, M., Marcuzzo, S., 2014. Beneficial effects of early environmental enrichment on motor development and spinal cord plasticity in a rat model of cerebral palsy. *Behav. Brain. Res.* 263, 149-157.

Mathewson, M.A., Lieber, R.L., 2015. Pathophysiology of muscle contractures in cerebral palsy. *Phys. Med. Rehabil. Clin. N. Am.* 26, 57-67.

McCullough, N., Parkers, J., Kerr, C., McDowell, B.C., 2013. The health of children and young people with cerebral palsy: a longitudinal, population-based study. *Int. J. Nurs. Stud.* 50, 747-756.

Mitchell, P.O., Pavlath, G.K., 2004. Skeletal muscle atrophy leads to loss and dysfunction of muscle precursor cells. *Am. J. Physiol. Cell. Physiol.* 287, C1753-C1762.

Mohaguegui, A.A., Khan, T., Meadows, T.H., Giannikas, K., Baltzopoulos, V., Maganaris, C.N., 2007. Differences in gastrocnemius muscles architecture between the paretic and non-paretic legs in children with hemiplegic cerebral palsy. *Clin. Biomech.* 22, 718-724.

Moline, S.W., Glenner, G.G., 1964. Ultrarapid tissue freezing in liquid nitrogen. *J. Histochem. Cytochem.* 12, 777-778.

Pearse, A.G.E., 1972. *Histochemistry: theoretical and applied*. 3rd ed. Baltimore: Williams e Wilkins.

Piek, J.P., Dawson, L., Smith, L.M., Gasson, N., 2008. The role of early fine and gross development on later motor and cognitive ability. *Hum. Mov. Sci.* 27, 668-681.

Pin, T.W., Elmasry, J., Lewis, J., 2013. Efficacy of botulinum toxin A in children with cerebral palsy in Gross Motor Function Classification System levels IV and V: a systematic review. *Dev. Med. Child. Neurol.* 55, 304-313.

Piovesana, A.M.S.G., Val Filho, J.A.C., Lima, C.L., Fonseca, M.S., Murer, A.P., 2002. Encefalopatia crônica (paralisia cerebral): etiologia, classificação e tratamento clínico. In: Fonseca, L.F., Pianetti, G., Xavier, C.G., editores. *Compêndio de neurologia infantil*. Rio de Janeiro: Medsi; p. 825-838.

Pontén, E.M., Stal, P.S., 2007. Decreased capillarization and a shift to fast myosin heavy chain Iix in the biceps brachii muscle from young adults with spastic paresis. *J. Neurol. Sci.* 253, 25-33.

Pratt, S.J.P., Valencia, A.P., Le, G.K., Shad, S.B., Lovering, R.M., 2015. Pre- and postsynaptic changes in the neuromuscular junction in dystrophic mice. *Front. Physiol.* 6, 1-9.

Pucciarelli, M.L.R., Mattiello, S.M., Martinez, E.Z., Mattiello-Sverzut, A.C., 2016. Eccentric exercise and stretching for plantar flexor muscles applied during 21 days after immobilization do not modify the non-contractile tissue. *Fisioter. Pesqui.* 23, 118-123.

Robinson, K.G., Mendonça, J.L., Militar, J.L., Theroux, M.C., Dabney, K.W., Shah, S.A., Miller, F., Akins, R.E., 2013. Disruption of basal lamina components in neuromotor synapses of children with spastic quadriplegic cerebral palsy. *Plos. One.* 8, 2-16.

Rosenbaum, P., Paneth, N., Leviton, A., Goldstein, M., Bax, M., Damiano, D., Dan, B., Jacobsson, B., 2007. A report: the definition and classification of cerebral palsy April 2006. *Dev. Med. Child. Neurol.* 109, 8-14.

Schiaffino, S., Reggiane, C., 2011. Fiber types in mammalian skeletal muscles. *Physiol. Rev.* 91, 1447-1531.

Schuch, C.P., Jeffers, M.S., Antonescu, S., Nguemeni, C., Gomez-Smith, M., Pereira, L.O., Morshead, C.M., Corbett, D., 2016. Enriched rehabilitation promotes motor recovery in rats exposed to neonatal hypoxia-ischemia. *Behav. Brain. Res.* 304, 42-50.

Sieck, D.C., Zhan, W., Fang, Y., Ermilov, L.G., Sieck, G.C., Mantilla, C.B., 2012. Structure-activity relationships in rodent diaphragm muscle fibers vs. neuromuscular junctions. *Respir. Physiol. Neurobiol.* 180, 88-96.

Silva, K.O.G., Pereira, S.C., Portovedo, M., Milanski, M., Galindo, L.C.M., Guzmán-Quevedo, O., Manhães-de-Castro, R., Toscano, A.E., 2016. Effects of maternal low-protein diet on parameters of locomotor activity in a rat model of cerebral palsy. *Int. J. Dev. Neurosci.* 52, 38-45.

Smith, L.R., Lee, K.S., Ward, S.R., Chambers, H.G., Lieber, R.L., 2011. Hamstring contractures in children with spastic cerebral palsy result from a stiffer extracellular matrix and increased *in vivo* sarcomere length. *J. Physiol.* 589, 2625-2639.

Souza, M.F., Oliveira, R.G., Botaro, C.A., Agostinho, L.A., Paiva-Oliveira, E.L., 2013. Desempenho funcional em crianças com paralisia cerebral. *Os. Cient. Faminas.* 9, 35-46.

Stigger, F., Felizzola, A.L., Kronbauer, G.A., Couto, G.K., Achaval, M., Marcuzzo, S., 2011a Effects of fetal exposure to lipopolysaccharide, perinatal anoxia and sensorimotor restriction

on motor skills and musculoskeletal tissue: implications for an animal model of cerebral palsy. *Exp. Neurol.* 228, 183-91.

Stigger, F., Lovatel, G., Marques, M., Bertoli, K., Moysés, F., Elsner, V., Siqueira, I.R., Achaval, M., Marcuzzo, S., 2013. Inflammatory response and oxidative stress in developing rat brain and its consequences on motor behavior following maternal administration of LPS and perinatal anoxia. *Int. J. Dev. Neurosci.* 31, 820-827.

Stigger, F., Nascimento, O.S., Dutra, M.F., Couto, G.K., Ilha, J., Achaval, M., Marcuzzo, S., 2011b. Treadmill training induces plasticity in spinal motoneurons and sciatic nerve after sensorimotor restriction during early postnatal period: new insights into the clinical approach for children with cerebral palsy. *Int. J. Devl. Neuroscience.* 29, 833-838.

Strata, F., Coq, J.O., Byl, N., Merzenich, M.M., 2004. Effects of sensorimotor restriction and anoxia on gait and motor cortex organization: implications for a rodent model of cerebral palsy. *Neurosci.* 129, 141-156.

Van Der Meer, S.T.F., Jaspers, R.T., Degens, H., 2011. Is the myonuclear domain size fixed? *J. Musculoskelet. Neuronal. Interact.* 11, 286-297.

Van Wessel, T., Haan, A., Van Der Laarse, W.J., Jaspers, R.T., 2010. The muscle fiber type-fiber size paradox: hypertrophy or oxidative metabolism? *Eur. J. Appl. Physiol.* 110, 665-694.

Walden, F., Jakobsson, F., Edström, L., Nader, G.A., 2012. Altered autophagy gene expression and persistent atrophy suggest impaired remodeling in chronic hemiplegic human skeletal muscle. *Muscle. Nerve.* 46, 785-792.

Wang, Y., Pessin, J.E., 2013. Mechanisms for fiber-type specificity of skeletal muscle atrophy. *Curr. Opin. Clin. Nutr. Metab. Care.* 16, 243-250.

Table 1. Mobility time, number of crossings and rearing and grooming frequency of control animals and animals with cerebral palsy at 29 and 45 days of age.

Parameter (n = 8)	CG	CPG	CG	CPG
	P29	P29	P45	P45
Mobility time (s)	165.4 ± 22.7	126.3 ± 15.1**	99.9 ± 20.3	67.2 ± 33.7*
Crossings	119.8 ± 15.1	69.4 ± 26.0***	89.5 ± 26.1	58.5 ± 35.2
Rearing	46.2 ± 11.2	19.9 ± 13.5***	29.9 ± 11.3	17.7 ± 8.7*
Grooming	4.4 ± 1.6	5.0 ± 2.6	2.6 ± 1.6	4.4 ± 1.8

CG: control group; CPG: cerebral palsy group; P29: 29 days of age; P45: 45 days of age.

Values are expressed as the mean ± standard deviation. *p < 0.05; **p < 0.01; ***p < 0.001 (Student *t*-test).

Table 2. Macroscopic and microscopic parameters of control rats and rats with cerebral palsy at 48 days of age.

Parameter	CG	CPG
Body weight (g) ^a	198.5 ± 5.3	162 ± 16.2***
Plantaris muscle weight (g) ^a	0.2 ± 0.05	0.1 ± 0.03***
Muscle length (mm) ^b	26.2 ± 3	19.9 ± 2.8***
Muscle weight/body weight ratio ^a	0.11 ± 0.02	0.07 ± 0.02***
Muscle fiber area (μm ²) ^b	1461 ± 120	1214 ± 238.5
Number of muscle fibers ^b	361.8 ± 38.1	467.8 ± 77.1*
Number of peripheral nuclei ^b	458.6 ± 47.4	397.6 ± 79.1
Nucleus-to-fiber ratio ^b	1.3 ± 0.2	0.8 ± 0.1**

CG: control group; CPG: cerebral palsy group.

Values are expressed as the mean ± standard deviation. Macroscopic parameters: $n = 8$. Microscopic parameters: $n = 5$. ^aMann-Whitney test; ^bStudent t -test. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$.

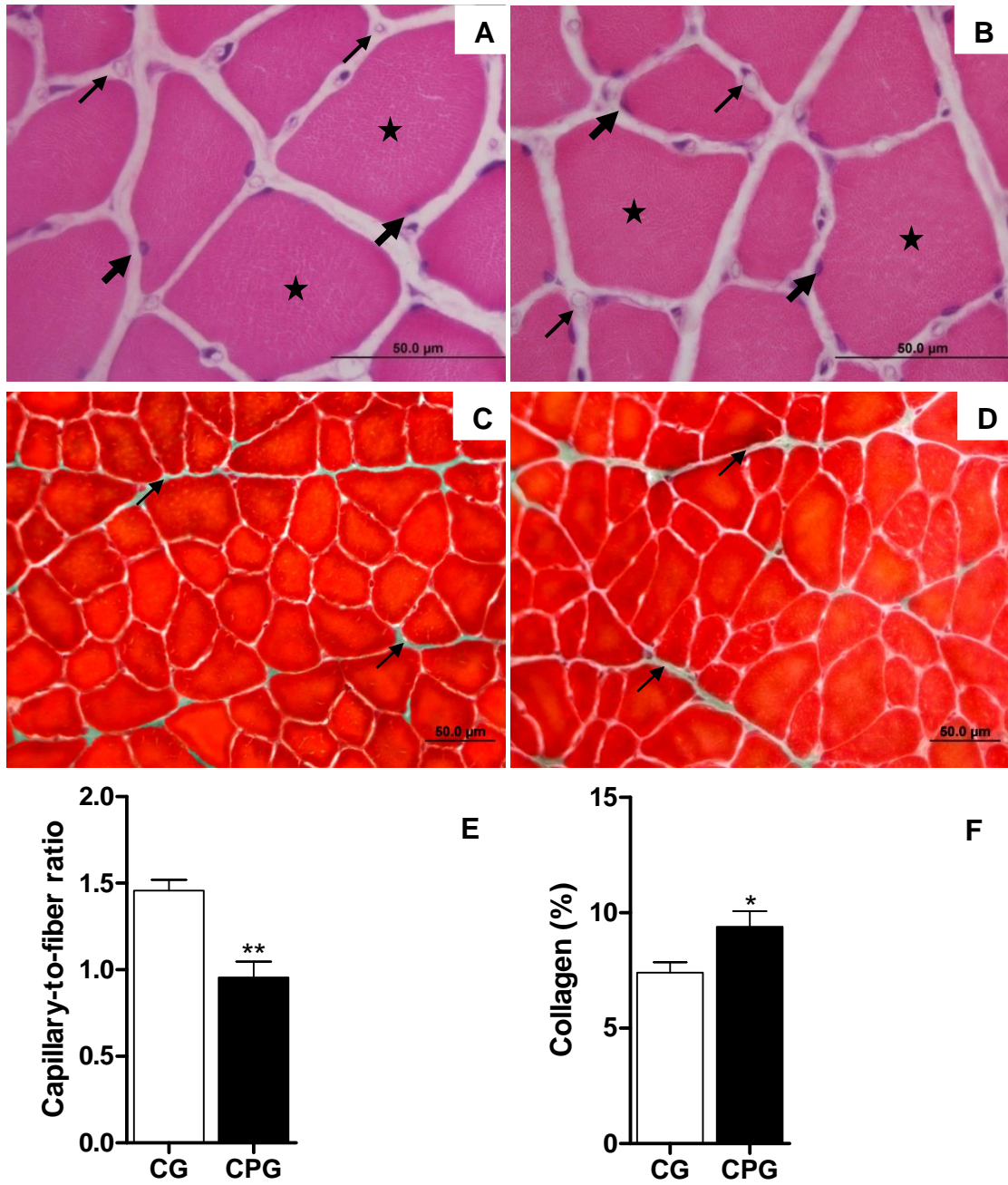


Figure 1. Photomicrographs of cross-sections of the plantaris muscle obtained from 48-day-old *Wistar* rats. **A and B:** Muscle fibers (star), peripheral nuclei (thick arrow) and capillaries (thin arrow) in the control (CG) and cerebral palsy group (CPG), respectively. HE. **C and D:** Perimysium (arrow) in CG and CPG, respectively. Masson's trichrome. **E:** Capillary-to-fiber ratio in CG and CPG. **F:** Percentage of intramuscular collagen in CG and CPG. Values are expressed as the mean \pm standard deviation. * $p < 0.05$; ** $p < 0.01$ (Student *t*-test).

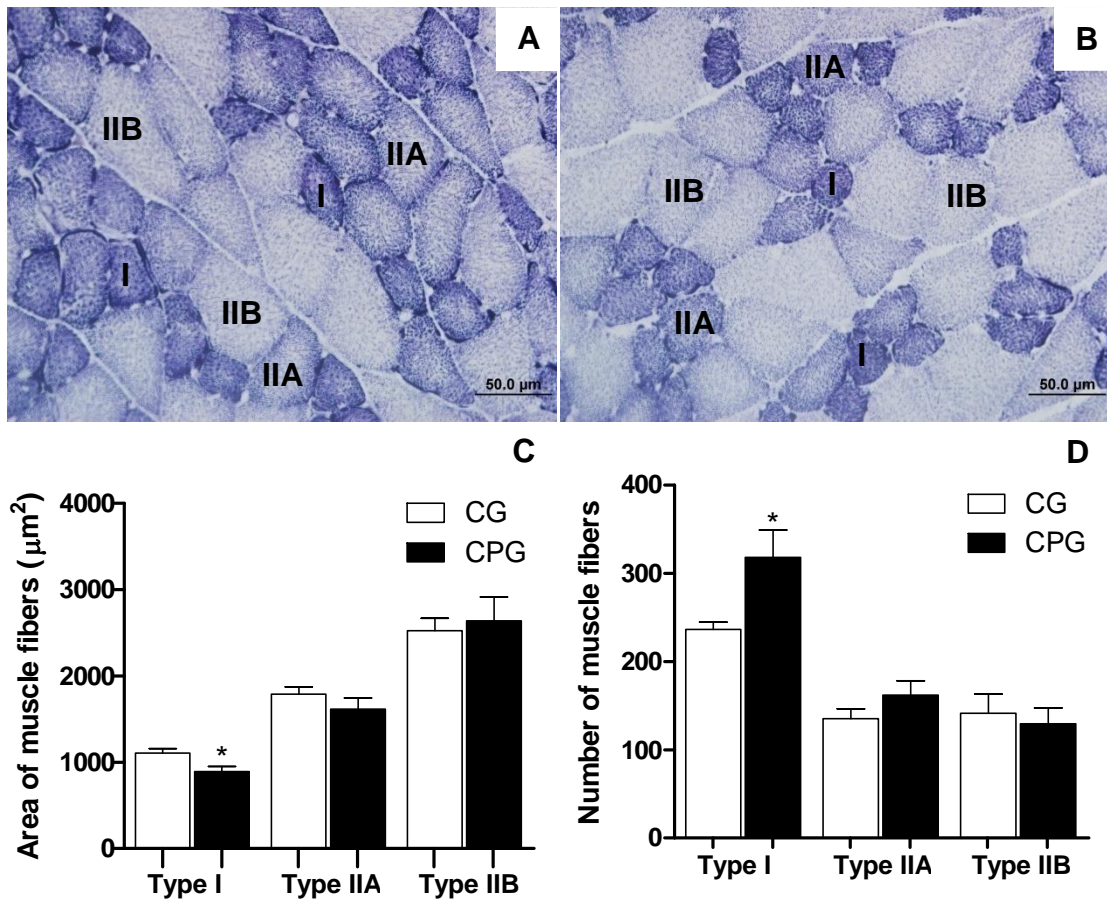


Figure 2. Photomicrographs of cross-sections of the plantaris muscle obtained from 48-day-old *Wistar* rats and submitted to the NADH-TR reaction. **A and B:** Type I, IIA and IIB muscle fibers in the control (CG) and cerebral palsy group (CPG), respectively. **C and D:** Comparison of area and number of the different muscle fiber types between animals of CG and CPG. Values are expressed as the mean \pm standard deviation. * $p < 0.05$ (Student *t*-test).

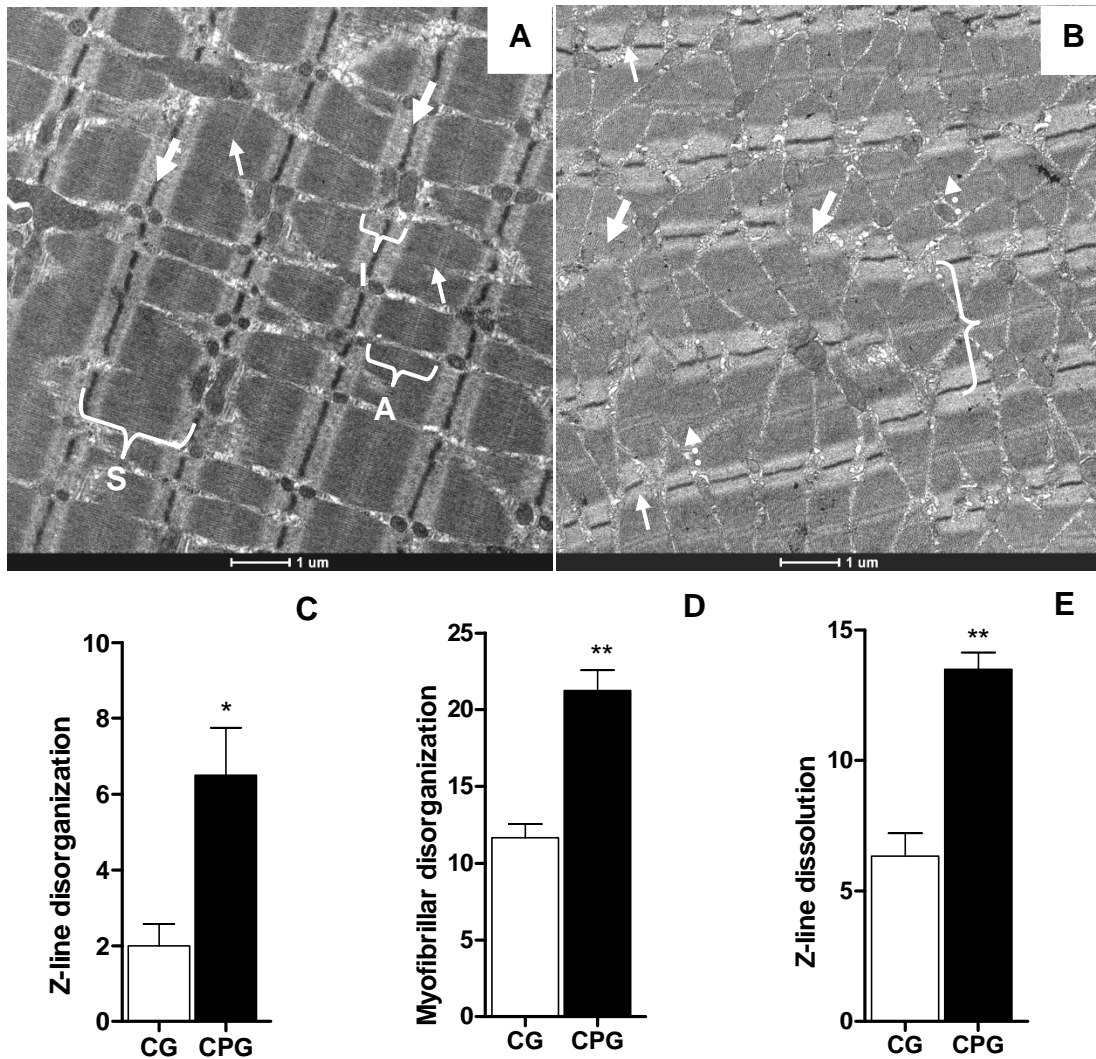


Figure 3. Electromicrographs of longitudinal sections of the plantaris muscle obtained from 48-day-old *Wistar* rats. **A:** Preserved muscle fiber showing the organized sarcomere (S), A-band (A), I-band (I), Z-line (thick arrow), and M-line (thin arrow) in the control group (CG). **B:** Muscle fiber showing a disorganized Z-line (thin arrow), disorganized M-line (dotted arrow), myofibrillar disorganization (brace), and Z-line dissolution (thick arrow) in the cerebral palsy group (CPG). **C, D and E:** Comparison of Z-line disorganization, myofibrillar disorganization and Z-line dissolution between CG and CPG. Values are expressed as the mean \pm standard deviation. * $p < 0.05$; ** $p < 0.01$ (Student *t*-test).

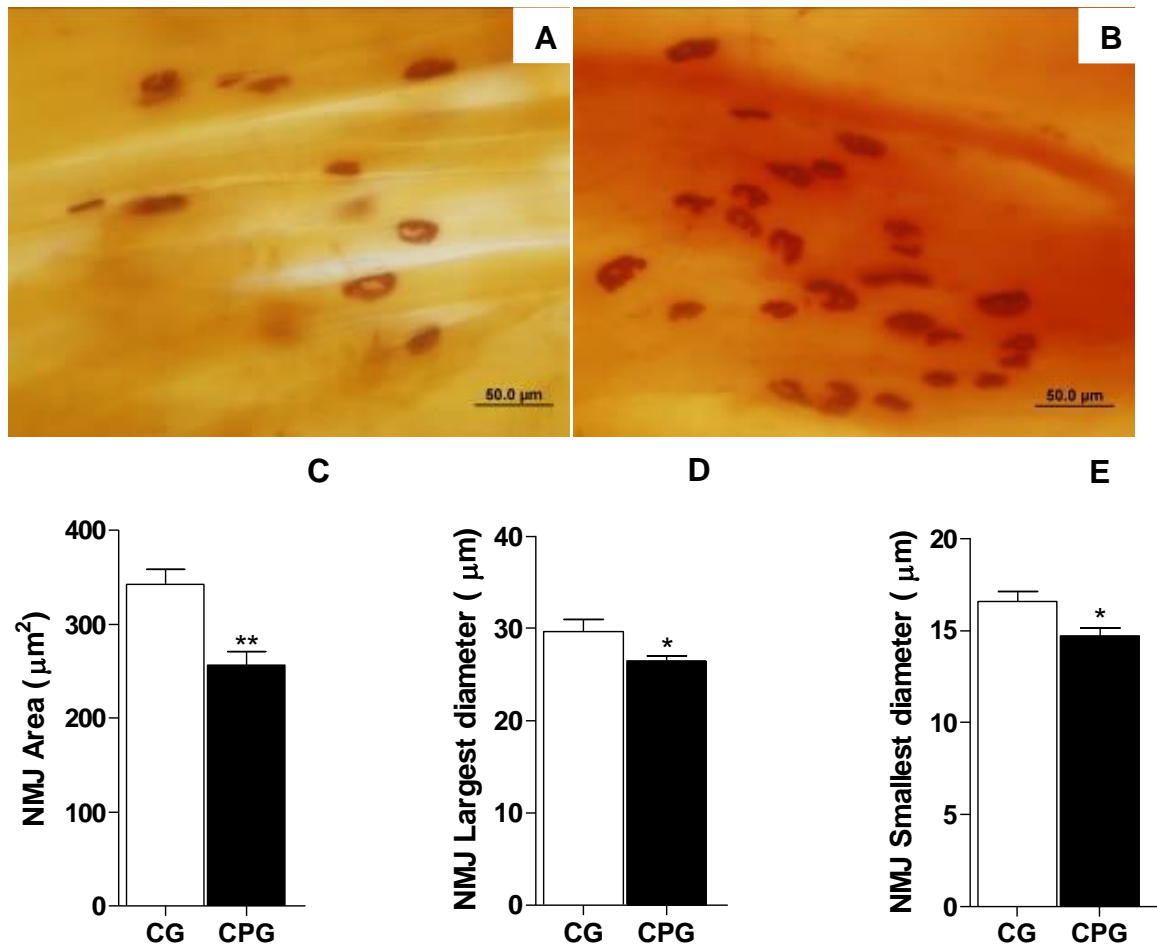


Figure 4. Photomicrographs of longitudinal sections of neuromuscular junctions (NMJs) in the plantaris muscle obtained from 48-day-old *Wistar* rats and submitted to the nonspecific esterase reaction. **A and B:** Observe the morphological characteristics of the NMJs in the control (CG) and cerebral palsy group (CPG), respectively. **C, D and E:** Comparison of area and largest and smallest diameters of NMJs between animals of CG and CPG. Values are expressed as the mean \pm standard deviation. * $p < 0.05$; ** $p < 0.01$ (Student *t*-test).

ANEXO A:

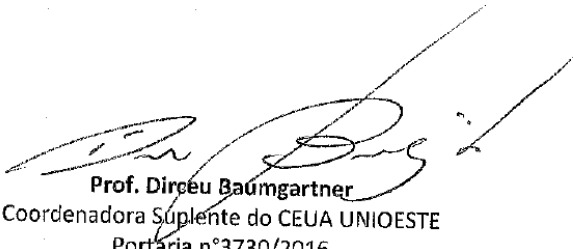
Certificado do Comitê de Ética



Certificado Experimental no Uso de Animais em Pesquisa Nº 24/16 - CEUA

Certificamos que a proposta intitulada “Implicações de um modelo de paralisa cerebral sobre a função motora, cognitiva e morfologia do sistema nervoso e muscular”, registrada com o número “02/14”, sob a responsabilidade de “Lígia A. Centenaro”, que envolve a produção, manutenção ou utilização de animais pertencentes ao filo Chordata, subfilo Vetebrata (exceto humanos), para fins de pesquisa científica (ou ensino) – encontra-se de acordo com os preceitos da Lei nº 11.794, de 8 de outubro de 2008, do decreto nº6.899, de 15 de julho de 2009, e com as normas editadas pelo Conselho Nacional de Controle de Experimentação Animal (CONCEA), e foi aprovado pelo COMITÊ DE ÉTICA NO USO DE ANIMAIS (CEUA) DA UNIVERSIDADE ESTADUAL DO OESTE DO PARANÁ (UNIOESTE), em reunião de 13/05/2016.

Finalidade	Pesquisa Científica
Vigência da autorização	15/09/2014 – 31/08/2014
Espécie/linhagem/raça	Rato/Wistar
Nº de animais	34 Machos e 32 Fêmeas
Peso/Idade	42=250g/60 dias 24=5g/Neonatos
Sexo	Masculino/Feminino
Origem	Biotério Central da Unioeste


Prof. Dirceu Baumgartner
 Coordenadora Suplente do CEUA UNIOESTE
 Portaria nº3730/2016

ANEXO B:

Normas da revista científica – MICRON: The International Research and Review Journal for Microscopy

Description

Micron is an interdisciplinary forum for all work that involves new applications of microscopy or where advanced microscopy plays a central role. The journal will publish on the design, methods, application, practice or theory of microscopy and microanalysis, including reports on optical, electron-beam, X-ray microtomography, and scanning-probe systems. It also aims at the regular publication of review papers, short communications, as well as thematic issues on contemporary developments in microscopy and microanalysis. The journal embraces original research in which microscopy has contributed significantly to knowledge in biology, life science, nanoscience and nanotechnology, materials science and engineering.

Benefits to authors

We also provide many author benefits, such as free PDFs, a liberal copyright policy, special discounts on Elsevier publications and much more. Please click here for more information on our author services.

Please see our Guide for Authors for information on article submission. If you require any further information or help, please visit our Support Center.

Audience

Scientists and engineers involved in the design, application, practice or theory of microscopy and microanalysis.

Impact Factor

2016: 1.980 © Thomson Reuters Journal Citation Reports 2017.

Abstracting and indexing

Aqualine Abstracts
BIOSIS
Elsevier BIOBASE
Current Contents/Life Sciences
BIOMED
EMBASE
INSPEC
Research Alert
SCISEARCH
Science Citation Index
Scopus

Editorial board

Editors:

F. Braet, Australian Centre for Microscopy & Microanalysis, University of Sydney, Sydney, NSW 2006, Australia (Biological Sciences)

R.F. Egerton, Dept. of Physics, University of Alberta, 11322 - 89 Avenue, Edmonton, T6G 2J1, Canada (Physical Sciences)

Review Editors:

W. De Souza, Inst. de Biofisica, Federal University of Rio de Janeiro, Rio de Janeiro, Brazil (Biological Sciences)

F. Hofer, Forschungsinstitut für Elektronenmikroskopie, Technische Universität Graz, Graz, Austria (Physical Sciences)

Editorial Board:

U. Aebi, Universität Basel, Basel, Switzerland

H. Assender, University of Oxford, Oxford, UK

D. Bhella, Medical Research Council (MRC), Glasgow, Scotland, UK

E.J. Boekema, Rijksuniversiteit Groningen, Groningen, Netherlands

G. Botton, McMaster University, Hamilton, Ontario, Canada

N.D. Browning, University of California, Davis, Davis, California, USA

J.L. Carrascosa, Consejo Superior de Investigaciones Científicas (CSIC), Madrid, Spain

G. Cox, The University of Sydney, Sydney, New South Wales, Australia

P. Crozier, Arizona State University, Tempe, Arizona, USA

Y.F. Dufrêne, Université Catholique de Louvain, Louvain-la-Neuve, Belgium

A. Gregorc, University of Maribor, Ljubljana, Slovenia

J.R. Harris, Johannes Gutenberg Universität Mainz, Mainz, Germany

A. Holzenburg, Texas A&M University, College Station, Texas, USA

B.P. Jena, Wayne State University School of Medicine, Detroit, Michigan, USA

A. Kirkland, University of Oxford, Oxford, UK

M. Lekka, Polish Academy of Sciences, Kraków, Poland

J. Lucocq, University of St. Andrews, Fife, Scotland, UK

H. Luensdorf, Helmholtz Zent. für Infektionsforschung Mikrobiol., Braunschweig, Germany

Q. Luo, Huazhong University of Science and Technology, Wuhan, Hubei, China

S. Mithieux, The University of Sydney, Sydney, New South Wales, Australia

D.A. Muller, Cornell University, Ithaca, New York, USA

T. Müller-Reichert, TU Dresden, Dresden, Germany

J. Reyes Gasga, Universidad Nacional Autónoma de México (UNAM), Mexico D.F., Mexico

D.L. Taatjes, University of Vermont, Burlington, Vermont, USA

M. Varela del Arco, Universidad Complutense de Madrid, Madrid, Spain

J. Verbeeck, Universiteit Antwerpen, Antwerpen, Belgium

P. Verkade, University of Bristol, Bristol, UK

P. Xi, Peking University, Beijing, China

Y. Zhu, Brookhaven National Laboratory, Upton, New York, USA

J.M. Zuo, University of Illinois at Urbana-Champaign, Urbana, USA

Guide for authors

Your paper your way

We now differentiate between the requirements for new and revised submissions. You may choose to submit your manuscript as a single Word or PDF

file to be used in the refereeing process. Only when your paper is at the revision stage, will you be requested to put your paper in to a 'correct format' for acceptance and provide the items required for the publication of your article. To find out more, please visit the Preparation section below.

Submission checklist

You can use this list to carry out a final check of your submission before you send it to the journal for review. Please check the relevant section in this Guide for Authors for more details.

Ensure that the following items are present:

- One author has been designated as the corresponding author with contact details:
- E-mail address
 - Full postal address

All necessary files have been uploaded: Manuscript:

- Include keywords
- All figures (include relevant captions)
- All tables (including titles, description, footnotes)
- Ensure all figure and table citations in the text match the files provided
- Indicate clearly if color should be used for any figures in print Graphical Abstracts / Highlights files (where applicable) Supplemental files (where applicable)

Further considerations

- Manuscript has been 'spell checked' and 'grammar checked'
 - All references mentioned in the Reference List are cited in the text, and vice versa
 - Permission has been obtained for use of copyrighted material from other sources (including the Internet)
 - Relevant declarations of interest have been made
 - Journal policies detailed in this guide have been reviewed
 - Referee suggestions and contact details provided, based on journal requirements
- For further information, visit our Support Center.

Before you begin

Ethics in publishing

Please see our information pages on Ethics in publishing and Ethical guidelines for journal publication.

Declaration of interest

All authors must disclose any financial and personal relationships with other people or organizations that could inappropriately influence (bias) their work. Examples of potential conflicts of interest include employment, consultancies, stock ownership, honoraria, paid expert testimony, patent applications/ registrations, and grants or other funding. If there are no conflicts of interest then please state this: 'Conflicts of interest: none'. More information.

Submission declaration and verification

Submission of an article implies that the work described has not been published previously (except in the form of an abstract or as part of a published lecture or academic thesis or as an electronic preprint, see 'Multiple, redundant or concurrent publication' section of our ethics policy for more information), that it is not

under consideration for publication elsewhere, that its publication is approved by all authors and tacitly or explicitly by the responsible authorities where the work was carried out, and that, if accepted, it will not be published elsewhere in the same form, in English or in any other language, including electronically without the written consent of the copyright-holder. To verify originality, your article may be checked by the originality detection service CrossCheck.

Changes to authorship

Authors are expected to consider carefully the list and order of authors before submitting their manuscript and provide the definitive list of authors at the time of the original submission. Any addition, deletion or rearrangement of author names in the authorship list should be made only before the manuscript has been accepted and only if approved by the journal Editor. To request such a change, the Editor must receive the following from the corresponding author: (a) the reason for the change in author list and (b) written confirmation (e-mail, letter) from all authors that they agree with the addition, removal or rearrangement. In the case of addition or removal of authors, this includes confirmation from the author being added or removed. Only in exceptional circumstances will the Editor consider the addition, deletion or rearrangement of authors after the manuscript has been accepted. While the Editor considers the request, publication of the manuscript will be suspended. If the manuscript has already been published in an online issue, any requests approved by the Editor will result in a corrigendum.

Article transfer service

This journal is part of our Article Transfer Service. This means that if the Editor feels your article is more suitable in one of our other participating journals, then you may be asked to consider transferring the article to one of those. If you agree, your article will be transferred automatically on your behalf with no need to reformat. Please note that your article will be reviewed again by the new journal. More information.

Copyright

Upon acceptance of an article, authors will be asked to complete a 'Journal Publishing Agreement' (see more information on this). An e-mail will be sent to the corresponding author confirming receipt of the manuscript together with a 'Journal Publishing Agreement' form or a link to the online version of this agreement.

Subscribers may reproduce tables of contents or prepare lists of articles including abstracts for internal circulation within their institutions. Permission of the Publisher is required for resale or distribution outside the institution and for all other derivative works, including compilations and translations. If excerpts from other copyrighted works are included, the author(s) must obtain written permission from the copyright owners and credit the source(s) in the article. Elsevier has preprinted forms for use by authors in these cases.

For open access articles: Upon acceptance of an article, authors will be asked to complete an 'Exclusive License Agreement' (more information). Permitted third party reuse of open access articles is determined by the author's choice of user license.

Author rights

As an author you (or your employer or institution) have certain rights to reuse your work. More information.

Elsevier supports responsible sharing. Find out how you can share your research published in Elsevier journals.

Role of the funding source

You are requested to identify who provided financial support for the conduct of the research and/or preparation of the article and to briefly describe the role of the sponsor(s), if any, in study design; in the collection, analysis and interpretation of data; in the writing of the report; and in the decision to submit the article for publication. If the funding source(s) had no such involvement then this should be stated.

Funding body agreements and policies

Elsevier has established a number of agreements with funding bodies which allow authors to comply with their funder's open access policies. Some funding bodies will reimburse the author for the Open Access Publication Fee. Details of existing agreements are available online.

Open access

This journal offers authors a choice in publishing their research:

Open access

- Articles are freely available to both subscribers and the wider public with permitted reuse.
- An open access publication fee is payable by authors or on their behalf, e.g. by their research funder or institution.

Subscription

- Articles are made available to subscribers as well as developing countries and patient groups through our universal access programs.
- No open access publication fee payable by authors.

Regardless of how you choose to publish your article, the journal will apply the same peer review criteria and acceptance standards.

For open access articles, permitted third party (re)use is defined by the following Creative Commons user licenses:

Creative Commons Attribution (CC BY)

Lets others distribute and copy the article, create extracts, abstracts, and other revised versions, adaptations or derivative works of or from an article (such as a translation), include in a collective work (such as an anthology), text or data mine the article, even for commercial purposes, as long as they credit the author(s), do not represent the author as endorsing their adaptation of the article, and do not modify the article in such a way as to damage the author's honor or reputation.

Creative Commons Attribution-NonCommercial-NoDerivs (CC BY-NC-ND)

For non-commercial purposes, lets others distribute and copy the article, and to include in a collective work (such as an anthology), as long as they credit the author(s) and provided they do not alter or modify the article.

The open access publication fee for this journal is USD 2200, excluding taxes. Learn more about Elsevier's pricing policy: <http://www.elsevier.com/openaccesspricing>.

Green open access

Authors can share their research in a variety of different ways and Elsevier has a number of green open access options available. We recommend authors see our green open access page for further information. Authors can also self-archive their manuscripts immediately and enable public access from their institution's repository after an embargo period. This is the version that has been accepted for publication and which typically includes author-incorporated changes suggested during submission, peer review and in editor-author communications. Embargo period: For subscription articles, an appropriate amount of time is needed for journals to deliver value to subscribing customers before an article becomes freely available to the public. This is the embargo period and it begins from the date the article is formally published online in its final and fully citable form. Find out more. This journal has an embargo period of 24 months.

Elsevier Publishing Campus

The Elsevier Publishing Campus (www.publishingcampus.com) is an online platform offering free lectures, interactive training and professional advice to support you in publishing your research. The College of Skills training offers modules on how to prepare, write and structure your article and explains how editors will look at your paper when it is submitted for publication. Use these resources, and more, to ensure that your submission will be the best that you can make it.

Language (usage and editing services)

Please write your text in good English (American or British usage is accepted, but not a mixture of these). Authors who feel their English language manuscript may require editing to eliminate possible grammatical or spelling errors and to conform to correct scientific English may wish to use the English Language Editing service available from Elsevier's WebShop.

Submission

Our online submission system guides you stepwise through the process of entering your article details and uploading your files. The system converts your article files to a single PDF file used in the peer-review process. Editable files (e.g., Word, LaTeX) are required to typeset your article for final publication. All correspondence, including notification of the Editor's decision and requests for revision, is sent by e-mail.

Preparation

NEW SUBMISSIONS

Submission to this journal proceeds totally online and you will be guided stepwise through the creation and uploading of your files. The system automatically converts your files to a single PDF file, which is used in the peer-review process. As part of the Your Paper Your Way service, you may choose to submit your manuscript as a single file to be used in the refereeing process. This can be a PDF file or a Word document, in any format or lay-out that can be used by referees to evaluate your manuscript. It should contain high enough quality figures for refereeing. If you prefer to do so, you may still provide all or some of the source files at the initial submission. Please note that 50MB is the MAXIMUM POSSIBLE file size for a MANUSCRIPT and individual figure files larger than 10 MB must be uploaded separately.

References

There are no strict requirements on reference formatting at submission. References can be in any style or format as long as the style is consistent. Where applicable, author(s) name(s), journal title/book title, chapter title/article title, year of publication, volume number/book chapter and the pagination must be present. Use of DOI is highly encouraged. The reference style used by the journal will be applied to the accepted article by Elsevier at the proof stage. Note that missing data will be highlighted at proof stage for the author to correct.

Formatting requirements

There are no strict formatting requirements but all manuscripts must contain the essential elements needed to convey your manuscript, for example Abstract, Keywords, Introduction, Materials and Methods, Results, Conclusions, Artwork and Tables with Captions. If your article includes any Videos and/or other Supplementary material, this should be included in your initial submission for peer review purposes.

Divide the article into clearly defined sections.

Figures and tables embedded in text

Please ensure the figures and the tables included in the single file are placed next to the relevant text in the manuscript, rather than at the bottom or the top of the file. The corresponding caption should be placed directly below the figure or table.

Peer review

This journal operates a single blind review process. All contributions will be initially assessed by the editor for suitability for the journal. Papers deemed suitable are then typically sent to a minimum of two independent expert reviewers to assess the scientific quality of the paper. The Editor is responsible for the final decision regarding acceptance or rejection of articles. The Editor's decision is final. More information on types of peer review.

REVISED SUBMISSIONS

Use of word processing software

Regardless of the file format of the original submission, at revision you must provide us with an editable file of the entire article. Keep the layout of the text as simple as possible. Most formatting codes will be removed and replaced on processing the article. The electronic text should be prepared in a way very similar to that of

conventional manuscripts (see also the Guide to Publishing with Elsevier). See also the section on Electronic artwork.

To avoid unnecessary errors you are strongly advised to use the 'spell-check' and 'grammar-check' functions of your word processor.

LaTeX

You are recommended to use the Elsevier article class `elsarticle.cls` to prepare your manuscript and BibTeX to generate your bibliography.

Our LaTeX site has detailed submission instructions, templates and other information.

Article structure

Subdivision - numbered sections

Divide your article into clearly defined and numbered sections. Subsections should be numbered 1.1 (then 1.1.1, 1.1.2, ...), 1.2, etc. (the abstract is not included in section numbering). Use this numbering also for internal cross-referencing: do not just refer to 'the text'. Any subsection may be given a brief heading. Each heading should appear on its own separate line.

Introduction

State the objectives of the work and provide an adequate background, avoiding a detailed literature survey or a summary of the results.

Material and methods

Provide sufficient detail to allow the work to be reproduced. Methods already published should be indicated by a reference: only relevant modifications should be described.

Theory/calculation

A Theory section should extend, not repeat, the background to the article already dealt with in the Introduction and lay the foundation for further work. In contrast, a Calculation section represents a practical development from a theoretical basis.

Results

Results should be clear and concise.

Discussion

This should explore the significance of the results of the work, not repeat them. A combined Results and Discussion section is often appropriate. Avoid extensive citations and discussion of published literature.

Conclusions

The main conclusions of the study may be presented in a short Conclusions section, which may stand alone or form a subsection of a Discussion or Results and Discussion section.

Appendices

If there is more than one appendix, they should be identified as A, B, etc. Formulae and equations in appendices should be given separate numbering: Eq.

(A.1), Eq. (A.2), etc.; in a subsequent appendix, Eq. (B.1) and so on. Similarly for tables and figures: Table A.1; Fig. A.1, etc.

Essential title page information

- **Title.** Concise and informative. Titles are often used in information-retrieval systems. Avoid abbreviations and formulae where possible.
- **Author names and affiliations.** Please clearly indicate the given name(s) and family name(s) of each author and check that all names are accurately spelled. Present the authors' affiliation addresses (where the actual work was done) below the names. Indicate all affiliations with a lowercase superscript letter immediately after the author's name and in front of the appropriate address. Provide the full postal address of each affiliation, including the country name and, if available, the e-mail address of each author.
- **Corresponding author.** Clearly indicate who will handle correspondence at all stages of refereeing and publication, also post-publication. Ensure that the e-mail address is given and that contact details are kept up to date by the corresponding author.
- **Present/permanent address.** If an author has moved since the work described in the article was done, or was visiting at the time, a 'Present address' (or 'Permanent address') may be indicated as a footnote to that author's name. The address at which the author actually did the work must be retained as the main, affiliation address. Superscript Arabic numerals are used for such footnotes.

Abstract

A concise and factual abstract is required. The abstract should consist of no more than 500 words and should state briefly the purpose of the research, the principal results and major conclusions. An abstract is often presented separate from the article, so it must be able to stand alone. For this reason, References should be avoided, but if essential, they must be cited in full, without reference to the reference list. Also, non-standard or uncommon abbreviations should be avoided, but if essential they must be defined at their first mention in the abstract itself.

Highlights

Highlights are mandatory for this journal. They consist of a short collection of bullet points that convey the core findings of the article and should be submitted in a separate editable file in the online submission system. Please use 'Highlights' in the file name and include 3 to 5 bullet points (maximum 85 characters, including spaces, per bullet point). You can view example Highlights on our information site.

Keywords

Immediately after the abstract, provide a maximum of 6 keywords, using American spelling and avoiding general and plural terms and multiple concepts (avoid, for example, 'and', 'of'). Be sparing with abbreviations: only abbreviations firmly established in the field may be eligible. These keywords will be used for indexing purposes.

Abbreviations

Define abbreviations that are not standard in this field in a footnote to be placed on the first page of the article. Such abbreviations that are unavoidable in the

abstract must be defined at their first mention there, as well as in the footnote. Ensure consistency of abbreviations throughout the article.

Acknowledgements

Collate acknowledgements in a separate section at the end of the article before the references and do not, therefore, include them on the title page, as a footnote to the title or otherwise. List here those individuals who provided help during the research (e.g., providing language help, writing assistance or proof reading the article, etc.).

Formatting of funding sources

List funding sources in this standard way to facilitate compliance to funder's requirements:

Funding: This work was supported by the National Institutes of Health [grant numbers xxxx, yyyy]; the Bill & Melinda Gates Foundation, Seattle, WA [grant number zzzz]; and the United States Institutes of Peace [grant number aaaa].

It is not necessary to include detailed descriptions on the program or type of grants and awards. When funding is from a block grant or other resources available to a university, college, or other research institution, submit the name of the institute or organization that provided the funding.

If no funding has been provided for the research, please include the following sentence:

This research did not receive any specific grant from funding agencies in the public, commercial, or not-for-profit sectors.

Math formulae

Please submit math equations as editable text and not as images. Present simple formulae in line with normal text where possible and use the solidus (/) instead of a horizontal line for small fractional terms, e.g., X/Y . In principle, variables are to be presented in italics. Powers of e are often more conveniently denoted by exp. Number consecutively any equations that have to be displayed separately from the text (if referred to explicitly in the text).

Footnotes

Footnotes should be used sparingly. Number them consecutively throughout the article. Many word processors build footnotes into the text, and this feature may be used. Should this not be the case, indicate the position of footnotes in the text and present the footnotes themselves separately at the end of the article.

Artwork

Electronic artwork

General points

- Make sure you use uniform lettering and sizing of your original artwork.
- Preferred fonts: Arial (or Helvetica), Times New Roman (or Times), Symbol, Courier.
- Number the illustrations according to their sequence in the text.
- Use a logical naming convention for your artwork files.
- Indicate per figure if it is a single, 1.5 or 2-column fitting image.

- For Word submissions only, you may still provide figures and their captions, and tables within a single file at the revision stage.
- Please note that individual figure files larger than 10 MB must be provided in separate source files. A detailed guide on electronic artwork is available.

You are urged to visit this site; some excerpts from the detailed information are given here.

Formats

Regardless of the application used, when your electronic artwork is finalized, please 'save as' or convert the images to one of the following formats (note the resolution requirements for line drawings, halftones, and line/halftone combinations given below):

EPS (or PDF): Vector drawings. Embed the font or save the text as 'graphics'. TIFF (or JPG): Color or grayscale photographs (halftones): always use a minimum of 300 dpi.

TIFF (or JPG): Bitmapped line drawings: use a minimum of 1000 dpi.

TIFF (or JPG): Combinations bitmapped line/half-tone (color or grayscale): a minimum of 500 dpi is required.

Please do not:

- Supply files that are optimized for screen use (e.g., GIF, BMP, PICT, WPG); the resolution is too low.
- Supply files that are too low in resolution.
- Submit graphics that are disproportionately large for the content.

Color artwork

Please make sure that artwork files are in an acceptable format (TIFF (or JPEG), EPS (or PDF), or MS Office files) and with the correct resolution. If, together with your accepted article, you submit usable color figures then Elsevier will ensure, at no additional charge, that these figures will appear in color online (e.g., ScienceDirect and other sites) regardless of whether or not these illustrations are reproduced in color in the printed version. For color reproduction in print, you will receive information regarding the costs from Elsevier after receipt of your accepted article. Please indicate your preference for color: in print or online only. Further information on the preparation of electronic artwork.

Figure captions

Ensure that each illustration has a caption. A caption should comprise a brief title (not on the figure itself) and a description of the illustration. Keep text in the illustrations themselves to a minimum but explain all symbols and abbreviations used.

Tables

Please submit tables as editable text and not as images. Tables can be placed either next to the relevant text in the article, or on separate page(s) at the end. Number tables consecutively in accordance with their appearance in the text and place any table notes below the table body. Be sparing in the use of tables and ensure that the data presented in them do not duplicate results described elsewhere in the article. Please avoid using vertical rules and shading in table cells.

References

Citation in text

Please ensure that every reference cited in the text is also present in the reference list (and viceversa). Any references cited in the abstract must be given in full. Unpublished results and personal communications are not recommended in the reference list, but may be mentioned in the text. If these references are included in the reference list they should follow the standard reference style of the journal and should include a substitution of the publication date with either 'Unpublished results' or 'Personal communication'. Citation of a reference as 'in press' implies that the item has been accepted for publication.

Reference links

Increased discoverability of research and high quality peer review are ensured by online links to the sources cited. In order to allow us to create links to abstracting and indexing services, such as Scopus, CrossRef and PubMed, please ensure that data provided in the references are correct. Please note that incorrect surnames, journal/book titles, publication year and pagination may prevent link creation. When copying references, please be careful as they may already contain errors. Use of the DOI is encouraged.

A DOI can be used to cite and link to electronic articles where an article is in press and full citation details are not yet known, but the article is available online. A DOI is guaranteed never to change, so you can use it as a permanent link to any electronic article. An example of a citation using DOI for an article not yet in an issue is: VanDecar J.C., Russo R.M., James D.E., Ambeh W.B., Franke M. (2003). Aseismic continuation of the Lesser Antilles slab beneath northeastern Venezuela. *Journal of Geophysical Research*, <https://doi.org/10.1029/2001JB000884>. Please note the format of such citations should be in the same style as all other references in the paper.

Web references

As a minimum, the full URL should be given and the date when the reference was last accessed. Any further information, if known (DOI, author names, dates, reference to a source publication, etc.), should also be given. Web references can be listed separately (e.g., after the reference list) under a different heading if desired, or can be included in the reference list.

Data references

This journal encourages you to cite underlying or relevant datasets in your manuscript by citing them in your text and including a data reference in your Reference List. Data references should include the following elements: author name(s), dataset title, data repository, version (where available), year, and global persistent identifier. Add [dataset] immediately before the reference so we can properly identify it as a data reference. The [dataset] identifier will not appear in your published article.

References in a special issue

Please ensure that the words 'this issue' are added to any references in the list (and any citations in the text) to other articles in the same Special Issue.

Reference management software

Most Elsevier journals have their reference template available in many of the most popular reference management software products. These include all products that support Citation Style Language styles, such as Mendeley and Zotero, as well as EndNote. Using the word processor plug-ins from these products, authors only need to select the appropriate journal template when preparing their article, after which citations and bibliographies will be automatically formatted in the journal's style. If no template is yet available for this journal, please follow the format of the sample references and citations as shown in this Guide.

Users of Mendeley Desktop can easily install the reference style for this journal by clicking the following link:

<http://open.mendeley.com/use-citation-style/micron>

When preparing your manuscript, you will then be able to select this style using the Mendeley plugins for Microsoft Word or LibreOffice.

Reference formatting

There are no strict requirements on reference formatting at submission. References can be in any style or format as long as the style is consistent. Where applicable, author(s) name(s), journal title/book title, chapter title/article title, year of publication, volume number/book chapter and the pagination must be present. Use of DOI is highly encouraged. The reference style used by the journal will be applied to the accepted article by Elsevier at the proof stage. Note that missing data will be highlighted at proof stage for the author to correct. If you do wish to format the references yourself they should be arranged according to the following examples:

Reference style

Text: All citations in the text should refer to:

1. Single author: the author's name (without initials, unless there is ambiguity) and the year of publication;
2. Two authors: both authors' names and the year of publication;
3. Three or more authors: first author's name followed by 'et al.' and the year of publication.

Citations may be made directly (or parenthetically). Groups of references should be listed first alphabetically, then chronologically.

Examples: 'as demonstrated (Allan, 2000a, 2000b, 1999; Allan and Jones, 1999). Kramer et al. (2010) have recently shown'

List: References should be arranged first alphabetically and then further sorted chronologically if necessary. More than one reference from the same author(s) in the same year must be identified by the letters 'a', 'b', 'c', etc., placed after the year of publication.

Examples:

Reference to a journal publication:

Van der Geer, J., Hanraads, J.A.J., Lupton, R.A., 2010. The art of writing a scientific article. *J. Sci. Commun.* 163, 51–59.

Reference to a book:

Strunk Jr., W., White, E.B., 2000. *The Elements of Style*, fourth ed. Longman, New York.

Reference to a chapter in an edited book:

Mettam, G.R., Adams, L.B., 2009. How to prepare an electronic version of your article, in: Jones, B.S., Smith, R.Z. (Eds.), *Introduction to the Electronic Age*. E-Publishing Inc., New York, pp. 281–304.

Reference to a website:

Cancer Research UK, 1975. Cancer statistics reports for the UK. <http://www.cancerresearchuk.org/aboutcancer/statistics/cancerstatsreport/> (accessed 13.03.03).

Reference to a dataset:

[dataset] Oguro, M., Imahiro, S., Saito, S., Nakashizuka, T., 2015. Mortality data for Japanese oakwilt disease and surrounding forest compositions. *Mendeley Data*, v1. <https://doi.org/10.17632/xwj98nb39r.1>.

Journal abbreviations source

Journal names should be abbreviated according to the List of Title Word Abbreviations.

Video

Elsevier accepts video material and animation sequences to support and enhance your scientific research. Authors who have video or animation files that they wish to submit with their article are strongly encouraged to include links to these within the body of the article. This can be done in the same way as a figure or table by referring to the video or animation content and noting in the body text where it should be placed. All submitted files should be properly labeled so that they directly relate to the video file's content. In order to ensure that your video or animation material is directly usable, please provide the files in one of our recommended file formats with a preferred maximum size of 150 MB. Video and animation files supplied will be published online in the electronic version of your article in Elsevier Web products, including ScienceDirect. Please supply 'stills' with your files: you can choose any frame from the video or animation or make a separate image. These will be used instead of standard icons and will personalize the link to your video data. For more detailed instructions please visit our video instruction pages. Note: since video and animation cannot be embedded in the print version of the journal, please provide text for both the electronic and the print version for the portions of the article that refer to this content.

Supplementary material

Supplementary material such as applications, images and sound clips, can be published with your article to enhance it. Submitted supplementary items are published exactly as they are received (Excel or PowerPoint files will appear as such online). Please submit your material together with the article and supply a concise, descriptive caption for each supplementary file. If you wish to make changes to supplementary material during any stage of the process, please make sure to provide an updated file. Do not annotate any corrections on a previous version. Please switch off the 'Track Changes' option in Microsoft Office files as these will appear in the published version.

RESEARCH DATA

This journal encourages and enables you to share data that supports your research publication where appropriate, and enables you to interlink the data with your published articles. Research data refers to the results of observations or

experimentation that validate research findings. To facilitate reproducibility and data reuse, this journal also encourages you to share your software, code, models, algorithms, protocols, methods and other useful materials related to the project.

Below are a number of ways in which you can associate data with your article or make a statement about the availability of your data when submitting your manuscript. If you are sharing data in one of these ways, you are encouraged to cite the data in your manuscript and reference list. Please refer to the "References" section for more information about data citation. For more information on depositing, sharing and using research data and other relevant research materials, visit the research data page.

Data linking

If you have made your research data available in a data repository, you can link your article directly to the dataset. Elsevier collaborates with a number of repositories to link articles on ScienceDirect with relevant repositories, giving readers access to underlying data that give them a better understanding of the research described.

There are different ways to link your datasets to your article. When available, you can directly link your dataset to your article by providing the relevant information in the submission system. For more information, visit the database linking page.

For supported data repositories a repository banner will automatically appear next to your published article on ScienceDirect.

In addition, you can link to relevant data or entities through identifiers within the text of your manuscript, using the following format: Database: xxxx (e.g., TAIR: AT1G01020; CCDC: 734053; PDB: 1XFN).

Mendeley data

This journal supports Mendeley Data, enabling you to deposit any research data (including raw and processed data, video, code, software, algorithms, protocols, and methods) associated with your manuscript in a free-to-use, open access repository. During the submission process, after uploading your manuscript, you will have the opportunity to upload your relevant datasets directly to Mendeley Data. The datasets will be listed and directly accessible to readers next to your published article online.

For more information, visit the Mendeley Data for journals page.

Transparency

To foster transparency, we encourage you to state the availability of your data in your submission. If your data is unavailable to access or unsuitable to post, this gives you the opportunity to indicate why. If you submit this form with your manuscript as a supplementary file, the statement will appear next to your published article on ScienceDirect.

ARTICLE ENRICHMENTS

AudioSlides

The journal encourages authors to create an AudioSlides presentation with their published article. AudioSlides are brief, webinar-style presentations that are shown next to the online article on ScienceDirect. This gives authors the opportunity to summarize their research in their own words and to help readers understand what

the paper is about. More information and examples are available. Authors of this journal will automatically receive an invitation e-mail to create an AudioSlides presentation after acceptance of their paper.

Interactive plots

This journal enables you to show an Interactive Plot with your article by simply submitting a datafile. Full instructions.

Virtual Microscope

The journal encourages authors to supplement in-article microscopic images with corresponding high-resolution versions for use with the Virtual Microscope viewer. The Virtual Microscope is a web-based viewer that enables users to view microscopic images at the highest level of detail and provides features such as zoom and pan. This feature for the first time gives authors the opportunity to share true high-resolution microscopic images with their readers. More information and examples. Authors of this journal will receive an invitation e-mail to create microscope images for use with the Virtual Microscope when their manuscript is first reviewed. If you opt to use the feature, please contact virtualmicroscope@elsevier.com for instructions on how to prepare and upload the required high-resolution images.

AFTER ACCEPTANCE

Online proof correction

Corresponding authors will receive an e-mail with a link to our online proofing system, allowing annotation and correction of proofs online. The environment is similar to MS Word: in addition to editing text, you can also comment on figures/tables and answer questions from the Copy Editor. Web-based proofing provides a faster and less error-prone process by allowing you to directly type your corrections, eliminating the potential introduction of errors.

If preferred, you can still choose to annotate and upload your edits on the PDF version. All instructions for proofing will be given in the e-mail we send to authors, including alternative methods to the online version and PDF.

We will do everything possible to get your article published quickly and accurately. Please use this proof only for checking the typesetting, editing, completeness and correctness of the text, tables and figures. Significant changes to the article as accepted for publication will only be considered at this stage with permission from the Editor. It is important to ensure that all corrections are sent back to us in one communication. Please check carefully before replying, as inclusion of any subsequent corrections cannot be guaranteed. Proofreading is solely your responsibility.

Offprints

The corresponding author, at no cost, will be provided with a PDF file of the article via e-mail. The PDF file is a watermarked version of the published article and includes a cover sheet with the journal cover image and a disclaimer outlining the terms and conditions of use. An offprint order form will be supplied by the Publisher for ordering any additional paid offprints.

Offprints

The corresponding author will, at no cost, receive a customized Share Link providing 50 days free access to the final published version of the article on

ScienceDirect. The Share Link can be used for sharing the article via any communication channel, including email and social media. For an extra charge, paper offprints can be ordered via the offprint order form which is sent once the article is accepted for publication. Both corresponding and co-authors may order offprints at anytime via Elsevier's Webshop. Corresponding authors who have published their article open access do not receive a Share Link as their final published version of the article is available open access on ScienceDirect and can be shared through the article DOI link.

AUTHOR INQUIRIES

Visit the Elsevier Support Center to find the answers you need. Here you will find everything from Frequently Asked Questions to ways to get in touch.

You can also check the status of your submitted article or find out when your accepted article will be published.